

## Unit 301: Developing opportunities for progression in the culinary industry

### Activity 7: Personal SWOT analysis

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Complete the SWOT analysis on your current kitchen skills and knowledge.

<b>Strengths</b> <ul style="list-style-type: none"><li>•</li></ul>	<b>Weaknesses</b> <ul style="list-style-type: none"><li>•</li></ul>
<b>Opportunities</b> <ul style="list-style-type: none"><li>•</li></ul>	<b>Threats</b> <ul style="list-style-type: none"><li>•</li></ul>