Unit 301: Developing opportunities for progression in the culinary industry

# Activity 7: Personal SWOT analysis

Complete the SWOT analysis on your current kitchen skills and knowledge.

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| |  |  | | --- | --- | | **Strengths** | **Weaknesses** | | **Opportunities** | **Threats** | | |  |  | | --- | --- | | **Weaknesses** | **Weaknesses** | | **Threats** | **Threats** | |