

## Unit 305: Sustainability in professional kitchens

### Worksheet 3: Sustainability (Tutor)

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Define sustainability in hospitality:

- Identify the three principles of sustainability

Sustainability is most often defined as meeting the needs of the present without compromising the ability of future generations to meet theirs. It has three main pillars: economic, environmental, and social. These three pillars are informally referred to as people, planet and profits.

Broadly defined, sustainable development is a systems approach to growth and development and to manage natural, produced, and social capital for the welfare of their own and future generations.

- Identify at least six factors of the different approaches to sustainable practices
- Explain how different approaches to sustainability is effective in the hospitality industry.

Tutor to accept reasonable answers.

Research and find out about WRAP (waste resources action programme), the UK based not-for-profit organisation:

Source:

[www.wrap.org.uk/about-us/what-we-do](http://www.wrap.org.uk/about-us/what-we-do)