

## Unit 304: Contribute to the guest experience

### Activity 22: Food preferences and dietary requirements

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Working in small groups, produce a poster to define each of the following types of:

- food preference
- special dietary requirements.

Stating:

- the foods that can and cannot be eat
- how they can be accommodated when dining out.

Food preferences	Special dietary requirements
Vegan	Low fat
Vegetarian	Diabetic
Healthy options	Nut allergy
Hindu	Gluten free
Judaism	Mollusc allergy
Islam	Lactose intolerance
Sikhism	Crustacean allergy