# Unit 206: Understand own role in self development

# Worksheet 4: Personal development plan

**Name: Department:**

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| **Strengths** | **Weakness** |
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| **Opportunities** | **Threats** |
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| **What do I want to learn?** | **What do I have to do?** | **What support and resources will I need?** | **How will I measure success?** | **Target date for review** |
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| **Short term goals (next 12 months)** |
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| **Medium term goals (next 2–3 years)** |
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| **Longer term goals (beyond 3 years)** |
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