

Your guide to sport and active leisure qualifications



City & Guilds

sport and active leisure qualifications

Overview

About City & Guilds

City & Guilds is the UK's leading provider of vocational qualifications, offering over 500 awards across a wide range of industries, and progressing from entry level to the highest levels of professional achievement. With over 8500 centres in 100 countries, City & Guilds is recognised by employers worldwide for providing qualifications that offer proof of the skills they need to get the job done.

About our Sport and Active Leisure Qualifications

At City & Guilds we work hard to keep up with the latest developments in the sport and active leisure industry, so learners can develop the skills they will need to enter the industry, improve and gain new additional skills and to keep their customers coming back time after time. All qualifications are developed in close consultation with industry to ensure a comprehensive suite of qualifications that you can deliver or learn in any style, from short to long qualifications on a part-time basis or full-time.

NVQs (National Vocational Qualifications) and SVQs (Scottish Vocational Qualifications)

NVQs and SVQs are the ideal way to learn on the job. To complete one, learners will need to demonstrate that they have mastered certain skills and can perform set tasks. A trained assessor, often the manager or supervisor, will observe the work and help build up a portfolio. Any learner wishing to take an NVQ/SVQ will need to be employed in the industry or studying at a college of further education or training provider.

Awards, Certificates and Diplomas

When learners need to build up new skills in order to progress their career, Awards Certificates and Diplomas are a good way to do so. You don't need to be employed to take one of these courses, but for higher levels they would be expected to have some sport and active leisure experience already

Short Industry Qualifications

When staff already employed in the industry need to update their existing skills or develop new skills, our range of short industry qualifications are easily accessible.

Customer qualifications

City & Guilds is frequently asked to develop qualifications needed by employers working in niche businesses, where recognition of skill is as important as in the mainstream sectors. All of our sport and active leisure qualifications use the same level systems as the National Qualifications Framework (NQF). For more information visit:

www.cityandguilds.com

Choose the right level for you

City & Guilds uses the same level system as the National Qualifications Framework (NQF)

Level 8	Leading Experts	Level 8 qualifications recognise leading experts or practitioners in a particular field. Learning at this level involves the development of new and creative approaches that extend or redefine existing knowledge or professional practice.	Fellowship (FCGI), Doctorates
Level 7	Senior Professionals and Managers	Level 7 qualifications recognise highly developed and complex levels of knowledge which enable the development of in-depth and original responses to complicated and unpredictable problems and situations.	Membership (MCGI), Master Professional Diploma, S/NVQ 5 Associate Master degrees, postgraduate certificates and diplomas
Level 6	Senior Professionals and Managers	Level 6 qualifications recognise a specialist high level knowledge of an area of work or study to enable the use of an individual's own ideas and research in response to complex problems and situations.	Graduateship (GCGI)/ Associateship (ACGI) Bachelor degrees, Graduate Diplomas
Level 5	Higher grade technicians, professionals or managers	Level 5 qualifications recognise the ability to increase the depth of knowledge area of work or study to enable the formulation of solutions and response situations. Learning involves the demonstration of high levels of knowledge, expertise in job roles and competence in managing and training others.	Degree, Engineering Council Certificate
Level 4	Managerial, Technical/ Professional	Level 4 qualifications recognise specialist learning and involve detailed analysis of a high level of information and knowledge in an area of work or study. Learning at this level is appropriate for people working in technical and professional jobs, and/or managing and developing others. May include responsibility for the work of others and allocation of resources.	Licentiate (LCGI), Higher Professional Certificates/ Diploma, S/NVQ 4
Level 3	Advanced	Level 3 qualifications recognise the ability to gain, and where relevant apply, a range of knowledge, skills and understanding. Learning at this level involves obtaining detailed knowledge and skills. It is appropriate for people wishing to go to university, people working independently, or in some areas supervising and training others in their field of work.	S/NVQ 3, VRQ 3, IVQ, A level
Level 2	Intermediate 2	Level 2 qualifications recognise the ability to gain a good knowledge and understanding of a subject area of work or study, and to perform varied tasks with some guidance or supervision. Learning at this level involves building knowledge and/or skills in relation to an area of work or a subject area and is appropriate for many job roles.	S/NVQ 2, VRQ 2, IVQ, GCSE grade A-C
Level 1	Intermediate 1	Level 1 qualification recognise basic knowledge and skills and the ability to apply learning in everyday situations under direct guidance or supervision. Learning at this level is about activities which mostly relate to everyday situations and may be linked to job competence.	S/NVQ 1, VRQ 1, IVQ, GCSE grade D-GC
Entry Level	Access /Foundation	Entry level qualifications recognise basic knowledge and skills and the ability to apply learning in everyday situations under direct guidance or supervision. Learning at this level involves building basic knowledge and skills and is not geared towards specific occupations.	Entry Level 1, Entry Level 2, Entry Level 3

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Title/ Qualification number	Level	Type	Description	Details
Sport & Recreation				
Sport, Recreation and Allied Occupations 4833-01	1	NVQ	This qualification aims to assess the competence of workers beginning careers in the sport and active leisure industry. This award is suitable for the 14-16 year old market and covers areas such as customer service, health and safety and maintaining facilities. This qualification can underpin all sport and recreation qualifications.	GLH: N/A QCA number: 100/2908/4 SCAAT Points: 112
Operational Services 4833-04	2	NVQ	This qualification aims to assess the competence of workers in sport and active leisure facilities with typical responsibilities such as those in working in sport and leisure facilities operations, and in sports development roles promoting activity in the community.	GLH: N/A QCA number: 100/2933/3 SCAAT Points: N/A
Sports Development 4834-31	3	NVQ	This qualification aims to assess the competence of those working in sport development roles whose main responsibility are to enable participation and provide opportunities for sports activity in the community. This replaces the Sports Development strand within the level 3 Operations and Development NVQ (4832-01).	GLH: N/A QCA number: 500/1438/9 SCAAT Points: 480
Leisure Management 4834-32	3	NVQ	This qualification aims to assess the competence of those working in management roles within leisure facilities such as sports centres, gyms, hotels and caravan parks. This replaces the Operations strand within the Level 3 Operations and Development NVQ (4832-01).	GLH: N/A QCA number: 500/1041/4 SCAAT Points: 480
Managing Sport and Active Leisure 4834-44	4	NVQ	This qualification aims to assess the competence of managers in sport and active leisure facilities with typical responsibilities for those working in sport and active leisure facilities operations and in sport development roles promoting activity in the community.	GLH: N/A QCA number: 500/1824/3 SCAAT Points: N/A
Certificate in Sport and Leisure 6971-01	1	VRQ	This qualification provides entry and underpinning knowledge for those who are working in the sport and leisure industry. The certificate develops the knowledge required for health and safety, anatomy and physiology, and delivery of sport and active leisure activities. This award is highly practical and is still ideal for the 14-16 year old market.	GLH: 330 QCA number: 500/1179/0 SCAAT Points: 75 or 3 GCSEs D-G
Diploma in Sport and Leisure 6971-02	2	VRQ	This qualification provides entry and underpinning knowledge for those who are working in the sport and active leisure industry. The Diploma develops the knowledge required for health and safety, anatomy and physiology and delivery of sport and leisure activities. This award is highly practical and is ideal for the 14-16 year old market. It also provides the technical certificate element for the Apprenticeship in Active Leisure and Learning.	GLH: 360 QCA number: 500/1178/9 SCAAT Points: 184 or 4 GCSEs A-C


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Progression Award in Sport & Leisure 6951-03	3	VRQ	This qualification provides entry and underpinning knowledge for those with supervisory responsibilities in the sport and active leisure industry. This award is recommended while the new Diploma in Sport and Active Leisure is developed. The current award offers a number of additional optional units including sports massage, spectator control and nutrition.	GLH: 320 QCA number: 100/2742/7 SCAAT Points: N/A
Higher Professional Diploma in Sport & Recreation Management 4443-04	4	HLQ	The qualification provides progression into management for facility managers, duty officers and sports development officers. This award is suitable for those working in research, marketing, sales and promotion, funding, sports logistics and crowd management. This MPD is offered in conjunction with ISRM (Institute for Sport and Recreation Management).	GLH: 480 QCA number: 100/2928/X SCAAT Points: N/A
Master Professional Diploma in Strategy and Development 4443-05	7	HLQ	This qualification provides progression into senior management for those leisure facility managers or sports development officers, who are looking for professional recognition and a more strategic approach to working within sport leisure at the highest level. This could be within Local Authorities or in National Governing Bodies. This MPD is offered in conjunction with ISRM (Institute for Sport and Recreation Management).	GLH: 480 QCA number: 100/2869/9 SCAAT Points: N/A
Certificate in Industry and Organisational Awareness 4851-12	2	VRQ	This qualification provides the mandatory technical certificate requirement for the Apprenticeship Framework in Sport and Active Leisure. It covers the employment rights and responsibilities, employment law and sport and leisure specific industry awareness.	GLH: 30 QCA number: 100/3145/5 SCAAT Points: N/A
Certificate in Industry and Organisational Awareness 4851/13	3	VRQ	This qualification provides the mandatory technical certificate requirement for the Advanced Apprenticeship Framework in Sport and Active Leisure and Learning and Leisure. It covers the employment rights and responsibilities, employment law, and sport and leisure specific industry awareness.	GLH: 60 QCA number: 100/3146/7 SCAAT Points: N/A

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Playwork				
Title/ Qualification number	Level	Type	Description	Details
Playwork 4840-02	2	NVQ	This qualification aims to assess the competence of playworkers in a work setting. Learners would cover areas as supporting the protection of children from abuse, health and safety and supporting children's and young peoples' play.	GLH: N/A QCA number: 500/3767/5 SCAAT Points: N/A
Playwork 4834-30	3	NVQ	This qualification aims to assess the competence of playworker supervisors in a work setting. Learners would cover such areas as working with colleagues in a team, developing relationships and supporting self directed play.	GLH: N/A QCA number: 100/5855/2 SCAAT Points: 672
Playwork 4834-40	4	NVQ	This qualification aims to assess the competence of playwork managers in a work setting. Learners would cover areas such as the reflection and development of good practice, the development of organisation frameworks and reviewing operations.	GLH: N/A QCA number: 500/1709/3 SCAAT Points: N/A
Certificate in Playwork 6978-43 to 50	2	VRQ	This qualification provides entry and underpinning knowledge for playworkers in smaller unitised certificates. Learners can pick and choose from 8 pathways. These are perfect for CPD purposes.	GLH: 90 QCA number: 500/4301/8 SCAAT Points: TBC
Diploma in Playwork 6978-12	2	VRQ	This qualification provides entry and underpinning knowledge for playworkers and act as full technical certificate for the Playwork Apprenticeship Framework. Learners are assessed by assignment only.	GLH: 180 QCA number: 500/430/X SCAAT Points: N/A
Certificate in Playwork 6978-33 to 41	3	VRQ	This qualification provides entry and underpinning knowledge for playwork supervisors in smaller unitised certificates. Learners can pick up and choose from 9 pathways. These are perfect for CPD purposes.	GLH: 210 QCA number: 500/1204/6 SCAAT Points: 105
Diploma in Playwork 6978-03	3	VRQ	This qualification provides entry and underpinning knowledge for playwork supervisors, and acts as full technical certificate for the Playwork Advanced Apprenticeship Framework. Learners are assessed by assignment only.	GLH: 360 QCA number: 500/1205/8 SCAAT Points: 210
Award in Playwork for Early Years and Child Care Workers 6978-10	3	VRQ	This qualification allows those learners working in early years and the child care sector to transfer into Playwork without having to complete a full qualification. This award covers aspects of playwork practice and the theory and practice of children and young peoples play. This award is commonly known as the Transitional Module.	GLH: 60 QCA number: 100/6169/1 SCAAT Points: 42

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Exercise & Fitness				
Title/ Qualification number	Level	Type	Description	Details
NVQ in Instructing Exercise and Fitness 4840-05 to 07 	2	NVQ	This qualification aims to assess the competence of fitness instructors or personal trainers, who are delivering tailored exercise activity sessions. The NVQ can be delivered in the specialisms of water based, gym based or group exercise to music.	GLH: N/A QCA number: 500/3821/7 SCAAT Points: N/A
NVQ in Instructing Physical Activity and Exercise 4834-41, 42, 43 and 47 	3	NVQ	This qualification aims to assess the competence of fitness instructors or personal trainers who are delivering tailored exercise activity sessions. The NVQ can be delivered in the context of a gym, group exercise, yoga or mat pilates and as additional units learners can demonstrate competence with client groups who may be older, disabled or pre- and post natal.	GLH: N/A QCA number: 500/3832/1 SCAAT Points: 576
Certificate in Fitness Instructing 4853-21 to -23 	2	VRQ	This qualification is designed for learners who are, or wish to become fitness instructors and provides underpinning knowledge for the NVQ. It offers standard entry onto the Register of Exercise Professionals (REPS), and can be taken in the context of exercise to music, gym or water-based exercise.	GLH: 120 QCA number: 500/1736/6 SCAAT Points: N/A
Certificate in Advanced Fitness Instructing 4853-31 	3	VRQ	This qualification is designed for learners who are, or wish to become fitness instructors, and provides underpinning knowledge for the NVQ. It offers standard entry onto the Register of Exercise Professionals (REPS), and can be taken in the context of exercise to music, gym or water based exercise.	GLH: 150 QCA number: 500/1737/8 SCAAT Points: 105
Spectator Safety				
NVQ in Spectator Safety 4833-49	2	NVQ	This qualification aims to assess the competence of stewards. Learners would be expected to demonstrate ability in helping to manage conflict, deal with crowd problems, accident and emergencies and control the entry, exit and movement of spectators.	GLH: N/A QCA number: 500/1010/4 SCAAT Points: N/A
NVQ in Spectator Safety 4834-45	3	NVQ	This qualification aims to assess the competence of senior stewards and supervisors. Learners would be expected to demonstrate ability in preparing stewards and venues for spectator events, develop working relationships with colleagues and deal with spectator problems and emergencies.	GLH: N/A QCA number: 500/1501/1 SCAAT Points: 384
NVQ in Spectator Safety Management 4834-46	4	NVQ	This qualification aims to assess the competence of stadium managers and safety officers. Learners would be expected to demonstrate ability, planning for and ensuring the safety of people at an event, managing resources and developing and implementing policies.	GLH: N/A QCA number: 500/1502/3 SCAAT Points: N/A

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Mechanical Rides

Title/ Qualification number	Level	Type	Description	Details
NVQ in Mechanical Ride Operations 4831-48	2	NVQ	This qualification aims to assess the competence of those operating mechanical ride machinery at various types of pleasure parks, fairgrounds, piers etc. Key areas include the operation of machinery, dealing with emergencies and health and safety.	GLH: N/A QCA number: Q1052815 SCAAT Points: N/A

Coaching and Activity Leadership

NVQ in Activity Leadership 4833-03	2	NVQ	This qualification aims to assess the competence of those leading activity sessions for sports, or offering taster recreational sessions. This is an ideal qualification for those sport and leisure activities where a technical definition is not easily accessible.	GLH: N/A QCA number: 100/2947/3 SCAAT Points: N/A
NVQ in Coaching, Teaching and Instructing 4833-08 to -28	2	NVQ	This qualification aims to assess the competence of beginner coaches in a variety of sports including football, rugby, cricket, swimming, hockey, martial arts, gymnastics, trampolining, tennis, netball, basketball and boxing.	GLH: N/A QCA number: 100/2907/2 SCAAT Points: N/A
NVQ in Coaching, Teaching and Instructing 4832-04 to -16	3	NVQ	This qualification aims to assess the competence of senior coaches in a variety of sports including rugby, cricket, swimming, hockey, karate, gymnastics, tennis and sports acrobatics. The senior coach might be expected to lead a team of coaches or instructors.	GLH: N/A QCA number: Q1052513 SCAAT Points: 672
NVQ In Coaching (Football) 4834-10	3	NVQ	This qualification aims to assess the competence of senior coaches in Association Football.	GLH: N/A QCA number: 100/4893/5 SCAAT Points: 480

Outdoor Programmes

NVQ in Outdoor Programmes 4834-33 to -35	3	NVQ	These qualifications aim to assess the competence of outdoor adventure leaders, or those leading activities in outdoor education, development training or recreation.	GLH: N/A QCA number: 500/1537/0 SCAAT Points: 672
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GOLA assessed

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(For NVQs Underpinning knowledge questions available via GOLA



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SCAAT points:

For use in performance measures (e.g achievement and attainment tables - formerly performance tables and target setting). For further explanation of these figures please refer to the QCA website:

www.openquals.co.uk

GLH:

Recommended guided learning hours

QCA number:

A unique reference number assigned to each accredited qualification

Further Information

Information can be found at the following websites:

For further enquiries e-mail: sport@cityandguilds.com

Contact us:

For general enquiries, contact our Customer Service

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