Understand mental well-being and mental health promotion

City & Guilds

Assessment document

F/602/0097

www.cityandguilds.com
February 2012
Version 1.0

3561-301
4222-618
4200-304
4223-314
3565-120
3101-306

City & Guilds

Believe you can

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Level: 3

Credits: 3

Guided learning hours: 14

This assessment belongs to the following qualifications:	Qual:	Unit:
Level 3 Certificate in Working in Community Mental Health Care	3561	301
Level 2/3 Diploma in in Health and Social Care (Adults)	4222	618
Level 2/3 Award/Certificate in Supporting Individuals with Learning Disabilities	4200	304
Level 2/3 Diploma in Clinical Healthcare Support/Healthcare Support Services/Allied Health Profession Support	4223	314
Level 3 Diploma in Mental Health	3101	306
Level 2/3 Certificate in Dementia Care	3565	120

UAN: F/602/0097

Sector Skills Council: Skills for Health

Other references: CMH301

This assessment document should be used in conjunction with

- Assessment marking guide
- Assessment guidance document
- Any pro formas or additional documents as required

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Assessment composition

Assessment overview

This is a summary of the evidence required for the unit.

Task	Evidence	Learning outcomes covered
A	Practical activity and written assignment	2.1, 2.2, 2.3
B	Written assignment	1.1, 1.2,1.3 2.4, 2.5

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Assessment mark sheet

Candidate name _____ Candidate number _____

Centre name _____ Centre number _____

Task	Evidence	Results
A	Practical activity and written assignment	**Passed Y/N**
B	Written assignment	**Passed Y/N**
	Mark achieved:	

I can confirm that the evidence listed for this unit is my own work and was carried out under the conditions and context specified in the assessment specification.

Candidate signature _____ Date _____

I confirm that the candidate has achieved all the requirements of this unit with the evidence listed and the assessment was conducted under the specified conditions and context, and is valid, authentic, reliable, current and sufficient.

Tutor / assessor signature _____ Date _____

Quality assurance co-ordinator signature (where applicable) _____ Date _____

External verifier signature (where applicable) _____ Date _____

Tasks

Task A – Practical activity and written assignment

1 Create a collage which demonstrates how you promote your own mental well-being and health. The collage can be composed of photographs, drawings, magazine cuttings or representative objects for example a leaf to denote being in nature.
2 Discuss the content of your completed collage with a colleague or friend.
3 Complete the collage exercise with a mental health service user or group of service users and discuss the content of their collage with them individually or as a group.
4 Produce a reflective account addressing the following:
   a) what you have learnt from creating your own collage and discussing it with another person
   b) what knowledge the service user/s gained about themselves from this activity
   c) what conclusions may be drawn from comparing your collage with that of the service user/s how may shared information from the activity be used to further develop this or these service user/s mental well-being and health.

Guidance note on Task A

As part of evidence for this task you must submit your own collage and/or a photograph alongside either a photograph or written description of at least one service user collage. This exercise may be carried out with a carer or group of carers where more appropriate to your role.

Task B – written assignment

To complete this task you will need to obtain information about a local or national or international strategy to promote mental health and mental well-being. You should use the information to do the following:

1 Explain who has developed the strategy.
2 Explain how this strategy defines mental health and well-being.
3 Suggest two alternative ways of defining mental health and well-being.
4 Summarise the strategy and explain how it addresses the factors that influence mental well-being and mental health problems.
5 Identify the strengths and limitations of the strategy.
6 Suggest the benefits that the strategy may bring if it is effectively implemented.

At the end of the task you should reference any source documents or websites.

Guidance note on Task B

When you are considering the strengths and limitations of the strategy you should ensure that you assess how well the strategy promotes social inclusion.

Assessor's guidance

Task A:

This task is designed to promote self awareness and the use of appropriate self disclosure which are key to best practice in mental health work. It may be beneficial for Assessors to present their own collage to model the exercise. This is a powerful tool and Assessors need to ensure that learners understand the purpose of the task and agreements around confidentiality.

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Assessment feedback sheet

Candidate name:		**Enrolment number:**	
Assessor/ Tutor name:		Centre number:	
Dates assessment submitted:	1st		
	2nd		

Tasks	1st Submission outcome	Resubmission outcome	IV Signature if sampled
A	Pass / fail	Pass / fail	
B	Pass / fail	Pass / fail	

Assessor/ Tutor feedback to candidate on outcome of assessment

Target date and action plan for resubmission (if applicable)
Assessor/ Tutor feedback to candidate on outcome of resubmission

Date of final assessment decision

I confirm that this assessment has been completed to the required standard and meets the requirements for validity, currency, authenticity and sufficiency

Assessor/ Tutor signature	Date
Assessment passed?	Yes / No

I confirm that the assessment work to which this result relates, is all my own work

Candidate signature	Date
Internal verifier signature	Date

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