

## Unit 305: Sustainability in professional kitchens

### Sample lesson plan 4

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Course number: \_\_\_\_\_ Course title: \_\_\_\_\_

Tutor's name: \_\_\_\_\_ Date: \_\_\_\_\_ Time: \_\_\_\_\_ Lesson length: 2 hours Room: \_\_\_\_\_

**Lesson topic:** Describe how sustainable practices are applied in the hospitality industry

**Aims:**

- Describe how sustainable practices are applied in the hospitality industry.

**Learning outcomes:**

To enable learners to:

- understand sustainability in the hospitality industry
- understand how sustainable practices are implemented in professional kitchens.

Timing (mins)	Work to be covered	Teaching activity/assessment	Learner activity	Resources
10 minutes	<p>Introduction</p> <p>Sustainability:</p> <ul style="list-style-type: none"> <li>At company level</li> <li>Locally</li> <li>National</li> <li>Global</li> <li>Code of practice</li> <li>Legislation</li> <li>Regulations.</li> </ul>	Tutor-led presentation/discussion.	<p>Learners to listen, observe, take notes and question appropriately.</p> <p>Learners should think and write their key points down. Learners should communicate their thoughts with the rest of the class, recording their key point on the flip chart/whiteboard.</p>	
20 minutes	Recap previous session	Tutor to collect <b>Worksheet 3</b> for assessment.	Learners to present their independent learning assignment from the last lesson.	<b>Worksheet 3</b>
20 minutes	Give examples how sustainable practices can be applied at company level.	<p>Tutor-led presentation/discussion using <b>PowerPoint presentation 4</b>.</p> <p>Give out <b>Handout 5</b>.</p> <p>Learners to identify key topics to include in a company policy document</p>	<p>Learners to listen, observe, take notes and question appropriately.</p> <p>Learners should think and write their key points down. Learners should communicate their thoughts with the rest of the class, recording their key point on the flip chart/whiteboard.</p>	<p><b>PowerPoint presentation 4</b></p> <p><b>Handout 5</b></p>

Timing (mins)	Work to be covered	Teaching activity/assessment	Learner activity	Resources
20 minutes	Give examples how sustainable practices can be applied nationally/locally/globally.	<p>Tutor-led presentation / discussion.</p> <p>Show the following YouTube video: <i>Green hospitality industry best practices</i>:</p> <p><a href="http://www.youtube.com/watch?v=jiGD_NjS7Fw">www.youtube.com/watch?v=jiGD_NjS7Fw</a></p>	<p>Learners to listen, observe, take notes and question appropriately.</p> <p>Learners should think and write their key points down. Learners should communicate their thoughts with the rest of the class, recording their key point on the flip chart/whiteboard.</p>	<p><b>PowerPoint presentation 4</b></p> <p>YouTube video link: <a href="http://www.youtube.com/watch?v=jiGD_NjS7Fw">www.youtube.com/watch?v=jiGD_NjS7Fw</a></p>
10 minutes	Give examples how sustainable practices can be applied using codes of practice.	<p>Tutor-led presentation/discussion.</p> <p>Show the following YouTube video: <i>Sustainability practices in a convention hotel</i>:</p> <p><a href="http://www.youtube.com/watch?v=89xHoWe3l4k">www.youtube.com/watch?v=89xHoWe3l4k</a></p>	<p>Learners to listen, observe, take notes and question appropriately.</p> <p>Learners should think and write their key points down. Learners should communicate their thoughts with the rest of the class, recording their key point on the flip chart/whiteboard.</p>	<p>PowerPoint presentation 4</p> <p>YouTube video link: <a href="http://www.youtube.com/watch?v=89xHoWe3l4k">www.youtube.com/watch?v=89xHoWe3l4k</a></p>

Timing (mins)	Work to be covered	Teaching activity/assessment	Learner activity	Resources
20 minutes	Give examples how sustainable practices can be applied using legislation/regulations.	Tutor-led presentation / discussion.	Learners to listen, observe, take notes and question appropriately. Learners should think and write their key points down. Learners should communicate their thoughts with the rest of the class, recording their key point on the flip chart/whiteboard.	<b>PowerPoint presentation 4</b>
10 minutes	Identify food sustainable initiatives in your country in relation to the categories discussed.	Tutor-led presentation/discussion.	Learners to listen, observe, take notes and question appropriately. Learners should think and write their key points down. Learners should communicate their thoughts with the rest of the class, recording their key point on the flip chart/whiteboard.	<b>PowerPoint presentation 4</b>

Timing (mins)	Work to be covered	Teaching activity/assessment	Learner activity	Resources
10 minutes	Recap of session content/homework brief.  Revisit aims and objectives Q&A to check learning.	Tutor-led presentation/discussion.  Discussion – identify useful resources and websites.	Learners to listen, observe, take notes and question appropriately.  Question and answer session.  Learners should think and write their key points down. Learners should communicate their thoughts with the rest of the class, recording their key point on the flip chart/whiteboard.	<b>PowerPoint presentation 4</b>
10 minutes	Revision of lesson content.	1. 1-minute paper: Task the learners to briefly summarise the key points from the presentation. Ask individuals to provide one point each to all the class. 2. Question and answer session: In pairs, learners to ask each other questions to consolidate their learning. Tutor to monitor and fill in any gaps.	Learners should think and write their key points down. Learners should communicate their thoughts with the rest of the class, recording their key point on the flip chart/whiteboard.  Learner Q&A session to confirm the knowledge required to carry out the performance.	

Timing (mins)	Work to be covered	Teaching activity/assessment	Learner activity	Resources
	Independent learning.	<b>Worksheet 4</b>	Complete the worksheet for the next session.	<b>Worksheet 4</b>
	Stretch task.	<b>Activity 4</b>	Listen and ask questions as required.  Learners to take notes if required.	<b>Activity 4</b>
	Look forward to your next lesson/any final questions.		Listen and ask questions as required.  Learners to take notes if required.	

**How learning is to be measured:**

- Q&A
- **Worksheet 4**
- **Activity 4**

**Homework/research work:**

- Worksheet 4
- Activity 4

**Lesson evaluation**

(delete as appropriate)

- Was the lesson better than expected
- As expected
- Worse than expected

**Lesson evaluation/comments:****Suggestions/modifications for next lessons:**