Unit 4222-208 Contribute to health and safety in health and social care (HSC 027)

Level: **2**
Credit value: **4**
UAN: **R/601/8922**

Unit aim
This unit is aimed at those working in a wide range of settings. It provides the learner with the knowledge and skills required to carry out their work safely.

Learning outcomes
There are **nine** learning outcomes to this unit. The learner will:
1. Understand own responsibilities, and the responsibilities of others, relating to health and safety in the work setting
2. Understand the use of risk assessments in relation to health and safety
3. Understand procedures for responding to accidents and sudden illness
4. Be able to reduce the spread of infection
5. Be able to move and handle equipment and other objects safely
6. Know how to handle hazardous substances and materials
7. Understand how to promote fire safety in the work setting
8. Be able to implement security measures in the work setting
9. Know how to manage own stress

Guided learning hours
It is recommended that **33** hours should be allocated for this unit, although patterns of delivery are likely to vary.

Details of the relationship between the unit and relevant national standards
This unit is linked to HSC 22, HSC 221, HSC 223.

Support of the unit by a sector or other appropriate body
This unit is endorsed by Skills for Care and Development.

Assessment
This unit must be assessed in accordance with Skills for Care and Development's QCF Assessment Principles.
Learning outcomes 4, 5, and 8 must be assessed in a real work environment

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Assessment Criteria

Outcome 1 Understand own responsibilities, and the responsibilities of others, relating to health and safety in the work setting

The learner can:

1. identify legislation relating to general health and safety in a health or social care **work setting**
2. describe the main points of the health and safety **policies and procedures** agreed with the employer
3. outline the main health and safety responsibilities of:
   - self
   - the employer or manager
   - **others** in the work setting
4. identify **tasks** relating to health and safety that should not be carried out without special training
5. explain how to access additional support and information relating to health and safety

Outcome 2 Understand the use of risk assessments in relation to health and safety

The learner can:

1. explain why it is important to assess health and safety hazards posed by the work setting or by particular activities
2. explain how and when to report potential health and safety risks that have been identified
3. explain how risk assessment can help address dilemmas between rights and health and safety concerns.

Outcome 3 Understand procedures for responding to accidents and sudden illness

The learner can:

1. describe different types of accidents and sudden illness that may occur in own work setting
2. outline the procedures to be followed if an accident or sudden illness should occur.

Outcome 4 Be able to reduce the spread of infection

The learner can:

1. demonstrate the recommended method for hand washing
2. demonstrate ways to ensure that own health and hygiene do not pose a risk to others at work.

Outcome 5 Be able to move and handle equipment and other objects safely

The learner can:

1. identify legislation that relates to moving and handling
2. explain principles for moving and handling equipment and other objects safely
3. move and handle equipment or other objects safely.

Outcome 6 Know how to handle hazardous substances and materials

The learner can:

1. identify hazardous substances and materials that may be found in the work setting
2. describe safe practices for:
   - Storing hazardous substances
   - Using hazardous substances
   - Disposing of hazardous substances and materials.

Outcome 7 Understand how to promote fire safety in the work setting

The learner can:

1. describe practices that prevent fires from:
   - starting
   - spreading
2. outline emergency procedures to be followed in the event of a fire in the work setting
3. explain the importance of maintaining clear evacuation routes at all times.

Outcome 8 Be able to implement security measures in the work setting

The learner can:

1. use **agreed ways of working** for checking the identity of anyone requesting access to:
   - premises
   - information
2. implement measures to protect own security and the security of others in the work setting
3. explain the importance of ensuring that others are aware of own whereabouts.

Outcome 9 Know how to manage own stress

The learner can:

1. identify common signs and indicators of **stress**
2. identify circumstances that tend to trigger own stress
3. describe ways to manage own stress.

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Additional guidance

- **Others** may include:
  - Team members
  - Other colleagues
  - Those who use or commission their own health or social care services
  - Families, carers and advocates
- **Work setting** may include one specific location or a range of locations, depending on the context of a particular work role
- **Policies and procedures** may include other agreed ways of working as well as formal policies and procedures
- **Tasks** that the learner should not carry out without special training may include those relating to:
  - Use of equipment
  - First aid
  - Medication
  - Health care procedures
  - Food handling and preparation
- **Stress** can have positive as well as negative effects, but in this unit the word is used to refer to negative stress.