

Entry Level 1 Certificate in Self Development Through Learning (3071)

Modules and evidence records

Below is the list of modules contained in this pack, each module includes a Summary of Achievement:

	Me
100	Me and my learning
101	Keeping safe
102	Being healthy
103	How I feel and want to feel
104	What is special to me?
105	Who is special to me?
106	How I am with others
107	Handling problems
108	Coping with conflict
109	Coping with change
	My Space
110	Where I want to be
111	Having my own personal things
112	Looking after myself
113	Sharing
114	People I live with
	Things I do
115	What I do and want to do
116	Managing my time
117	Having fun
118	Handling my own money
119	Learning something new
120	Building on a skill

Entry Level 1 is defined as ‘the learner being in unsafe and disorderly circumstances and behaviours.’

The framework, of which Entry Level 1 forms part, is made up of a variety of modules under the headings of ‘me’, ‘my space’ and ‘things I do’. These have been designed for centres to focus on the individual needs of the homeless and vulnerable and to capture their capacity to learn and develop.

The four phases are not seen as ‘levels’ but routes to progression either within the same phase or across the phases.

Learners can pick modules across each of the phases according to their individual needs, thus creating a ‘spiky’ profile.

The **aim** of each module is to provide a supportive learning process tailored to the learners’ needs.

The **objective** of each module is threefold:

- firstly, to provide the learner with a clear explanation of what is expected of them
- secondly, to provide a ‘teaching programme’ for the support worker, or those working closely with the learner, detailing the boundaries within which to plan individual teaching and learning support
- thirdly, as an evidence recording log in which to show where the evidence is located in the learner’s portfolio and the date of assessment.

The structure

The **module** gives a clear overview of what is expected of the learner once the module has been successfully completed.

Me

105 Who is Special to Me?

This module is about knowing who is important to you.

When you have finished this module you will have shown that you

- *have someone special in your life*
- *are aware that you can be special to someone*

There must be **evidence** to show how the learning outcome is achieved. The types of **evidence** listed are only suggestions and not exhaustive. Types of evidence could include:

- **paper-based** eg report, notes, letter, diary, questionnaire, witnesses statements, assessor records, records of discussion
- **audio and visual** eg recorded discussion/presentation/interview supported by assessor records, diagram, picture, poster, map, photographs
- **artefact** eg product, model, sculpture, display, exhibition

*Naturally occurring **evidence** is by far the best and if this is included it must show clearly how the **learning outcome** has been achieved and may need to be supported by an assessment record.*

*There are **three learning outcomes** for each module at Entry Level 1 under the heading '**to do this you must...**'. Each of the learning outcomes is 'measurable' and clearly states 'how' the learning can be achieved eg talk, explain, discuss, find out etc*

To do this you must	Guidance	The evidence you produce <u>can</u> include	Portfolio reference	Date
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*The **guidance** explains the range within which to plan teaching and learning support to enable the learning outcome to be*

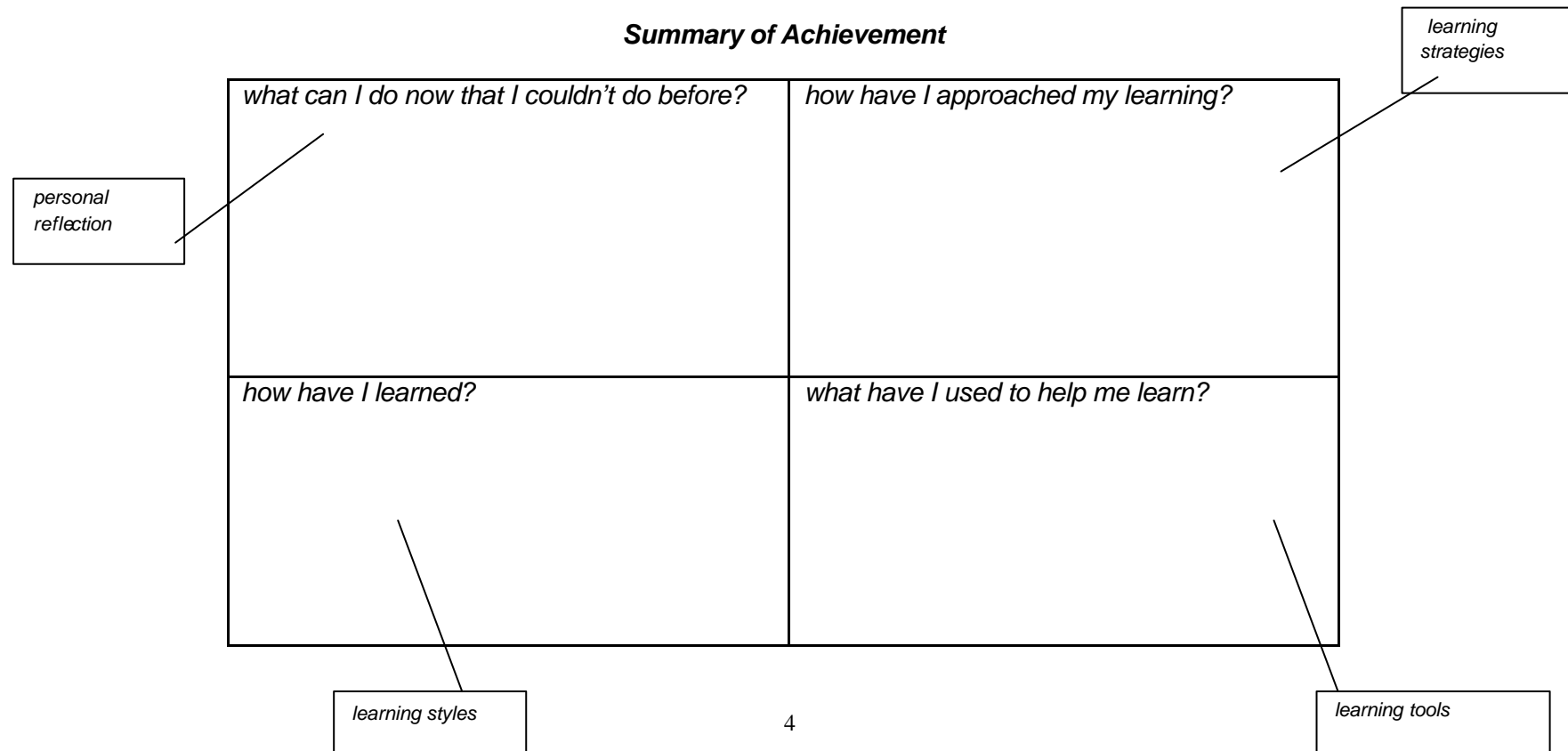
*Each piece of evidence must be given a **portfolio reference** eg p.1, p.2 or A, B, C, or 105.1, 105.2 etc and the **date** the **learning outcome** was*

Summary of Achievement

On completion of the first part of the module learners should be encouraged to reflect on their learning and, with help, record this on the Summary of Achievement.

The Summary of Achievement is designed to engage the learner through their learning, how they learn and how they take control of their learning. *An example of a completed Summary of Achievement can be found in the Learning Power assessment pack.*

Structure



100 Me and My Learning

Entry Level 1

This module is about demonstrating your skills as a learner.

When you have finished this module you will have shown that you

- are determined to learn
- have made the most of your learning
- know there are different ways of learning
- can learn with others

To do this you must	Guidance	The evidence you produce <u>can</u> include	Portfolio reference	Date
1. demonstrate how you kept going when faced with problems	<p>Keeping going when faced with problems is about concentrating on what you are doing and overcoming the things that get in the way.</p> <p>Give at least two different examples.</p>	<ul style="list-style-type: none"> • a witness statement or written record stating how you kept going when faced with problems 		
2. try out different ways of learning	<p>Different ways of learning are called 'learning styles' and include reading, talking, writing, listening to others, watching or doing something practical.</p> <p>Investigate different ways of learning and decide which learning style suits you best.</p> <p>Demonstrate at least three different ways of learning.</p>	<ul style="list-style-type: none"> • a list showing the different styles of learning you tried highlighting the learning style which suits you best or • annotated photographs of you trying out different learning styles with a note stating the learning style which suits you best 		

To do this you must	Guidance	The evidence you produce <u>can</u> include	Portfolio reference	Date
3. describe how you have learned so far	<p>How you have learned so far is about looking at your approach to learning and the methods you used eg how you monitored and reviewed progress, looked for new ways of learning and identified your strengths and weaknesses.</p> <p>Describe at least two different methods you used.</p>	<ul style="list-style-type: none"> • a copy of your review or • a log or diary showing a record of your learning or <p>a flow chart tracking your approach to learning</p>		
4. demonstrate peer learning	<p>Peer learning is about willingness to learn from, and with, your friends and/or other learners. You can learn from others' points of view but still be independent in your thinking and working.</p> <p>Provide at least two different examples of peer learning.</p>	<p>a witness statement stating how you were willing to learn from your peers, what you learned and how you remained independent in your thinking and working</p>		

100 Me and My Learning (cont.)

Entry Level 1

100 Me and My Learning (continued)

Summary of Achievement

what can I do now that I couldn't do before?	how have I approached my learning?
how have I learned?	what have I used to help me learn?

Candidate's name

Candidate's signature.....

Date

Assessor's name

Assessor's signature

Date

IV's name

IV's signature

Date

101 Keeping Safe

This module is about keeping out of danger.

When you have finished this module you will have shown that you know

- where to go to feel secure
- who can help you

To do this you must	Guidance	The evidence you produce <u>can</u> include	Portfolio reference	Date
1. talk about how to keep safe from harm during the day	Keeping yourself safe from harm means you should know the places you can go where you feel protected.	<ul style="list-style-type: none"> • a written statement from your support worker stating you know where to go to keep safe during the day and where to go to keep safe during the night. 		
2. talk about how to keep safe from harm during the night	These places should be the ones you feel comfortable in and not under threat.			

<p>3. find out who to contact when you need help or advice</p>	<p>Your support worker will discuss with you the people and places that can assist you in keeping safe from harm.</p> <p>You should know who the emergency services are and how to contact them.</p>	<ul style="list-style-type: none"> • a written record of the discussion stating you know the name(s) and contact details of the people and places that can give you help and advice with a note saying the type of help or advice each can give <p>and</p> <ul style="list-style-type: none"> • a copy of the contact details of the emergency services • a written statement from your support worker stating you know how to contact the emergency services 	
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101 Keeping Safe (continued)

Summary of Achievement

what can I do now that I couldn't do before?	how have I approached my learning?
how have I learned?	what have I used to help me learn?

Candidate's name

Candidate's signature.....

Date

Assessor's name

Assessor's signature

Date

IV's name

IV's signature

Date

102 Being Healthy

This module is about keeping yourself in good a condition.

When you have finished this module you will have shown that you

- are aware of the importance of being healthy
- know who can help you

To do this you must	Guidance	The evidence you produce <u>can include</u>	Portfolio reference	Date
1. identify a risk to your health and a way in which you can prevent it	Think of one way in which you can reduce any danger to your health and discuss with your support worker how to do this.	<ul style="list-style-type: none"> • a written statement from your support worker stating the risk to your health and how you have reduced it 		
2. say what it means to be healthy	Give at least one reason why it is important to keep yourself in a good condition.	<ul style="list-style-type: none"> • a written statement from your support worker stating you have talked about keeping yourself in a good condition 		
3. find out where you can get help about health problems	Your support worker will discuss with you the different people and places that can help you if you need to talk about health issues.	<ul style="list-style-type: none"> • leaflets giving details of people and places that can give you information about reducing risks to good health 		

Me

Entry Level 1

102 Being Healthy (continued)

Summary of Achievement

what can I do now that I couldn't do before?	how have I approached my learning?
how have I learned?	what have I used to help me learn?

Candidate's name

Candidate's signature.....

Date

Assessor's name

Assessor's signature

Date

IV's name

IV's signature

Date

103 How I Feel and Want to Feel

This module is about coping with feelings

When you have finished this module you will have shown that you

- are aware of your feelings
- know who can help you

To do this you must	Guidance	The evidence you produce <u>can</u> include	Portfolio reference	Date
<p>1. say how you feel about yourself</p>	<p>How you feel about yourself is about what you are experiencing ‘inside you’ now.</p> <p>Talk about the good feelings and the bad feelings you go through and describe how you want to feel.</p>	<ul style="list-style-type: none"> • a written statement from your support worker stating what your good feelings and your bad feelings are and • a description of how you would like to feel 		
<p>2. say how you want to feel about yourself</p>				
<p>3. know how to change the way you feel about yourself</p>	<p>Your support worker will discuss with you ways in which you can get help to start to feel better about yourself.</p>	<ul style="list-style-type: none"> • a written record of the discussion stating you have understood how to get help in making changes to the way you feel about yourself 		

Me

Entry Level 1

103 How I Feel and Want to Feel (continued)

Summary of Achievement

what can I do now that I couldn't do before?	how have I approached my learning?
how have I learned?	what have I used to help me learn?

Candidate's name

Candidate's signature.....

Date

Assessor's name

Assessor's signature

Date

IV's name

IV's signature

Date

104 What is Special to Me?

This module is about having something to value.

When you have finished this module you will have shown that you

- are aware that things can have a special meaning
- appreciate memorable things

To do this you must	Guidance	The evidence you produce <u>can</u> include	Portfolio reference	Date
1. name something that is special to you	Naming something special is about describing one thing that has a particular meaning to you and saying why it is important. This could be an item that someone has given you or an event that has a specific meaning.	<ul style="list-style-type: none"> • a written note or labeled photograph stating what is special to you and • a written note stating what makes it special 		
2. say what makes it special				
3. say what you would like to be special to you	What you would like to be special is about having something in your life that you could value.	<ul style="list-style-type: none"> • a written note stating what you would like to be special to you with a written explanation stating the reason why 		

Me

Entry Level 1

104 What is Special to Me? (continued)

Summary of Achievement

what can I do now that I couldn't do before?	how have I approached my learning?
how have I learned?	what have I used to help me learn?

Candidate's name

Candidate's signature.....

Date

Assessor's name

Assessor's signature

Date

IV's name

IV's signature

Date

Me

Entry Level 1

105 Who is Special to Me?

This module is about knowing who is important to you.

When you have finished this module you will have shown that you

- have someone special in your life
- are aware that you can be special to someone

To do this you must	Guidance	The evidence you produce <u>can</u> include	Portfolio reference	Date
1. name someone you feel close to	Naming someone you feel close to is about having someone in your life who is special to you. You do not have to name the person but you should say if he/she is a friend or relative.	<ul style="list-style-type: none">• a labeled photograph of the person who is special to youor• a written note stating the name or relationship of the person who is special to you		
2. say what makes them special	Say why this person is important to you.	<ul style="list-style-type: none">• a written note describing why your special person is 'special'		
3. say why you are special to someone	Tell your support worker one way in which you are important to someone else.	<ul style="list-style-type: none">• a written note stating why you are special to someone		

105 Who is Special to Me? (continued)

Summary of Achievement

what can I do now that I couldn't do before?	how have I approached my learning?
how have I learned?	what have I used to help me learn?

Candidate's name

Candidate's signature.....

Date

Assessor's name

Assessor's signature

Date

IV's name

IV's signature

Date

106 How I Am With Others

This module is about feeling comfortable with other people.

When you have finished this module you will have shown that you know how to

- respond appropriately to others
- get help coping with others

To do this you must	Guidance	The evidence you produce <u>can</u> include	Portfolio reference	Date
1. say what makes you feel comfortable with other people	How you feel in a comfortable situation is about being relaxed and safe. This could be with another person, a group of people or in a relationship.	<ul style="list-style-type: none"> • a written statement from your support worker stating one thing that makes you feel comfortable with other people and one thing that makes you feel uncomfortable with other people 		
2. say what makes you feel uncomfortable with other people	Talk about how you feel in a situation you are at ease and how you feel in a situation where you are not at ease.			
3. know how to start forming better relationships	Your support worker will discuss with you the people and places that can help with improving how you interact with other people.	<ul style="list-style-type: none"> • a written record of the discussion stating that you have understood where to get help with improving your interaction with other people or • leaflets or contact details of people and places that can help you start forming better relationships 		

Me

Entry Level 1

106 How I Am With Others (continued)

Summary of Achievement

what can I do now that I couldn't do before?	how have I approached my learning?
how have I learned?	what have I used to help me learn?

Candidate's name

Candidate's signature.....

Date

Assessor's name

Assessor's signature

Date

IV's name

IV's signature

Date

107 Handling Problems

This module is about dealing with difficulties.

When you have finished this module you will have shown that you

- are aware of problems
- know how to get help

To do this you must	Guidance	The evidence you produce <u>can</u> include	Portfolio reference	Date
<p>1. identify what the problem is</p> <p>2. talk about the problem</p>	<p>A problem is anything that is difficult to deal with. Say what the problem is and discuss it with your support worker.</p>	<ul style="list-style-type: none"> • a written note stating what the problem is and • a record of the discussion stating you have talked about the problem 		
<p>3. discuss the options for solving the problem</p>	<p>Discuss with your support worker the different ways of resolving the problem and the people and places that can help you handle problems that you cannot deal with yourself.</p>	<ul style="list-style-type: none"> • written details of at least two different ways the problem could be solved and • a record of the discussion stating you have talked about the people and places that can help you handle problems that you cannot deal with yourself 		

107 Handling Problems (continued)

Summary of Achievement

what can I do now that I couldn't do before?	how have I approached my learning?
how have I learned?	what have I used to help me learn?

Candidate's name

Candidate's signature.....

Date

Assessor's name

Assessor's signature

Date

IV's name

IV's signature

Date

108 Coping with Conflict

This module is about dealing with disagreements.

When you have finished this module you will have shown that you

- are aware of situations that cause friction
- know how to handle the situation

To do this you must	Guidance	The evidence you produce <u>can</u> include	Portfolio reference	Date
1. say what a conflict situation is	Talk about different situations where you might have a difference of opinion with another person or people and how you should deal with it.	<ul style="list-style-type: none"> • a record of the discussion stating you have understood different situations where you might experience differences of opinion and 		
2. discuss how you might deal with it		<ul style="list-style-type: none"> • a written note stating one conflict situation you have experienced and how you dealt with it 		
3. know who can help you with conflict situations	Your support worker will discuss with you the people and places that can help you deal with how conflict might be prevented in the future.	<ul style="list-style-type: none"> • leaflets or handouts giving information about people and places that can help you deal with preventing conflicts 		

Me

Entry Level 1

108 Coping with Conflict (continued)

Summary of Achievement

what can I do now that I couldn't do before?	how have I approached my learning?
how have I learned?	what have I used to help me learn?

Candidate's name

Candidate's signature.....

Date

Assessor's name

Assessor's signature

Date

IV's name

IV's signature

Date

109 Coping with Change

This module is about dealing with events that have altered your way of life.

When you have finished this module you will have shown that you

- are aware that situations change
- know how to deal with them

To do this you must	Guidance	The evidence you produce <u>can</u> include	Portfolio reference	Date
<p>1. name something that has or could change in your life</p>	<p>Something that has changed or could change is about an event that has a significant impact in your life. This could be your living circumstances or a relationship.</p> <p>Change can be good or bad.</p>	<ul style="list-style-type: none"> • a written note explaining one thing that has changed or might change in your life 		
<p>2. know who can help you cope with change</p>	<p>Your support worker will discuss with you the people and places that can influence change.</p>	<ul style="list-style-type: none"> • a record of the discussion stating you have understood the people and places who can help you cope with change or • leaflets or handouts giving information about people and places that can help you cope with change 		
<p>3. say how you could deal with it</p>	<p>Talk about something significant that has or could change your life and say how you coped or might cope with it.</p>	<ul style="list-style-type: none"> • a record of the discussion stating how you dealt with it or might deal with it 		

Me

Entry Level 1

109 Coping with Change (continued)

Summary of Achievement

what can I do now that I couldn't do before?	how have I approached my learning?
how have I learned?	what have I used to help me learn?

Candidate's name

Candidate's signature.....

Date

Assessor's name

Assessor's signature

Date

IV's name

IV's signature

Date

My Space

Entry Level 1

110 Where I Want to Be

This module is about living somewhere you feel safe.

When you have finished this module you will have shown that you know

- the importance of having your own space
- who to contact for help

To do this you must	Guidance	The evidence you produce <u>can</u> include	Portfolio reference	Date
1. talk about how you would like to live	How you would like to live is about being somewhere you feel safe and secure. It should be a place where you can keep your own things and spend time by yourself.	<ul style="list-style-type: none"> • a written description stating how and where you would like to live 		
2. talk about why you would like to live in this way	Discuss with your support worker the reasons why you would choose to live in this way.	<ul style="list-style-type: none"> • a written note stating one reason why you want to live in the way you have chosen 		
3. discuss housing options	Your support worker will tell you the people and places that can provide information about the different types of accommodation available to you.	<ul style="list-style-type: none"> • leaflets or handouts giving information about people and places that can provide you with information about different types of accommodation available to you 		

My Space

Entry Level 1

110 Where I Want to Be (continued)

Summary of Achievement

what can I do now that I couldn't do before?	how have I approached my learning?
how have I learned?	what have I used to help me learn?

Candidate's name

Candidate's signature.....

Date

Assessor's name

Assessor's signature

Date

IV's name

IV's signature

Date

My Space

Entry Level 1

111 Having My Own Personal Things

This module is about having possessions.

When you have finished this module you will have shown that you

- are aware what personal belongings are
- understand the importance of personal belongings

To do this you must	Guidance	The evidence you produce <u>can</u> include	Portfolio reference	Date
1. find out how you get personal things	Your support worker will discuss with you what personal things are and how you go about obtaining them and keeping them.	<ul style="list-style-type: none"> • a record of the discussion stating you have understood what personal things are and how you obtain and keep them 		
2. list your personal things	If you do not have any items of your own you must say what things you would like to have that could be special to you.	<ul style="list-style-type: none"> • a list or labeled pictures of at least three different things that are or that you would like to be personal to you with a written explanation stating why each is or would be special or has a significant meaning to you 		
3. say why they are important to you	You must explain why the personal items you have named are or would be of some significance to you.			

111 Having My Own Personal Things (continued)

Summary of Achievement

what can I do now that I couldn't do before?	how have I approached my learning?
how have I learned?	what have I used to help me learn?

Candidate's name

Candidate's signature.....

Date

Assessor's name

Assessor's signature

Date

IV's name

IV's signature

Date

My Space

Entry Level 1

112 Looking After Myself

This module is about taking care of yourself.

When you have finished this module you will have shown that you

- are aware of the importance of how you live
- know how to get advice

To do this you must	Guidance	The evidence you produce <u>can</u> include	Portfolio reference	Date
1. name something you do to care for yourself	Caring for yourself is about putting yourself first and feeling important. Think about the way you are living and the types of food you are eating.	<ul style="list-style-type: none">• a written note stating one thing you do to care for yourself		
2. talk about why it is important to look after yourself	Say why it is important to take care of yourself and what the consequences will be if you do not take care of yourself properly.	<ul style="list-style-type: none">• a record of the discussion stating you have understood the importance of looking after yourself and the consequences if you do not		
3. know who to talk to for advice on looking after yourself	Your support worker will discuss with you the people and places that can help you look after yourself.	<ul style="list-style-type: none">• leaflets or handouts giving information about people and places that can provide you with information about looking after yourself		

112 Looking After Myself (continued)

Summary of Achievement

what can I do now that I couldn't do before?	how have I approached my learning?
how have I learned?	what have I used to help me learn?

Candidate's name

Candidate's signature.....

Date

Assessor's name

Assessor's signature

Date

IV's name

IV's signature

Date

My Space

Entry Level 1

113 Sharing

This module is about what you can and cannot share.

When you have finished this module you will have shown that you know

- the difference between what you can share and what you cannot share
- who to contact for help

To do this you must	Guidance	The evidence you produce <u>can</u> include	Portfolio reference	Date
1. name something you can share	Your support worker will explain the things which are safe, to either lend or borrow, and the things that are not safe, to either lend or borrow. Identify one thing that you can lend or borrow that is safe to do so.	<ul style="list-style-type: none"> • a written note stating something safe that you have either lent or borrowed with a written explanation stating why it was safe to do so 		
2. consider something you may not share	Name one thing that you must not lend or borrow which could harm your health or safety.	<ul style="list-style-type: none"> • a written note stating something that is unsafe to lend or borrow with a written explanation stating why it is not safe to do so 		
3. discuss the consequences of sharing	Your support worker will discuss with you what happens if you are unsure of the things you can and cannot share.	<ul style="list-style-type: none"> • a record of the discussion stating that you have understood the consequences of sharing 		

My Space

Entry Level 1

113 Sharing (continued)

Summary of Achievement

what can I do now that I couldn't do before?	how have I approached my learning?
how have I learned?	what have I used to help me learn?

Candidate's name

Candidate's signature.....

Date

Assessor's name

Assessor's signature

Date

IV's name

IV's signature

Date

My Space

Entry Level 1

114 People I Live With

This module is about getting on with others.

When you have finished this module you will have shown that you

- are capable of living with others
- know how to get advice

To do this you must	Guidance	The evidence you produce <u>can</u> include	Portfolio reference	Date
1. name someone you live with	Someone you live with is about being with the same person on a daily basis and getting on with them.	<ul style="list-style-type: none">• a written note describing or naming the person or people you live with		
2. talk about why it is important to get on with people	Say why it is important to get on with the person or people you live with and the possible consequences if you do not get on.	<ul style="list-style-type: none">• a record of the discussion stating you have understood the importance of getting on with the person or people you live with and what might happen if you do not get on with the person or people you live with		
3. know who to talk to for help or advice about living with others	Your support worker will discuss with you the people and places that can give you advice about living with other people and getting on with them.	<ul style="list-style-type: none">• a written record of the discussion stating you know the name(s) and contact details of the people and places that can give you help or advice with a note saying the type of help or advice each can give		

114 People I Live With (continued)

Summary of Achievement

what can I do now that I couldn't do before?	how have I approached my learning?
how have I learned?	what have I used to help me learn?

Candidate's name

Candidate's signature.....

Date

Assessor's name

Assessor's signature

Date

IV's name

IV's signature

Date

Things I do

Entry Level 1

115 What I Do and Want To Do

This module is about having a pattern in your life.

When you have finished this module you will have shown that you

- recognise your own routine
- can think about changes you want

To do this you must	Guidance	The evidence you produce <u>can</u> include	Portfolio reference	Date
1. discuss your routine or pattern	Your routine or pattern is about what you do on a regular daily or weekly basis.	<ul style="list-style-type: none">• a diary page or diary pages showing your regular daily or weekly pattern		
2. consider whether you want a different routine	Your support worker will discuss with you changes you could make to your regular pattern.	<ul style="list-style-type: none">• a written record of the discussion stating whether or not you want a different routine explaining the reason(s) why		
3. introduce something new to your routine	Think of at least one thing you could do on a daily or weekly basis to form a different routine.	<ul style="list-style-type: none">• a written note stating at least one thing you have introduced to your daily or weekly routine and stating when you do it		

115 What I Do and Want To Do (continued)

Summary of Achievement

what can I do now that I couldn't do before?	how have I approached my learning?
how have I learned?	what have I used to help me learn?

Candidate's name

Candidate's signature.....

Date

Assessor's name

Assessor's signature

Date

IV's name

IV's signature

Date

Things I Do

Entry Level 1

116 Managing my Time

This module is about coping with boredom.

When you have finished this module you will have shown that you

- are aware of activities you could do
- can do an activity in your spare time

To do this you must	Guidance	The evidence you produce <u>can</u> include	Portfolio reference	Date
1. say when you have time to spare	Having time to spare is about moments when you have nothing to do. Say a time when you are doing nothing.	<ul style="list-style-type: none">• a diary page or diary pages with the times of your spare time highlighted		
2. discuss ways of filling your spare time	Your support worker will talk to you about different things/activities you can do to occupy your time.	<ul style="list-style-type: none">• a record of the discussion stating you have talked about different things you can do to fill your spare time		
3. choose a way in which you could fill your time	Decide on one activity to do to occupy your time and show that you can do it.	<ul style="list-style-type: none">• a written note explaining the activity you chose with a labeled photograph or witness statement stating you have completed the activity successfully		

Things I Do

Entry Level 1

116 Managing my Time (continued)

Summary of Achievement

what can I do now that I couldn't do before?	how have I approached my learning?
how have I learned?	what have I used to help me learn?

Candidate's name

Candidate's signature.....

Date

Assessor's name

Assessor's signature

Date

IV's name

IV's signature

Date

Things I Do

Entry Level 1

117 Having Fun

This module is about looking forward to doing something.

When you have finished this module you will have shown that you can

- fill your time
- enjoy yourself

To do this you must	Guidance	The evidence you produce <u>can</u> include	Portfolio reference	Date
1. discuss ways of enjoying yourself	Ways of enjoying yourself are about activities you do where you have a good time	<ul style="list-style-type: none">• a record of the discussion stating that you understood there are different ways of enjoying yourselfor• a list of the activities you discussed		
2. choose a way to enjoy yourself	Name an activity you could do, that is something new or different, that you would get pleasure from. Arrange a day and time to do the activity you have chosen.	<ul style="list-style-type: none">• a diary page with a written note stating your chosen activity on the day and time you did it.		
3. talk about what you did	Say what you did and whether or not you were pleased with the way things went.	<ul style="list-style-type: none">• a record of the discussion stating what you were pleased with and what you were not pleased with		

Things I Do

Entry Level 1

117 Having Fun (continued)

Summary of Achievement

what can I do now that I couldn't do before?	how have I approached my learning?
how have I learned?	what have I used to help me learn?

Candidate's name

Candidate's signature.....

Date

Assessor's name

Assessor's signature

Date

IV's name

IV's signature

Date

Things I Do

Entry Level 1

118 Handling My Own Money

This module is about managing money.

When you have finished this module you will have shown that you know how

- much money you have and how you get it
- to keep your money safe

To do this you must	Guidance	The evidence you produce <u>can</u> include	Portfolio reference	Date
1. know what money you are entitled to and what it is for	Money your are entitled to is about the allowances and benefits you qualify for.	<ul style="list-style-type: none"> • a written note stating at least one allowance or benefit you are entitled to with a written explanation stating what it is for 		
2. say when and where you receive your money	You should know the day you can receive your money and the place you receive it from. There are certain ways of obtaining money illegally you should be aware of.	<ul style="list-style-type: none"> • a written note of the day and place you obtain your allowance(s) or benefit(s) and • a witness statement from your support worker stating you understand there are illegal ways of obtaining money 		
3. know how to keep your money safe	Your support worker will discuss with you the best way to look after your money and keep it secure.	<ul style="list-style-type: none"> • a record of the discussion stating you understand the best way to look after and keep your money safe 		

Things I Do

Entry Level 1

118 Handling My Own Money (continued)

Summary of Achievement

what can I do now that I couldn't do before?	how have I approached my learning?
how have I learned?	what have I used to help me learn?

Candidate's name

Candidate's signature.....

Date

Assessor's name

Assessor's signature

Date

IV's name

IV's signature

Date

Things I Do

Entry Level 1

119 Learning Something New

This module is about finding out how to learn something you did not know.

When you have finished this module you will have shown that you

- understand about learning
- have learned something new

To do this you must	Guidance	The evidence you produce <u>can</u> include	Portfolio reference	Date
1. discuss different ways of learning	People learn in different ways. It could be finding out something by reading or watching someone give a demonstration and then trying it out yourself.	<ul style="list-style-type: none">• a written note stating at least two different ways of learning		
2. say what you would like to learn	Name one thing that you want to learn. It must be something that you did not know before or something you are not very good at.	<ul style="list-style-type: none">• a written note stating what you would like to learn and the arrangements you have made for your learning to take place		
3. talk about how your learning went	Discuss with your support worker how your learning went. Say what you think went well and what you think did not go well.	<ul style="list-style-type: none">• a record of your discussion describing how your learning went including what went well and what did not go so well		

Things I Do

Entry Level 1

119 Learning Something New (continued)

Summary of Achievement

what can I do now that I couldn't do before?	how have I approached my learning?
how have I learned?	what have I used to help me learn?

Candidate's name

Candidate's signature.....

Date

Assessor's name

Assessor's signature

Date

IV's name

IV's signature

Date

Things I Do

Entry Level 1

120 Building on a Skill

This module is about working on something you are good at.

When you have finished this module you will have shown that you

- are aware you have a skill
- know how to improve your skill

To do this you must	Guidance	The evidence you produce <u>can</u> include	Portfolio reference	Date
1. identify a skill you have	A skill is something you have experience in or are good at doing.	<ul style="list-style-type: none">• a written explanation describing a skill you have		
2. talk about a way of improving your skill	Discuss with your support worker one way which you can get better at your skill.	<ul style="list-style-type: none">• a record of the discussion stating the way in which you can improve your skill and the arrangements you have made to do this		
3. show that your skill has improved	Practise making your skill better and demonstrate the improvement to another person.	<ul style="list-style-type: none">• a witness statement from the person who has observed you demonstrating the improvement to your skill		

120 Building on a Skill (continued)

Summary of Achievement

<p>what can I do now that I couldn't do before?</p>	<p>how have I approached my learning?</p>
<p>how have I learned?</p>	<p>what have I used to help me learn?</p>

Candidate's name

Candidate's signature.....

Date

Assessor's name

Assessor's signature

Date

IV's name

IV's signature

Date