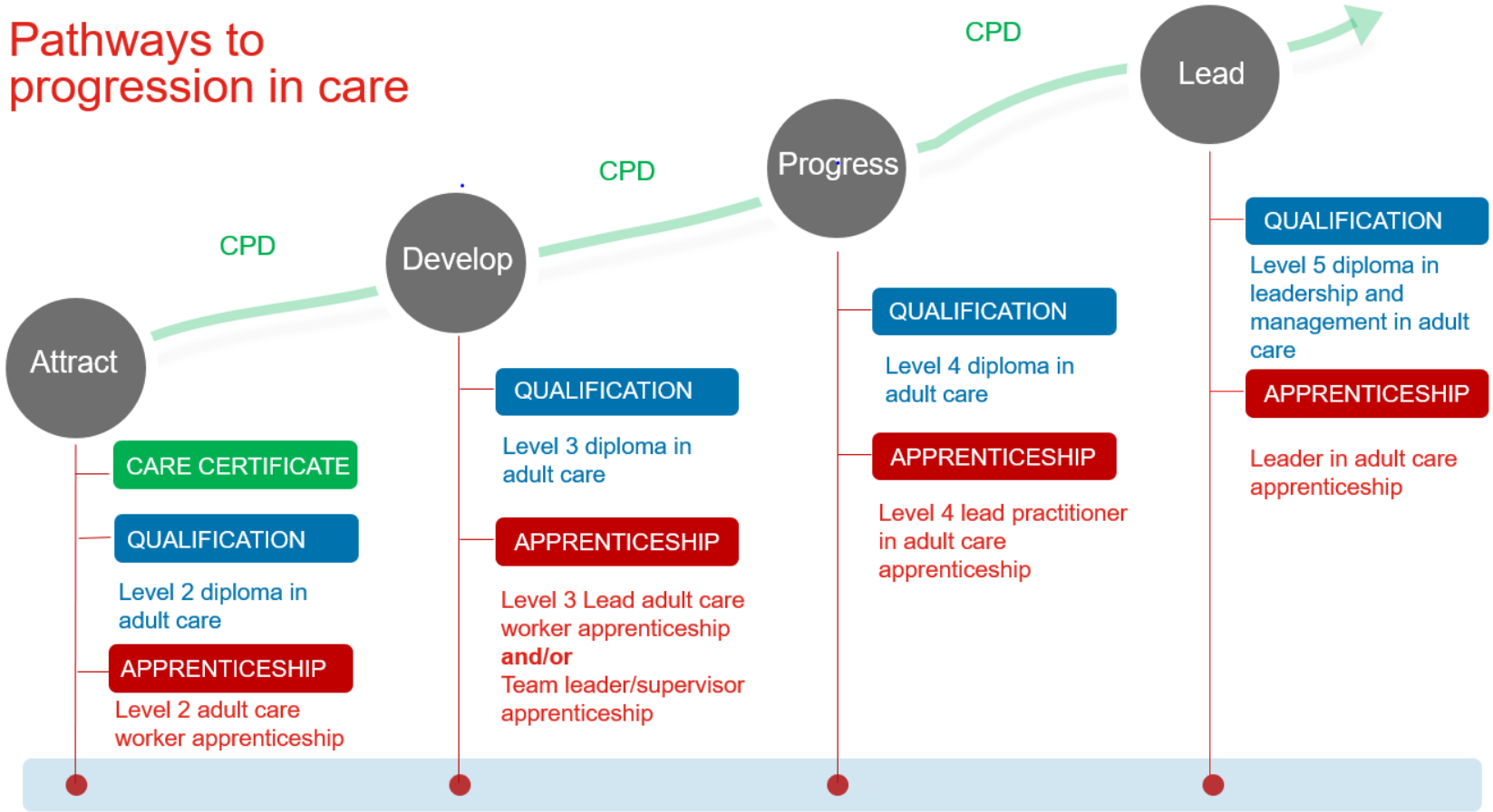Pathways to progression in care