Unit 304: Contribute to the guest experience

# Activity 31: Adapting menus

Working individually, suggest ways of adapting the following menu to provide options suitable for:

* Vegans
* Low fat diets
* Gluten intolerance
* Hindus
* Pregnant women

Menu

Chicken liver pate

Salt baked beetroot with feta cheese and pickled onions

Wild mushroom tartlets

\*\*\*\*\*

Rare roast beef with Yorkshire puddings

Seasonal vegetables and potatoes

Fillet of salmon with dill sauce
served with new potatoes and green beans

Vegetable lasagne

\*\*\*\*\*

Fresh pineapple tart served with clotted cream

Chocolate and coffee mousse

Stilton cheese and biscuits