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Nail enhancements and advanced hand and nail art techniques

Nail enhancements can be applied by using the gel, liquid and powder or wrap system. Technology used to manufacture nail enhancement products has moved forward greatly, and there are many top class products which are easy to work with, give excellent clarity and offer a wide range of colours. In particular, there are now wonderful gel and liquid and powder systems that are fantastic for creating nail art designs too. Artwork can continue from the nail plate onto the skin using appropriate products to create a more avant-garde look which is often used in photographic and competition work. Health, safety and hygienic procedures must always be followed. This unit is designed to bring out the creative side in you!

Assignment mark sheet

Unit 334 Nail enhancements and advanced hand and nail art techniques

Your assessor will mark you on each of the practical tasks in this unit. This page is used to work out your overall grade for the unit. You must pass **all** parts of the tasks to be able to claim a grade. For the practical task a pass equals 1 mark, a merit equals 2 marks and a distinction equals 3 marks.

What you must know	Tick when complete
Evolve (online multiple-choice test)	

What you must do	Grade	Points
Task 2a: Nail enhancements		
Task 2b: Advanced hand and nail art techniques		

Total points for graded tasks	
Divided by	÷ 2
= Average grade for tasks	
Overall grade (see conversion chart)	

Candidate name:

Candidate signature: Date:

Assessor signature: Date:

Quality assurance co-ordinator signature (where applicable): Date:

External Verifier signature (where applicable): Date:



What does it mean?

Some useful words are explained below

Acetone

A solvent used to dissolve nail enhancements. It can also be found in nail varnish remover.

Activator

A liquid component from the wrap system that speeds up the polymerisation process of the cyanoacrylate resin.

Allergen

A substance that can cause an allergic reaction.

Contact area/well

This is the part of the nail tip that is bonded to the natural nail plate using an adhesive.



Cuticle oil

This product is applied at the end of the nail enhancements service to condition the cuticles and may be sold as a retail product.

Fan shape nail

The plate of the nail is wider at the free edge than the cuticle area.

Mood board

A visual representation of ideas and themes that can be used to develop designs.



Nail tips

These are made from virgin ABS plastic and can be applied to the free edge to extend the nail plate. They can be clear, natural or white.

Polish secures

Rhinestones, flatstones, pearls, etc.



Resin

A type of cyanoacrylate used within the wrap system.

Semi permanent polish

Coloured gels can be used to create a polished finish that will last a few weeks until they are removed.

Sidewall

This refers to the soft tissue that runs along the sides of the nail plate.

Silk

A fabric used within the wrap system to create strength.



Techniques

Embedding, airbrushing, 3D, cut-outs and free-hand application.

Tip and overlay

This enhancement technique uses a tip to extend the nail plate with an overlay applied over the tip and the natural nail plate.

Volatile

This describes substances that easily evaporate in the air.

What you must know

You must be able to:

- 1 Describe salon requirements for client preparation, preparing yourself and the work area
- 2 Describe different consultation techniques used to identify treatment objectives
- 3 Describe the factors that need to be considered when selecting techniques, products and equipment
- 4 Explain the environmental conditions suitable for nail enhancement treatments
- 5 Explain the safety considerations that must be taken into account when providing nail enhancement treatments
- 6 Describe the range of tools and equipment used for nail enhancement treatments
- 7 Describe products used and their key ingredients
- 8 Describe how to prepare and use nail art products, tools, equipment and techniques
- 9 Describe how to plan and develop free-hand designs for hand and arm decoration
- 10 Explain the importance of preparation procedures for natural nails and nail enhancement systems
- 11 Explain the principles of general nail care

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Revision tip

A mood board is a great way of bringing ideas together to help create and design a nail art look. Research areas such as colour, texture, cultural and historic factors for inspiration but remember to be careful not to breach copyright in your design.



Follow in the footsteps of... “ *Jackie O'Sullivan*”

Nails have been Jackie's passion since watching her mum get her nails done nearly 20 years ago. She started with a Star Nails course and gained her first NVQ. Her first big break was as an educator for Grafton International. Jackie was then offered the chance to work with the nail artist, Christian Cesar. Jackie now runs her own business, 'Naughty Nails', and also lectures at South Trafford College. **Look for the blue quote marks to see what she has to say to you!**

- 12 Describe methods of selecting and using natural nail overlays, nail repairs and nail enhancement systems
- 13 Explain known contra-indications that prevent or restrict nail enhancement
- 14 Describe how to communicate and behave in a professional manner
- 15 Describe the importance of positioning yourself and the client correctly throughout the treatment
- 16 Explain safe and hygienic working practices
- 17 Explain contra-actions which might occur during and following the treatment and how to respond
- 18 Explain the aftercare advice that should be provided
- 19 Describe the importance of completing the treatment to the satisfaction of the client
- 20 Describe the methods of evaluating the effectiveness of the treatment
- 21 Describe the importance of the correct maintenance, removal and aftercare advice

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Try not to make enhancements too long; this will minimise breakages.



Create designs on tips to make a display board for your clients to see.



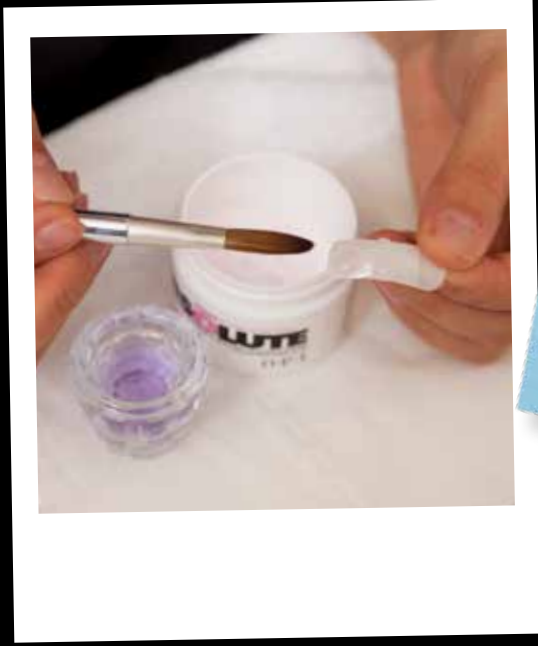
Image courtesy of Central Sussex College

Advanced

Always make sure that the natural nail plate is free from bacteria, moisture and contaminants before the application of nail enhancements or artwork.



Image courtesy of Professionals



Make sure that you always follow manufacturer's instructions when working with products because timings, mix ratios and application techniques may vary.

techniques



When completing hand art, ensure that the products are suitable to be used on the skin.

What you must do

Practical observations

This page shows what you need to do during your practical task. You can look at it beforehand, but you're **not** allowed to have it with you while carrying out your practical task. You must achieve **all** the criteria; you can achieve 1 mark, 2 marks or 3 marks for the criteria indicated with *****.

- 1 Develop a mood board that demonstrates the ideas and concepts that can be used to reflect themes *
- 2 Prepare yourself, the client and work area for the treatment
- 3 Use suitable consultation techniques to identify treatment objectives *
- 4 Identify influencing factors
- 5 Provide clear recommendations to the client based on factors *
- 6 Position yourself and the client correctly throughout the service
- 7 Communicate and behave in a professional manner
- 8 Follow safe and hygienic working practices
- 9 Select and use products, tools and equipment, correctly taking into account identified factors *

Conversion chart A

Grade	Marks
Pass	12–14
Merit	15–19
Distinction	20–22

Conversion chart B

Grade	Marks
Pass	13–15
Merit	16–21
Distinction	22–25

Please tick when all pre-observation requirements have been met

Nail enhancements and advanced hand and nail art techniques						
a Nail enhancement			b Advanced hand and nail art techniques			
			1	2	3	
1			1			
1	2	3	1	2	3	
1			1			
1	2	3	1	2	3	
1			1			
1			1			
1	2	3	1	2	3	

Continues on next page

- 10 Carry out planned free hand designs to the hand and arm using a suitable medium
- 11 Carry out a nail enhancement treatment using suitable techniques
- 12 Complete the treatment to the satisfaction of the client *
- 13 Record and evaluate the results of the treatment
- 14 Provide suitable aftercare advice *

Total

Grade

Candidate signature and date

Assessor signature and date

Nail enhancements and advanced hand and nail art techniques					
a Nail enhancement			b Advanced hand and nail art techniques		
			1		
1					
1	2	3	1	2	3
1			1		
1	2	3	1	2	3

Image courtesy of EzFlow

Image courtesy of iStockphoto.com/Altinosmanaj



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If possible, take pictures of great nails or designs you have made. This can inspire you in the future.

What you must do

Practical observations descriptors table

This table shows what you need to do to achieve 1, 2 or 3 marks for the criteria indicated with * on pages 8 and 9.

	1 mark	2 marks	3 marks
1 Develop a mood board that demonstrates the ideas and concepts that can be used to reflect themes	The candidate develops a mood board that demonstrates the ideas and concepts that can be used to reflect themes, using basic ideas, limited resources and minimal research.	The candidate develops a mood board that demonstrates the ideas and concepts that can be used to reflect themes, using a range of basic ideas, variety of resources and limited research.	The candidate develops a mood board that demonstrates the ideas and concepts that can be used to reflect themes, using a range of original ideas, a variety of interesting resources and varied in-depth research.
3 Use suitable consultation techniques to identify service objectives	Basic consultation Examples: uses open and closed questions, checks for contra-indications, identifies the service objectives correctly.	Good consultation Examples: positive body language, uses open and closed questions to identify contra-indications, expectations and occasion; identifies the service objectives and any factors that may limit or restrict the service.	Thorough consultation Examples: positive body language, uses open and closed questions to identify contra-indications, expectations and occasion; identifies the service objectives and any factors that may limit or restrict the service, allows the client to ask any questions to confirm understanding.
5 Provide clear recommendations to the client based on factors	A basic treatment plan is recommended Examples: contra-indications and objectives of the treatment identified.	A good treatment plan is recommended Examples: contra-indications and objectives of the treatment identified, taking into account general health, medication, client lifestyle, occasion and expectations.	A thorough treatment plan is recommended Examples: objectives of the treatment identified, taking into account skin and nail conditions, general health, medication, client lifestyle, occasion, expectations, contra-indications and treatment modifications.

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	1 mark	2 marks	3 marks
9 Select and use products, tools and equipment, correctly taking into account identified factors	Nail enhancement Selects and uses correct products, tools and equipment, taking into account factors identified during consultation, nails have a uniform length.	Selects and uses correct products, tools and equipment, taking into account factors identified during consultation, nails have a uniform length, no over exposure to products, all nails are evenly balanced.	Selects and uses correct products, tools and equipment, taking into account factors identified during consultation, nails have a uniform length, no over exposure to products, all nails are evenly balanced, curvature of each nail has a uniform thickness.
	Advanced hand and nail art techniques Selects and uses appropriate products, tools and equipment, taking into account factors identified during the consultation and to meet the planned design.	Selects and uses appropriate products, tools and equipment, in a logical sequence with creativity and confidence, taking into account factors identified during the consultation and to meet the planned design.	Selects and uses appropriate products, tools and equipment, in a logical sequence with creativity and confidence, taking into account factors identified during the consultation and to meet the planned design. Adapts and modifies techniques as necessary and informs the client of the changes.
12 Complete the treatment to the satisfaction of the client	The treatment is completed within the agreed time and brought to a satisfactory close.	The treatment is completed within the agreed time, brought to a satisfactory close and positive feedback is gained from the client.	The treatment is completed within the agreed time, brought to a satisfactory close and positive feedback is gained from the client, shows the client the results of the treatment and allows the client to ask questions.

Continues on next page

What you must do

Practical observations descriptors table (continued)

This table shows what you need to do to achieve 1, 2 or 3 marks for the criteria indicated with * on pages 8 and 9.

	1 mark	2 marks	3 marks
14 Provide suitable aftercare advice	Basic aftercare advice is provided including possible contra-actions and how to deal with them.	Good level of aftercare advice is provided including possible contra-actions and how to deal with them, home care products, maintenance advice, removal of art work, future services.	Excellent aftercare advice is provided including possible contra-actions and how to deal with them, home care products, maintenance advice, removal of art work, advice to prolong art work in between appointments as appropriate, future services.

Revision tip

Practise designs until they are perfected. Working methodically and planning your design will help to achieve the design in a commercially acceptable time.



Image courtesy of Bev Braisdell

Comment form

Unit 334 Nail enhancements and advanced hand and nail art techniques

This form can be used to record comments by you, your client, or your assessor.

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Ensure you have the correct brushes and tools for the job and know how to use them.

Image courtesy of Professionals



Nail enhancements can be the finishing touch for a client's style at a special occasion.