**Unit 307: Produce and present advanced starters using standardised recipes**

**Worksheet 7: Prepare, cook and serve cold soups and advanced cold starters and mezze (Tutor)**

List six pieces of **equipment** you would use in the production of cold soups and advanced cold starters and mezze:

Any of the following:

* Temperature probe
* Blender
* Food processor
* Frying pans
* Mandolin
* Mixers
* Blast chillers and blast freezers
* Cold holding equipment
* Fryers and griddles
* Grills
* Hobs
* Hot holding equipment
* Ovens
* Steamers

Briefly explain how you would monitor the safe use of the six chosen pieces of **equipment** used when making cold soups, mezze and advanced cold starters:

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Describe the following **Ingredients** and give a menu example for each

**Grains**

Barley, spelt, whole wheat, quinoa, maize

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**Noodles**

Raman, rice cellophane, Wonton, Soba, egg

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**Rice**

Long grain, arborio rice, wild rice, Jasmin rice, red cargo sushi rice, basmati rice

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