Unit 4222-214 Support individuals to carry out their own health care procedures (HSC 2005)

Level: **2**
Credit value: **2**
UAN: **D/601/8017**

Unit aim

This unit is aimed at those working in a wide range of settings. The unit provides the learner with the knowledge and skills needed to support individuals to carry out their own health care procedures safely.

Learning outcomes

There are **four** learning outcomes to this unit. The learner will:

1. Understand health care procedures likely to be undertaken by individuals
2. Be able to support individuals to prepare to carry out their own health care procedures
3. Be able to support individuals to carry out health care procedures
4. Be able to monitor health care procedures undertaken by individuals

Guided learning hours

It is recommended that **15** hours should be allocated for this unit, although patterns of delivery are likely to vary.

Details of the relationship between the unit and relevant national standards

This unit is linked to HSC 225.

Support of the unit by a sector or other appropriate body

This unit is endorsed by Skills for Care and Development.

Assessment

This unit must be assessed in accordance with Skills for Care and Development's QCF Assessment Principles.

Learning Outcomes 2, 3 and 4 must be assessed in a real work environment.

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Assessment Criteria

Outcome 1 Understand health care procedures likely to be undertaken by individuals

The learner can:

1. identify treatments and physical measurements likely to be undertaken by individuals
2. explain reasons why physical measurements and specimens might need to be taken
3. describe possible adverse reactions individuals may experience when undertaking their own health care procedures.

Outcome 2 Be able to support individuals to prepare to carry out their own health care procedures

The learner can:

1. establish with **others** own role in supporting individuals to carry out their own health care procedures
2. promote safe storage of supplies
3. support the individual to prepare equipment and the environment to carry out procedures
4. support the individual's understanding about **correct techniques** for procedures
5. check the individual's understanding about when to seek advice or take immediate action when carrying out health care procedures.

Outcome 3 Be able to support individuals to carry out health care procedures

The learner can:

1. assist the individual to carry out health care procedures in a way that promotes active participation
2. promote safe disposal of supplies used for procedures
3. support the individual to record measurements and store records safely.

Outcome 4 Be able to monitor health care procedures undertaken by individuals

The learner can:

1. monitor the accuracy, timing and outcomes of health care procedures carried out by the individual
2. record and report any adverse reactions or other concerns, in line with agreed ways of working
3. describe action to take if monitoring suggests that the procedure needs to be changed or is no longer needed.

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Additional guidance

- An **individual** is someone requiring care or support.
- **Others** may include:
  - family
  - friends
  - advocates
  - health care professionals
  - others who are important to the individual's well-being
- Correct techniques may include:
  - timings
  - hygiene
  - use of equipment
  - safe disposal
  - recording
- **Active participation** is a way of working that recognises an individual's right to participate in the activities and relationships of everyday life as independently as possible; the individual is regarded as an active partner in their own care or support, rather than a passive recipient
- **Agreed ways of working** will include policies and procedures where these exist.