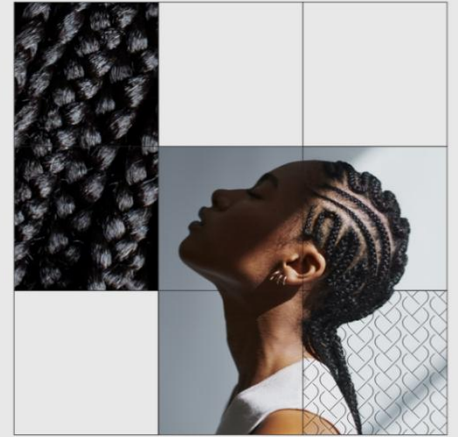


Textured hair

Consultation guide



Client profile

Name: _____

Date: _____

Preferred pronouns: _____

Hair goals: _____

Hair & scalp assessment

Question/area	Notes
Scalp condition (e.g. Dry, itchy, flaky)	
Hair porosity (low / medium / high)	
Hair density (low / medium / high)	
Curl pattern (e.g. 3a–4c or custom)	
History of chemical treatments	
Protective styles recently used	
Scalp sensitivity or known allergies	

Hydration & moisture retention

Question/checkpoint	Notes
Is the client using a leave-in conditioner regularly?	
How often is deep conditioning used?	
Are oils/butters used for sealing moisture?	
Is the client experiencing dryness or breakage?	
Does water bead or absorb into hair easily?	

Tip: hydration is best locked in using the loc (liquid–oil–cream) or lco method, tailored to porosity.

Water quality & wash routine

Consideration	Notes
Hard vs soft water at home	
Use of clarifying shampoo	
Frequency of washes	
Use of heat when drying	

Tip: hard water can leave mineral build-up that affects moisture and curl pattern. Recommend a chelating shampoo if needed.

Protective styling & maintenance

Ask the client...	Notes
Do they use protective styles? (e.g. Braids, twists)	
How long are styles typically worn?	
Is the hair properly prepped beforehand?	
Are edges and scalp being cared for?	

Client education & aftercare

To be discussed with client:

- daily hydration tips
- satin/silk pillowcases or bonnets
- detangling methods (e.g. Finger vs tool)
- product types suitable for their hair goals
- heat protection (if applicable)

Recommended products / techniques

Type	Notes
Cleanser	
Conditioner / mask	
Leave-in conditioner	
Oil / cream / gel	
Recommended styling tools	

Next steps/ notes for stylist

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