Unit 301: Developing opportunities for progression in the culinary industry

# Sample lesson plan 3

**Course number:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **Course title:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

 **Tutor’s name:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **Date:** \_\_\_\_\_\_\_\_\_\_\_\_\_ **Time:** \_\_\_\_\_\_\_\_\_\_\_\_\_ **Lesson length:** 6 hours **Room:** \_\_\_\_\_\_\_\_\_\_\_

 **Lesson topic:** Improving working practice through application of knowledge and skills

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| **Aims**: * To develop an awareness of activities that will maximise potential
* To gain an awareness of methods used to assess skills and knowledge
* To gain an understanding of how a SWOT analysis supports planning personal development
* To gain an understanding of how to apply knowledge and skills learnt
* To develop an awareness of the impacts development activities have on working practices
* To gain an awareness of how to use reflective practice to improve performance.
 | **Learning outcome**: To enable learners to understand:* types of activities to maximise potential
* methods to confirm development skills and knowledge
* SWOT analysis and action planning personal development
* applying knowledge and skills learnt
* measuring impacts of development activities on working practices
* using reflective practice to improve performance.
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| **Timing (mins)** | **Work to be covered** | **Teaching activity/assessment** | **Learner activity** | **Resources**  |
| --- | --- | --- | --- | --- |
| 60 mins | Types of activities to maximise potential | Introduction to personal development.Facilitate class discussion on types of activities a chef de partie can undertake to maximise skills and knowledge.Present **PowerPoint 3** to confirm the list of activities.Introduce small group activity to establish benefits of a range of activities used to improve working practices.Issue **Handout 6** | Listen and answer questions.Participate in class discussion suggestion types of activities a chef de partie could undertake.Contribute to small group activity to establish the benefits of different activities to improve working practice.Read **Handout 6** | PowerPoint presentation 3Handout 6 |
| 60 mins | Methods used to confirm development skills and knowledge | Introduce small group activity to establish assessment methods used to confirm development of skills and knowledge.Present **PowerPoint 3** to confirm assessment methods.Issue **Activity 6** to be completed individually.Confirm answers to activity, providing opportunities for discussion. | Listen and answer questions.Contribute to small group activity with ideas on assessment methods.Complete **Activity 6** independently.Contribute to discussions on **Activity 6.** | PowerPoint presentation 3 Activity 6 |
| 60 mins | SWOT analysis and action planning personal development | Facilitate class discussion on the purpose of a SWOT analysis and how it can be used in personal development.Present **PowerPoint 3** on SWOT analysis.Introduce individual **Activity 7** to complete a SWOT analysis on personal kitchen skills and knowledge.Support learners in completion of SWOT analysis.Introduce small group activity to identify how action plans can be used to support personal development. | Listen and ask questions.Participate in class discussion sharing ideas on the purpose of a SWOT analysis and how it aids the personal development processComplete personal SWOT analysis.Contribute to small group activity identifying how action plans can be used to support personal development. | PowerPoint presentation 3Activity 7  |
| 60 mins | Applying knowledge and skills learnt | Introduction to small group activity to establish how knowledge and skills learnt can be applied by:* individuals
* as a team
* as an organisation

Issue **Worksheet 5**, check completion.Facilitate discussion to establish most appropriate responses. | Contribute to small group activity with suggestions on how knowledge and skills learnt can be applied.Complete **Worksheet 5** independently.Participate in discussion by sharing responses with justifications. | PowerPoint presentation 3Worksheet 5 |
| 60 mins | Measuring impacts of development activities on working practices | Facilitate class discussion on impacts of development activities.Introduce small group activity to identify the positive and negative impacts of personal development on:* the business
* customers
* The team
* Individuals

Present **PowerPoint 3** to confirm impacts. | Listen and answer questions.Participate in class discussion suggesting impacts.Contribute to small group activity on positive/negative impacts. | PowerPoint presentation 3  |
| 60 mins | Using reflective practice to improve performance | Facilitate class discussion on the purpose of reflective practice/Introduce small group, activity to establish how reflective practice benefits:* the individual
* the team
* the business.

Present **PowerPoint 3** to summarise procedures for carrying out reflective practice.Issue **Worksheet 6**, check responses. | Listen and answer questions.Participate in class discussion to identify the purpose of reflective practice.Contribute to small group activity to establish the benefits of reflective practice.Complete **Worksheet 6** independently. | PowerPoint presentation 3Worksheet 6  |

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| **How learning is to be measured:*** Q&A during the session
* Completion of activities and **Worksheets 6 and 7.**
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| **Homework/research work:*** Review **Worksheets 6 and 7** and class notes.
* Read **Handout 6** to reinforce learning and understanding of types and reasons for staff development.
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| **Lesson evaluation** (delete as appropriate) | * Was the lesson better than expected
* As expected
* Worse than expected
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| **Lesson evaluation/comments:** |
| **Suggestions/modifications for next lessons:** |