Unit 304: Contribute to the guest experience

# Activity 22: Food preferences and dietary requirements

Working in small groups, produce a poster to define each of the following types of:

* food preference
* special dietary requirements.

Stating:

* the foods that can and cannot be eat
* how they can be accommodated when dining out.

|  |  |
| --- | --- |
| **Food preferences** | **Special dietary requirements** |
| Vegan | Low fat |
| Vegetarian | Diabetic |
| Healthy options | Nut allergy |
| Hindu | Gluten free |
| Judaism | Mollusc allergy |
| Islam | Lactose intolerance |
| Sikhism | Crustacean allergy |