





UNIT 201

STYLE AND FINISH HAIR (CH1)

Styling and finishing hair is one of the most popular salon services. These skills are important because they create the overall finish that a client demands and it is also the end result that the client sees in the mirror. Blow drying, finger drying and finishing are all skills that you will need as a hairdresser, no matter what route you take in your hairdressing career. Hair can be

finished in various different ways. It can be smoothed, straightened and curled, whilst movement and volume can be created by the use of various tools. By using heated styling equipment such as straighteners and tongs, you will get a fabulous finish to your blow-dry. As your skills, knowledge and confidence grow, you will see how you can create some amazing styles.



UNIT 201

STYLE AND FINISH HAIR (CH1)

MANDATORY

This unit has five outcomes.

Outcome 1

Be able to style and finish hair

Outcome 2

Know how health and safety policies and procedures affect styling and finishing services

Outcome 3

Understand the factors that influence styling and finishing services

Outcome 4

Understand the science of styling and finishing hair

Outcome 5

Understand the tools, equipment, products and techniques used to style and finish hair



Always ensure that your thermal straightening tools are at the right temperature for the hair type – lower for finer hair, higher for thicker hair.

Shelly Dalton

EVIDENCE REQUIREMENTS

You must practically demonstrate in your everyday work that you have met the standard for styling and finishing hair. The standards cover things that you must do (performance criteria), things that you must cover (range) and things that you must know (knowledge).

WHAT YOU MUST DO

Your assessor will observe your performance on at least **four** occasions, each on different clients. You must do correctly all the things listed under 'What you must do' on the sign-off sheets that follow. Simulation is not allowed for any performance evidence within this unit. You must prove to your assessor that you have the necessary skills to be able to perform competently in respect of all the items in this range.

It is likely most evidence of your performance will be gathered from the observations made by your assessor but you may be required to produce other evidence, such as witness testimony, to support your performance if your assessor has not been present.

Clients will expect you to carry out your hairdressing on time. It is not good customer service to keep clients waiting.



WHAT YOU MUST COVER

For each of the following statements, there is a range of things that you must cover. You must show that you have:

Used four out of the following seven products:

heat protectors

sprays

mousse

creams

gels

serums

wax

Used both the types of heated styling equipment:

straighteners

tongs

Styled all of the following hair lengths:

above shoulder

below shoulder

one length

layered

Used all of the blow drying tools and equipment:

hand dryer

attachments

round brush

flat brush

Taken into account all the factors:

hair characteristics

hair classifications

hair cut

hair growth patterns

head and face shape

Produced all the following blow dry finishes:

straightening

smoothing

creating volume

creating movement

creating curl



Given all the following advice and recommendations:

how to maintain their look

time interval between services

present and future products and services

USEFUL WORDS

Aftercare products Products such as lotions, sprays or serums which are used to help maintain a style.

Creating curl The size of the brush will determine how much curl is produced. The smaller the brush, the curlier the finish.

Creating movement Determined by the direction of the style and the amount of waves and curls the style has.

Creating volume Volume is created by the direction at which the hair is held at the roots when drying. The finished result will be bouncy at the roots.

Environmental and sustainable working practices Practices which reduce harm to the environment and reduce wastage of resources.

Finger drying Using the fingers and hands to lift, mould and style the hair into shape whilst drying it with a hand-held dryer.

Hair density Whether the hair is sparse or abundant. This is a factor to consider when advising clients on hair styles.

Hair elasticity An indication of the hair's strength which allows it to stretch and return to its original length without damage.

Hair texture Individual hair thickness. Hair can be fine, medium or coarse.

Heat protectors A product that is applied to wet or dry hair to coat and protect it from damage caused by using heated styling/finishing equipment.

Reduce fatigue What to do to help stop you getting tired.

Serum A product applied to wet or dry hair to add moisture and shine.

Smoothing Working with the lie of the cuticle to ensure a smooth finish. This may be created when straightening, adding movement or volume to the hair.

Tools Any tools, for example brushes or rollers, necessary to deliver a hairdressing service.



OBSERVATION SIGN-OFF SHEET

UNIT 201 STYLE AND FINISH HAIR (CH1)

WHAT YOU MUST DO

Within your work, you must show your assessor that you can do the following. You will be observed a number of times (as a guide, at least **four** times, each on **different** clients). Each time you achieve **all** the points listed, your assessor will tick the circle and enter the date.

OUTCOME 1

Be able to style and finish hair

- a Prepare for styling and finishing services
- b Apply safe and hygienic methods of working throughout services
- c Consult with clients to confirm the desired look
- d Select suitable products, tools and equipment
- e Carry out styling and finishing services
- f Provide clients with advice and recommendations on the service(s) provided

| | 1 | 2 | 3 | 4 | | |
|----------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| Observation | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Date achieved | | | | | | |
| Candidate signature | | | | | | |
| Assessor signature | | | | | | |
| IQA signature (if sampled) | | | | | | |
| EQA signature (if sampled) | | | | | | |



OBSERVATION SIGN-OFF SHEET

UNIT 201 STYLE AND FINISH HAIR (CH1)

WHAT YOU MUST COVER



Before ticking the circles below, you must make sure that you have achieved 'What you must do' in Outcome 1.

Products

Tick the products used in each observation. You must use **four** out of the **seven** products.

| | 1 | 2 | 3 | 4 | | |
|-----------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| Heat protectors | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Sprays | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Mousse | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Creams | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Gels | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Serums | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Wax | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

Heated styling equipment

Tick the heated styling equipment used in each observation. You must use **both** types of heated styling equipment.

| | 1 | 2 | 3 | 4 | | |
|---------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| Straighteners | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Tongs | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

Hair length

Tick the hair length styled in each observation. You must style **all** hair lengths.

| | 1 | 2 | 3 | 4 | | |
|----------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| Above shoulder | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Below shoulder | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| One length | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Layered | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

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Hairdressing is a fashion industry. Therefore, your personal appearance is important. Always make sure that your hair is freshly washed and styled, that your nails are neatly presented, your dress code meets the requirements of your salon and that your footwear is clean.



HINTS AND TIPS

Before you use your hairdryer, check that the filter is clean and in place.



OBSERVATION SIGN-OFF SHEET

UNIT 201 STYLE AND FINISH HAIR (CH1)

WHAT YOU MUST COVER (CONTINUED)

Image courtesy of Richard Ward

Tools and equipment

Tick the tools and equipment used in each observation. You must use **all** of the types of blow drying tools and equipment.

| | 1 | 2 | 3 | 4 | | |
|-------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| Hand dryer | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Attachments | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Round brush | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Flat brush | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

Factors

Tick the factors taken into account in each observation. You must take into account **all** the factors.

| | 1 | 2 | 3 | 4 | | |
|----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| Hair characteristics | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Hair classifications | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Hair cut | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Hair growth patterns | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Head and face shape | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

Blow dry finish

Tick the blow dry finishes used in each observation. You must produce **all** of the blow dry finishes.

| | 1 | 2 | 3 | 4 | | |
|-------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| Straightening | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Smoothing | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Creating volume | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Creating movement | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Creating curl | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

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Always ask open-ended questions so that your client doesn't just give you one-word answers. Open-ended questions usually start with 'When', 'Why', 'What', 'Who' and 'How'.



Image courtesy of L'Oréal Professionnel

OBSERVATION SIGN-OFF SHEET

UNIT 201 STYLE AND FINISH HAIR (CH1)

WHAT YOU MUST COVER (CONTINUED)



Advice and recommendations

Tick the advice and recommendations given in each observation. You must give **all** the advice and recommendations.

| | 1 | 2 | 3 | 4 | | |
|--|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| How to maintain their look | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Time interval between services | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Present and future products and services | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

| | 1 | 2 | 3 | 4 | | |
|----------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| Observation | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Date achieved | | | | | | |
| Candidate signature | | | | | | |
| Assessor signature | | | | | | |
| IQA signature (if sampled) | | | | | | |
| EQA signature (if sampled) | | | | | | |



HINTS AND TIPS

To achieve a straight, shiny look, the air flow from the blow dryer needs to be directed 'down' the hair shaft from the roots until the ends, as this helps to smooth the cuticle.



COMMENT FORM

UNIT 201 STYLE AND FINISH HAIR (CH1)

This form can be used for assessor/candidate comments, if required.

Comments

Date

1

2

3

4



Image courtesy of Richard Ward

Image courtesy of L'Oréal Professionnel

Image courtesy of Wella

KNOWLEDGE SIGN-OFF SHEET

UNIT 201 STYLE AND FINISH HAIR (CH1)

WHAT YOU MUST KNOW



Outcome 2

Know how health and safety policies and procedures affect styling and finishing services

2.1 Outline responsibilities for health and safety in own role

| | | |
|-----|---|----------------------|
| K1 | your responsibilities for health and safety as defined by any specific legislation covering your job role | Cross-unit knowledge |
| K4 | the range of protective clothing that should be available for clients | Inferred knowledge |
| K6 | how the position of your client and yourself can affect the desired outcome and reduce fatigue and the risk of injury | Cross-unit knowledge |
| K15 | the importance of personal hygiene and presentation in maintaining health and safety in your workplace | Cross-unit knowledge |

2.2 Describe the potential hazards and possible risks that may occur in the workplace and affect services

| | | |
|-----|--|----------------------|
| K12 | the hazards and risks which exist in your workplace and the safe working practices which you must follow | Cross-unit knowledge |
|-----|--|----------------------|

2.3 Describe safe and hygienic working methods and practices that must be followed throughout the services

| | | |
|-----|--|----------------------|
| K2 | the different types of working methods that promote environmental and sustainable working practices | Cross-unit knowledge |
| K3 | your salon's requirements for client preparation | Inferred knowledge |
| K16 | the correct methods of waste disposal | Inferred knowledge |

2.4 Describe contact dermatitis and how it can be prevented

| | | |
|----|---|----------------------|
| K5 | what contact dermatitis is, and how to avoid developing it whilst carrying out styling and finishing services | Cross-unit knowledge |
|----|---|----------------------|

2.5 Explain the importance of questioning clients prior to and during services

| | | |
|----|--|----------------------|
| K7 | why it is important to avoid cross-infection and infestation | Cross-unit knowledge |
|----|--|----------------------|

| | | |
|----|---|----------------------|
| K8 | why it is important to keep your work area clean and tidy | Cross-unit knowledge |
|----|---|----------------------|

| | | |
|-----|--|----------------------|
| K10 | methods of cleaning, disinfecting and sterilisation used in salons | Cross-unit knowledge |
|-----|--|----------------------|

| | | |
|-----|---|----------------------|
| K11 | methods of working safely and hygienically and which minimise the risk of cross-infection and cross-infestation | Cross-unit knowledge |
|-----|---|----------------------|

You will be assessed on your knowledge and understanding of the following points. All knowledge labelled as mandatory will be assessed via an online test or a written paper.

Some knowledge areas appear in more than one unit. These are shaded in pink and appear in one cross-unit knowledge test. This will be assessed by an online test, a written paper or oral questions.

Some knowledge areas appear in grey and are labelled as inferred knowledge. These areas will not appear in any written or online tests but will be observed when you are assessed on your practical skills.

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KNOWLEDGE SIGN-OFF SHEET

UNIT 201 STYLE AND FINISH HAIR (CH1) WHAT YOU MUST KNOW (CONTINUED)

Image courtesy of Richard Ward

Outcome 3

Understand the factors that influence styling and finishing services

3.1 Explain the factors that may influence the services provided

| | | |
|-----|--|--------------------|
| K17 | your salon's expected service times for styling and finishing hair | Inferred knowledge |
|-----|--|--------------------|

| | | |
|-----|---|---------------------|
| K25 | how different factors affect the styling process and the finished look | Mandatory knowledge |
|-----|---|---------------------|

| | | |
|-----|--|---------------------|
| 3.2 | Describe ways of dealing with any influencing factors | Mandatory knowledge |
|-----|--|---------------------|

Outcome 4

Understand the science of styling and finishing hair

4.1 Explain the effects of humidity on hair

| | | |
|-----|---------------------------------|---------------------|
| K19 | the effects of humidity on hair | Mandatory knowledge |
|-----|---------------------------------|---------------------|

4.2 Explain the physical effects of styling on the hair structure

| | | |
|-----|---|---------------------|
| K20 | the physical effects of the blow drying, finger drying and heated styling processes on the hair structure | Mandatory knowledge |
|-----|---|---------------------|

4.3 Explain why hair should be kept damp during blow drying and finger drying

| | | |
|-----|---|---------------------|
| K18 | why hair should be kept damp during the blow drying and finger drying process | Mandatory knowledge |
|-----|---|---------------------|

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Image courtesy of Denman

Outcome 5

Understand the tools, equipment, products and techniques used to style and finish hair

5.1 Identify the techniques, tools, equipment and products available and the effects they achieve

| | | |
|-----|---|--------------------|
| K21 | the types of products and equipment used for styling and finishing hair | Inferred knowledge |
|-----|---|--------------------|

5.2 Describe the correct use and maintenance of styling and finishing tools

| | | |
|-----|--|----------------------|
| K9 | the correct use and maintenance of tools and equipment | Cross-unit knowledge |
| K14 | why it is important to check electrical equipment used to aid the styling and finishing processes | Mandatory knowledge |
| K23 | why and how to use the different types of: K23.1 styling brushes when blow drying K23.2 attachments when blow drying K23.3 heated styling equipment when styling and finishing K23.4 products and when to apply them | Inferred knowledge |

5.3 Explain the importance of following salon and manufacturers' instructions during styling and finishing services

| | | |
|-----|--|--------------------|
| K13 | suppliers' and manufacturers' instructions for the safe use of equipment, materials and products which you must follow | Inferred knowledge |
| K22 | the manufacturers' instructions on the use of the specific styling and finishing products in your salon | Inferred knowledge |

5.4 Explain the importance of applying correct techniques during services

| | | |
|-----|---|---------------------|
| K24 | current techniques for blow drying, finger drying and finishing hair | Inferred knowledge |
| K26 | how to manage different hair lengths when styling the hair | Inferred knowledge |
| K27 | how the finished result of blow drying is affected by: P27.1 tension P27.2 size of hair mesh P27.3 size of brush P27.4 the angle at which the brush is held P27.5 not allowing the hair to cool before removing the hair mesh from the brush | Mandatory knowledge |
| K28 | why the direction of the air flow when drying is important to achieve the desired look | Mandatory knowledge |
| K29 | why hair needs to be sectioned for styling | Mandatory knowledge |
| K30 | how the size of the section and the angle at which the hair is held during drying influences the volume and direction of the hair movement | Mandatory knowledge |
| K31 | the effects that can be achieved by curling on and off base | Mandatory knowledge |

Continues on next page



HINTS AND TIPS

After every blow dry, show the client the rear view of the style you have created by using a back mirror.



KNOWLEDGE SIGN-OFF SHEET

UNIT 201 STYLE AND FINISH HAIR (CH1)

WHAT YOU MUST KNOW (CONTINUED)

Image courtesy of Richard Ward

| | | |
|-----|---|----------------------|
| K32 | why temperature of equipment should be adapted to suit different hair types | Mandatory knowledge |
| K33 | how the incorrect application of heat can affect the hair and scalp | Mandatory knowledge |
| K34 | why hair should be allowed to cool prior to finishing | Mandatory knowledge |
| K35 | when and how to apply different back combing and back brushing techniques to achieve the desired look | Mandatory knowledge |
| 5.5 | Outline the importance of using products cost effectively | Cross-unit knowledge |

5.6 Explain the importance of providing clients with advice and recommendations on the service(s) provided and products available

| | | |
|-----|--|----------------------|
| K36 | the importance of providing advice and recommendations on the products and services provided in the salon | Cross-unit knowledge |
|-----|--|----------------------|

Tick if mandatory knowledge was covered by an online test ☐ Date

Tick if mandatory knowledge was covered by a written test ☐ Date

Tick if cross-unit knowledge test was an online test ☐ Date

Tick if cross-unit knowledge test was a written test ☐ Date

MORE INFORMATION

For more details on the knowledge and understanding range of this unit, please turn to the 'More Information' section in the back of this logbook.



Keep the hairdryer moving to avoid applying too much heat in a single spot.



Blow-drying – why the finished look is important. I cannot emphasise how important it is to work really hard on getting the very best finish to your work. A great blow dry shows your client just what can be achieved with the haircut you have created and gives the client that all important 'first impression' of their new cut.

Jennifer Cheyne, OBE

Image courtesy of Diva Pro

SUPPLEMENTARY NOTES

UNIT 201 STYLE AND FINISH HAIR (CH1)



Your assessor may use this space for any additional comments they may have about your work.

Comments

Date

UNIT SIGN-OFF

This section must be signed when the unit is complete.

We confirm that this evidence is authentic and the assessments were conducted under specified conditions and that all the performance criteria, range and essential knowledge requirements have been met for this unit.

Candidate signature

Date

Assessor signature

Date

IQA signature (if sampled)

Date

EQA signature (if sampled)

Date