Unit 308 Worksheet 4

Unit 308: Produce and present advanced main course dishes using standardised recipes

Worksheet 4: Prepare, cook and finish meat, poultry and offal

1.	Explain the following meat preparation methods:
Lardir	ng
Bardiı •	ng
Chinir •	ng
Truss	ing
•	

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2.	Describe the following beef dishes:
Tourn	nedos rossini
•	,
Chate •	eaubriand béarnaise
Beef I	bourguignonne
3.	Describe the following offal and a dish that can be cooked using the offal.
Sweet	tbreads
•	
Bone	marrow
•	·



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Coq au vin Duck a l'orange Chicken chasseur List five different tips that could be given to a new commis chef when plating advanced	Kidne	у
Coq au vin Duck a l'orange Chicken chasseur List five different tips that could be given to a new commis chef when plating advanced main course dishes:	•	
Coq au vin Duck a l'orange Chicken chasseur List five different tips that could be given to a new commis chef when plating advanced main course dishes:		
Duck a l'orange Chicken chasseur List five different tips that could be given to a new commis chef when plating advanced main course dishes:	4.	Describe the following poultry dishes:
Chicken chasseur	Coq a	
Chicken chasseur		
5. List five different tips that could be given to a new commis chef when plating advanced main course dishes: • •	Duck	a l'orange
5. List five different tips that could be given to a new commis chef when plating advanced main course dishes: • •	•	
5. List five different tips that could be given to a new commis chef when plating advanced main course dishes: • •		
5. List five different tips that could be given to a new commis chef when plating advanced main course dishes: • •	Chick	en chasseur
main course dishes:	•	
main course dishes:		
·	5. List	five different tips that could be given to a new commis chef when plating advanced
•	main	
	•	
	•	
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6.



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wo finishing checks that should be done before food is	Sent to the
	