# Unit 4222-229 Undertake agreed pressure area care (HSC 2024)

**Level:** **2**
**Credit value:** **4**
**UAN:** **T/601/8721**

### Unit aim

This unit is aimed at health and social care staff providing care to maintain healthy skin and prevent skin breakdown, by undertaking pressure area care in accordance with an individual's care plan and risk assessment.

### Learning outcomes

There are **six** learning outcomes to this unit. The learner will:

1. Understand the anatomy and physiology of the skin in relation to pressure area care
2. Understand good practice in relation to own role when undertaking pressure area care
3. Be able to follow the agreed care plan
4. Understand the use of materials, equipment and resources available when undertaking pressure area care
5. Be able to prepare to undertake pressure area care
6. Be able to undertake pressure area care

### Guided learning hours

It is recommended that **30** hours should be allocated for this unit, although patterns of delivery are likely to vary.

### Details of the relationship between the unit and relevant national standards

This unit is linked to CHS5

### Support of the unit by a sector or other appropriate body

This unit is endorsed by Skills for Care and Development.

### Assessment

This unit must be assessed in accordance with the Skills for Care and Development's QCF Assessment Principles.

Learning outcomes 3, 5 and 6 must be assessed in a real work environment.

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Assessment Criteria

## Outcome 1 Understand the anatomy and physiology of the skin in relation to pressure area care

The learner can:

1. describe the anatomy and physiology of the skin in relation to skin breakdown and the development of pressure sores
2. identify pressure sites of the body
3. identify factors which might put an individual at risk of skin breakdown and pressure sores
4. describe how incorrect handling and moving techniques can damage the skin
5. identify a range of interventions that can reduce the risk of skin breakdown and pressure sores
6. describe changes to an individual's skin condition that should be reported.

## Outcome 2 Understand good practice in relation to own role when undertaking pressure area care

The learner can:

1. identify legislation and national guidelines affecting pressure area care
2. describe **agreed ways of working** relating to pressure area care
3. describe why team working is important in relation to providing pressure area care.

## Outcome 3 Be able to follow the agreed care plan

The learner can:

1. describe why it is important to follow the agreed care plan
2. ensure the agreed care plan has been checked prior to undertaking the pressure area care
3. identify any concerns with the agreed care plan prior to undertaking the pressure area care
4. describe actions to take where any concerns with the agreed care plan are noted
5. identify the pressure area risk assessment tools which are used in own work area
6. explain why it is important to use risk assessment tools.

## Outcome 4 Understand the use of materials, equipment and resources available when undertaking pressure area care

The learner can:

1. identify a range of aids or equipment used to relieve pressure
2. describe safe use of aids and equipment.
3. identify where up-to-date information and support can be obtained about:
   - Materials
   - Equipment
   - Resources.

## Outcome 5 Be able to prepare to undertake pressure area care

The learner can:

1. prepare equipment and environment in accordance with health and safety guidelines
2. obtain valid consent for the pressure area care.

## Outcome 6 Be able to undertake pressure area care

The learner can:

1. carry out pressure area care procedure in a way that:
    - respects the individual's dignity and privacy
    - maintains safety
    - ensures the individual's comfort
    - promotes active participation
    - promotes partnership working
2. apply standard precautions for infection prevention and control
3. carry out the pressure area care procedure without obstruction from bedding and clothing
4. move an individual using approved techniques and in accordance with the agreed care plan
5. use pressure relieving aids in accordance with the care plan and any safety instructions
6. communicate effectively with the individual throughout the intervention
7. complete all records and documentation accurately and legibly.

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## Additional guidance

- **Agreed ways of working** includes policies and procedures where these exist.
- **Valid consent** must be in line with agreed UK country definition.
- **Active participation** is a way of working that recognises an individual's right to participate in the activities and relationships of everyday life as independently as possible; the individual is regarded as an active partner in their own care or support, rather than a passive recipient.