

This unit is about planning and creating individual nail art designs to suit the client and occasion. It covers consulting with the client, recognising any contraindications, preparing for the service and creating a

nail art design using a range of nail art products. The nail art designs and techniques covered by this unit include 3D, embedding, colour blending, marbling, painting and alternative tip shapes.



Unit N9 (City & Guilds Unit 045) Plan and create nail art designs **Optional**



Evidence requirements

To achieve this unit you must practically demonstrate in your everyday work that you have met the standards for planning, designing and providing nail art to clients.

The standards cover things that you must do (performance criteria), things that you must cover (range) and things that you must know.

What you must do

Your assessor will observe you on at least three separate occasions, one of which must use liquid and coloured powders or coloured UV gels, using a minimum of three colours. You must carry out correctly all the things listed under 'What you must do' on the sign-off sheets that follow.

All the observations must be with real clients in a salon setting – simulation is **not** allowed for any performance evidence within this unit.

Most evidence of your performance will be gathered from observations made by your assessor, but you may be required to produce other evidence to support your performance if you assessor has not been present.

When carrying out your work, all related health, safety and hygiene practices must be followed at all times.

This unit has four outcomes. As they are linked, you can be observed by your assessor for all four at the same time.

Outcome 1 Maintain safe and effective methods of working when providing nail art designs

Outcome 2 Consult, plan and prepare for the nail art design **Outcome 3** Apply nail art design

Provide aftercare advice

Outcome 4

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When creating your designs, try to keep them simple, quick and effective. Complicated designs that take too long to complete will not be commercially viable. Marian Newman





Unit N9 (City & Guilds Unit 045) Plan and create nail art designs Optional (continued)

Level 3 NVQ/SVQ Nails

What you must cover

You will see key words in bold on the 'What you must do' list. For each of these, there is a range of things that you must cover. You must show that you have:

Used all of the following consultation techniques:

Questioning

Visual

Manual

Reference to client records

Dealt with at least one of the following necessary actions *:

Encouraging the client to seek medical advice

Explaining why the service cannot be carried out

Modifying the service

* However, you must prove to your assessor that you are able to deal with the other two.

Used all nail art designs:

3D

Embedding

Alternative tip shapes

Used all nail art techniques:

Colour blending

Marbelling

Painting

Used five of the eight nail art products *:

Shells

Lace

Flowers

Glitters

Jewels

Decals

Liquid and coloured powders

Coloured UV gels

* However, you must prove to your assessor that you are able to use the other three.

Given all types of advice:

Suitable aftercare products and their use

Avoidance of activities which may cause contra-actions

Recommended time intervals in between nail services



What you must know

You will be assessed on your knowledge of the following:

Organisational and legal requirements

How to work safely and effectively when providing nail art services

Consult, plan and prepare for the nail art service with clients

Contra-indications and contra-actions

Nail art services

Aftercare advice for clients

This will be completed through written and oral questioning by your assessor, or by an online GOLA test. For details of what you must know, see pages 15-18.









Always have a selection of designs ready for your clients to choose from when planning the service.

Anita Crosland



Useful words

Some terms that you will come across in this unit are explained below.

3D Three dimensional (3D) means that a structure has depth, width and height.

Airbrushing A nail art technique. A brush is attached to a compressor by a hose and held in the hand. Air is mixed with paint before being forced out to create a coloured spray.

Colour blending Mixing two or more colours or products together to create a multi-coloured design.

Colour fade An airbrushing technique, where an area of colour goes from dark to light and vice versa.

Consumables An item which cannot be reused, eg a cotton bud.

Cut out Removing part of a tip, to change the original shape, to elaborate a design plan.

Embedding A nail art technique where threedimensional designs are created by embedding decorative items.

Intermediate colour One primary colour mixed with one secondary colour equals an intermediate colour.

Palette A board on which the artist dispenses and mixes colours.

Stencil A plastic sheet that has had pieces cut out of it, so paint can penetrate through to leave a pattern when airbrushing.

mage courtesy of United Beauty



Unit N9 Plan and create nail art designs

What you must do

Within your work, you must show your assessor that you can do the following. Your assessor will observe your performance on at least three separate occasions. Your assessor will want to see you have applied, one liquid and coloured powders or UV gels that uses a minimum of three colours.

Each time you achieve all the points listed below within a single client service. your assessor will

tick the circle and enter the date.

Outcome 1

Maintain safe and effective methods of working when providing nail art designs by:

- a Preparing the work area and environment to meet legal, hygiene and industry Code of Practice for Nail Services requirements
- b Ensuring your personal appearance meets accepted industry Code of Practice for Nail Services and organisational requirements
- c Wearing suitable personal protective equipment for the service that conforms to the industry Code of Practice for Nail Services
- d Ensuring all tools and equipments are cleaned using the correct methods
- e Effectively disinfecting your hands prior to nail art services
- f Selecting and correctly positioning suitable equipment, materials and products for the nail art services
- g Ensuring your own posture and position minimises fatigue and the risk of injury whilst working
- h Ensuring the client is in a comfortable and relaxed position that permits access and minimises the risk of injury to you and the client
- Using chemicals in a safe manner without risk of overexposure to self and clients
- Taking appropriate and prompt remedial action where contra-actions occur during the course of the nail art service *
- k Disposing of waste correctly to meet local authority requirements and the industry Code of Practice for Nail Services

Continues on next page

Hints and tips

There are no standard time limits set for planning, designing and providing nail art services. However, the time factor will need to be built into the cost of the service.

Ensuring that the nail art service is cost
effective and is carried out within a
commercially viable time

- m leaving the work area and equipment in a condition suitable for further nail services
- n Ensuring the client's records are up-to-date, accurate, easy to read and signed by the client and technician



Nail art design

Observation	1	2	3		
Achieved	0	0	0	0	0
Date					
Candidate signature					
Assessor signature					
IV signature (if sampled)					

Continues on next page

*	Covered by observation	\circ	Date
	Covered by oral questioning	0	Date



Hints and tips

A good nail artist spends endless hours practising and constantly developing their techniques. Practice makes perfect!

Image courtesy of Carole Whitehead



Unit N9 Plan and create nail art designs

What you must do (continued)

Level 3 NVQ/SVQ Nails



Hints and tips

A small artist's palette is an essential item in your kit for a convenient way of mixing items, paints and glitters together.

Outcome 2

Consult, plan and prepare for the nail art design by:

- a Using **consultation techniques** in a polite and friendly manner to record the design plan
- b Obtaining signed, written informed consent from the client prior to carrying out the service
- c Ensuring that informed and signed parental or guardian consent is obtained for minors prior to any service *
- d Ensuring that a parent or guardian is present throughout the service for minors under the age of 16 **
- e Asking your client appropriate questions to identify if they have any contra-indications to nail services
- f Taking the **necessary action** in response to any identified contra-indications ***
- g Accurately recording your client's responses to questioning
- h Encouraging clients to ask questions to clarify any points
- i Ensuring client advice is given without reference to a specific medical condition and without causing undue alarm and concern ****
- j Effectively disinfecting the area to be treated
- k Effectively removing any existing nail polish or nail enhancements to restore the nails to a natural condition, if required
- I Accurately identifying the condition of the nails and skin

Continues on next page

- m Identifying any corrective work to suit the client's natural nail shape and condition
- n Explaining your assessment of the client's nail and skin condition and any limitations to the nail art design
- o Recommending **nail art designs and techniques** to suit the client's nail shape and condition
- p Agreeing the service and outcomes that are acceptable to your client and meet their needs



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Image courtesy of United Beauty









Hints and tips

By mixing the primary colours (red, yellow, blue) and black and white, you can make many, many different colours.



Unit N9 Plan and create nail art designs

What you must do (continued)

Level 3 NVQ/SVQ Nails



Outcome 3

Apply nail art design by:

- a Ensuring the nail is left clean, free of debris and the cuticle is left neat and undamaged prior to starting nail art work
- b Using **nail art products** according to manufacturers' instructions
- Using suitable tools for the agreed nail art designs and techniques
- d Applying the required nail art base relevant to the client's needs
- e Applying **nail art techniques** and **products** accurately and in the correct sequence to achieve the required design
- f Effectively sealing the nail art design, leaving the cuticle and side walls free from any product
- g Ensuring the finished nail art design is to the client's satisfaction and meets the agreed design plan

Observation	1	2	3		
Achieved	0	0	0	0	0
Date					
Candidate signature					
Assessor signature					
IV signature (if sampled)					

Continues on next page

Outcome 4

Provide aftercare advice by:

- a Giving **advice** and recommendations accurately and constructively
- b Giving your clients' suitable **advice** specific to their individual needs



Nail art design

- 11

Observation	1	2	3		
Achieved	0	0	0	0	0
Date					
Candidate signature					
Assessor signature	_				
IV signature (if sampled)	_				





Ensure that clients are re-booked for maintenance treatments every two to three weeks to keep their nail enhancements in tip-top condition.

Bey Braisdell



Hints and tips

Gather resources
for your nail art
from a variety
of sources,
including hobby
and craft shops,
haberdashery
stores, art suppliers.
Also look at what
free supplies are
around you – dried
flowers, leaves etc.



Unit N9 Plan and create nail art designs

What you must cover

Level 3 NVO/SVO Nail

Before ticking the circles below, you must make sure that you have achieved 'What you must cover' in all the outcomes in which it occurs.

Consultation techniques

Tick the consultation techniques used for each observation. You must use **all** types of consultation techniques.

Questioning
Visual
Manual
Reference to client

1	2	3		
0	0	0	0	0
0	0	0	0	0
0	0	0	0	0
0	0	0	0	0

Necessary action

records

Tick the necessary action taken if it occurs during an observation.

You must deal with at least **one** of the necessary actions, but you must prove to your assessor that you are able to deal with the other **two**.

Encouraging the client to seek medical advice

Explaining why the service cannot be carried out

Modifying the service

1	2	3		
0	0	0	0	0
0	0	0	0	0
0	0	0	0	0

Nail art designs

Tick the nail art applied for each observation.

You must use all nail art designs.

3D
Embedding
Alternative tip shapes

1	2	3			
0	0	0	0	0	
0	0	0	0	0	
0	0	0	0	0	

Nail art techniques

Tick the nail techniques used for each observation.

You must use all nail art techniques.

Colour blending
Marbelling
Painting

1	2	3		
0	0	0	0	0
0	0	0	0	0
0	0	0	0	0



Nail art design **Nail art products** Tick the nail art products used for each observation. You must use **five** of the **eight** nail art products, but you must prove to your assessor that you are able to work with the other three. 2 3 1 Shells 0 0 0 0 0 Lace 0 0 0 0 Flowers 0 \bigcirc \bigcirc 0 \bigcirc Glitters 0 0 \bigcirc \bigcirc 0 **Jewels** \bigcirc \bigcirc \bigcirc \bigcirc \bigcirc Decals \bigcirc 0 0 0 \bigcirc Liquid and coloured 0 0 \bigcirc \bigcirc 0 powders Coloured UV gels \bigcirc 0 0 Aftercare advice Tick the aftercare advice provided in each observation. You must provide all types of aftercare advice. 2 3 Suitable aftercare 0 0 \bigcirc 0 0 products and their use Avoidance of activities \bigcirc 0 0 0 \bigcirc which may cause contra-actions Recommended time 0 0 0 0 0 intervals in between nail services Observation 2 3 Achieved 0 0 \bigcirc 0 0 Date Candidate signature

Assessor signature

IV signature (if sampled)



Comment form *Unit N9*

Level 3 NVQ/SVQ Nails

This form can be used to record oral questioning, or for assessor/candidate comments, if required.

Comments	Date
1	
2	
3	

66

Embedding extras such as glitter, crushed shells or dried flowers is an excellent addon service that will bring in extra revenue.

Bev Braisdell



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image courtesy of www.creativeten.co.uk, distributed by Nails and Co

Knowledge sign-off sheet

Unit N9 Plan and create nail art designs

What you must know



Yo	u need to understand:	Evidence type	Date	Portfolio ref
Or	ganisational and legal requirements			
1	your responsibilities under relevant health & safety legislation and the industry Code of Practice for Nail Services	E3		
2	the importance of not discriminating against clients with illnesses and disabilities and why (eg Disability Discrimination Act)	E3		
3	why it is important, when treating minors under 16 years of age, to have a parent or guardian present	E3		
4	why minors should not be given services without informed and signed parental or guardian consent	E3		
5	the legal significance of gaining signed, informed client consent to treatment	E3		
6	the importance and reasons for keeping records of clients, their services and gaining client signatures	E3		
7	the importance of the correct storage of client records in relation to the Data Protection Act	E3		
8	the possible risks to yourself of ineffective positioning of clients and how to avoid potential discomfort and injury to yourself	E3		
9	why it is important to maintain standards of hygiene and the principles for avoiding cross-infection	E3		
10	how to minimise and dispose of waste from nail art services	E3		
11	your salon services times and the importance of completing nail art services in a commercially viable time	E3		
12	the salon pricing structures for nail art services	E3		

You will be assessed on your knowledge and understanding of all the following points. This will be completed by your assessor, either through oral or written questions (evidence type E3).

This could be a GOLA

test.

Some areas appear in more than one unit (shaded in darker blue).
These are covered in a cross-unit knowledge test.
You only need to be tested on these once.

Once you have been assessed on each point, you can fill in the date and reference any written evidence that you've put in your portfolio.



Knowledge sign-off sheet Unit No Plan and most and and

Unit N9 Plan and create nail art designs

What you must know (continued)

Level 3 NVO/SVO Nail

You need to understand:	Evidence type	Date	Portfolio ref
How to work safely and effectively when providing nail art services			
13 the type of personal protective equipment that should be available and used by yourself	E3		
14 why it is important to use personal protective equipment	E3		
15 what is contact dermatitis and how to avoid developing it when carrying out nail art design, maintenance and removal	E3		
16 how to prepare, use and maintain tools, equipment and materials for the nail art service	E3		
17 methods of disinfecting and sterilising tools and equipment	E3		
18 the importance of, and reasons for, disinfecting hands and how to do this effectively	E3		
19 the necessary environmental conditions for nail art services (including lighting, heating, ventilation and general comfort) and why these are important	E3		
20 how to effectively and safely position tools and materials for nail art designs	E3		
21 the condition in which the work area should be left and why this is important	E3		
Consult, plan and prepare for the nail art service with clients			
22 how to use effective consultation techniques when communicating with clients from different cultural and religious backgrounds, age, disabilities and gender for this treatment	E3		
23 how to give effective advice and recommendations to clients	E3		
24 the questioning and listening skills you need in order to find out information	E3		

Hints and tips

Store tiny items in re-sealable bags or small pots to avoid spillages.

You need to understand:	Evidence type	Date	Portfolio ref
25 how to conduct a nail and skin analysis	E3		
26 the importance of explaining the limitations of nail art designs due to the shape and condition of clients' nails	E3		
27 why it is important to record client responses to questioning	E3		
28 why it is important to encourage and allow time for clients to ask questions	E3		
29 how to prepare nail art design plans	E3		
Contra-indications and contra-actions			
30 the types of conditions and disorders that may contra-indicate the service and why (eg fungal, bacterial, viral and parasitic infections to the skin and nails, severely damaged nails, severe eczema, psoriasis and dermatitis)			
31 the types of conditions and disorders that may restrict the service and why (eg minor eczema, psoriasis and dermatitis, severely bitten or damaged nails, unknown swelling and redness)	E3		
32 the importance of questioning clients to establish any contra-indications to nail art service	E3		
33 the importance of, and reasons for, not naming specific contra-indications when encouraging the client to seek medical advice	E3		
34 the contra-actions which may occur during and after nail art services and how to deal with them (allergic reactions, premature loss of nail art design, damage to the nail art design)	E3		
Nail art services			
35 the importance of understanding colour theory	E3		
36 the different types of techniques used within nail art services and how to carry them out	E3		
37 the different types of designs available to clients	E3		
38 how to select, blend and mix products and colours	E3		
39 how current fashion trends can impact on nail art designs	E3		
40 how to select, adapt and create nail art designs to suit different occasions	E3		



Nail art design

Hints and tips

Make a template by drawing around a penny, giving you a half circle, to practise perfect 'smile' lines.



Knowledge sign-off sheet

Unit N9 Plan and create nail art designs

What you must know (continued)

Level 3 NVO/SVO Nails

You need to understand:	Evidence type	Date	Portfolio ref
41 how to adapt nail art designs and techniques to make them commercial	E3		
42 the different types of nail art products and tools and how to use them	E3		
43 the importance of creating a design portfolio to promote nail art designs	E3		
Aftercare advice for clients			
44 aftercare, maintenance and removal requirements for specific nail art designs and why these are important	E3		
45 recommended intervals between nail art services	E3		
46 the contra-actions that could occur after nail services and what advice to give to clients	E3		
47 suitable home care products and how to apply them	E3		
48 how to deal with accidental damage	E3		
Tick if E3 was a GOLA test O Date			

Hints and tips

Have a display of your nail art designs for all your clients to see.



Image courtesy of EzFlow

Supplementary notes Unit N9



Nail art design

Your assessor may use this space for any additional comments they may have about your work.

Comment	Date
	· -

Unit sign-off

This section must be signed when the unit is complete.

We confirm that this evidence is authentic and the assessments were conducted under specified conditions and that all the performance criteria, range and essential knowledge requirements have been met for this unit.

Candidate signature	Date	
Assessor signature	Date	
IV signature (if sampled)	Date	
EV signature (if sampled)	Date	

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City & Guilds
1 Giltspur Street
London EC1A 9DD
T+44 (0)844 543 0000
F+44 (0)20 7294 2400
www.cityandguilds.com
learnersupport@cityandguilds.com

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