

Unit 304: Contribute to the guest experience

Activity 31: Adapting menus

Working individually, suggest ways of adapting the following menu to provide options suitable for:

- Vegans
- Low fat diets
- Gluten intolerance
- Hindus
- Pregnant women

Menu

Chicken liver pate

Salt baked beetroot with feta cheese and pickled onions

Wild mushroom tartlets

Rare roast beef with Yorkshire puddings

Seasonal vegetables and potatoes

Fillet of salmon with dill sauce
served with new potatoes and green beans

Vegetable lasagne

Fresh pineapple tart served with clotted cream

Chocolate and coffee mousse

Stilton cheese and biscuits