Unit 4222-244 Approaches to enable rights and choices for individuals with dementia whilst minimising risks (DEM 211)

Level: **2**
Credit value: **3**
UAN: **H/601/9282**

Unit aim

This unit provides knowledge, understanding and skills required to promote individuals' rights and choices whilst minimising risk.

Learning outcomes

There are **four** learning outcomes to this unit. The learner will:

1. Understand key legislation and agreed ways of working that ensure the fulfilment of rights and choices of individuals with dementia while minimising risk of harm
2. Understand how to maintain the right to privacy, dignity and respect when supporting individuals with dementia
3. Be able to support individuals with dementia to achieve their potential
4. Be able to work with carers who are caring for individuals with dementia

Guided learning hours

It is recommended that **25** hours should be allocated for this unit, although patterns of delivery are likely to vary.

Details of the relationship between the unit and relevant national standards

This unit is linked to the HSC 21, 31, 41, 24, 35, 45.

Support of the unit by a sector or other appropriate body

This unit is endorsed by Skills for Care and Development.

Assessment

This unit needs to be assessed in line with the Skills for Care and Development QCF Assessment Principles.

Learning outcomes 3 and 4 must be assessed in the workplace environment.

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Assessment Criteria

Outcome 1 Understand key legislation and agreed ways of working that ensure the fulfilment of rights and choices of individuals with dementia while minimising risk of harm

The learner can:

1. outline key legislation that relates to the fulfilment of rights and choices and the minimising of risk of harm for an individual with dementia
2. describe how agreed ways of working relate to the rights of an **individual** with dementia
3. explain why it is important not to assume that an individual with dementia cannot make their own decisions
4. explain how the **best interests** of an individual with dementia must be included when planning and delivering care and support
5. explain what is meant by providing care and support to an individual with dementia in the least restrictive way.

Outcome 2 Understand how to maintain the right to privacy, dignity and respect when supporting individuals with dementia

The learner can:

1. describe how to maintain privacy when providing personal support for intimate care to an individual with dementia
2. give examples of how to show respect for the **physical space** of an individual with dementia
3. give examples of how to show respect for the **social or emotional space** of an individual with dementia
4. describe how to use an awareness of the life history and culture of an individual with dementia to maintain their dignity
5. outline the benefits of knowing about the past and present interests and life skills of an individual with dementia.

Outcome 3 Be able to support individuals with dementia to achieve their potential

The learner can:

1. demonstrate how the physical environment may enable an individual with dementia to achieve their potential
2. demonstrate how the social environment may enable an individual with dementia to achieve their potential
3. support an individual with dementia to use their abilities during personal care
4. explain how the attitudes of **others** may enable an individual with dementia to achieve their potential.

Outcome 4 Be able to work with carers who are caring for individuals with dementia

The learner can:

1. identify some of the anxieties common to **carers** of an individual with dementia
2. outline the legal rights of the carer in relation to an individual with dementia
3. involve carers in planning support that enables the rights and choices and protects an individual with dementia from harm
4. describe how the need of carers and **others** to protect an individual with dementia from harm may prevent the individual from exercising their rights and choices
5. demonstrate how a carer can be supported to enable an individual with dementia to achieve their potential.

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Additional guidance

- **Key legislation**:
  - Human Rights Act 1998
  - Mental Capacity Act 2005
  - Mental Capacity and Deprivation of Liberty Safeguards 2005
  - Adults with Incapacity (Scotland) Act 2000
  - Mental Health Act 2007
  - The Disability Discrimination Act 1995
  - Safeguarding Vulnerable Groups Act 2006
  - Carers (Equal Opportunities) Act 2004
- **Agreed ways of working**: Include policies and procedures where these exist; they may be less formally documented with micro-employers
- An **individual** is someone requiring care or support
- **Best interests**: This is an essential aspect of the Mental Capacity Act (2005). To support the financial health, emotional and social well being of an individual and to take into consideration their past and present wishes and feelings, advance directives, beliefs and values.
- **Physical space**:
  - Bedroom
  - Handbag
  - Personal belongings
- **Social or emotional space**:
  - Personal boundaries
  - Subjective feelings
- **Carers and others** may be:
  - Care worker
  - Colleagues
  - Managers
  - Social worker
  - Occupational Therapist
  - GP
  - Speech and Language Therapist
  - Physiotherapist
  - Pharmacist
  - Nurse
  - Specialist nurse
  - Psychologist
  - Psychiatrist
  - Independent Mental Capacity Advocate
  - Independent Mental Health Advocate
  - Advocate
  - Dementia care advisor
  - Support groups