# Unit 206: Understand own role in self development

# Introduction

## Unit information

**Level:** 2  
**GLH:** 10

## Unit aims

There are times when opportunities to develop a career in hospitality just happen; but most career advancement comes because an individual has the skills and knowledge needed for the new role. An individual is able to identify the skills and knowledge they need to achieve their career goals and plan how to achieve them. They can show what professional development they have undertaken and how it has been effective.

The purpose of this unit is for learners to understand how to manage their own personal and professional development opportunities.

Learners will develop an understanding of how to develop their own professional skills and knowledge taking account of their professional strengths and areas for development. They will be given time to follow a development plan in to order to review how they have improved their practice and be more effective in their hospitality roles.

Learners should consider the following questions as a starting point to this unit:

* What is a personal development plan?
* Where can I seek advice on professional development?
* Who is involved in my professional development?

## Learning outcomes

The learner will:

1. Know how to develop own professional skills and knowledge

2. Be able to review professional knowledge and skills development

## Summary of assessment methods and conditions

**Externally marked knowledge exam**

The reflective assignment is **externally set and internally marked** and can be taken either online through City & Guilds’ computer-based testing platform, or as a paper-based exam. The exam is designed to assess the candidate’s depth and breadth of understanding across content in the qualification at the end of the period of learning, using assignment-based paper and will be sat under invigilated examination conditions.