

## Declared Purpose:

*The following purpose is for the Level 3 Diploma in Diploma in Body and Spa- 3003-71 QAN number (500/8954/7). This is a Technical Level qualification.*

**This level 3 Diploma in Body and Spa Therapy is a qualification which aims to provide you with a range of specialist technical practical skills and knowledge which will support your application into employment or to progress into further training within the Spa Therapy Industry.**

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Who is this qualification for?

It is for learners who work or want to work as Senior Body and Spa Therapist in the Body and Spa sector.

Learners are likely to hold a Level 2 Diploma in Beauty Therapy qualification and/or have previous practical experience within the industry.

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What does the qualification cover?

Body and Spa Therapy cover a wide range of treatments, such as Body Massage, Massage using Pre-blended Oils, Providing Spa Treatments and Monitoring and Maintaining a Spa Treatment Area.

As mandatory units within the structure of the qualification, you will also be able to specialise in some different techniques such as:

- Indian Head Massage
- Self Tanning
- Hot Stone Therapy
- Maintaining Personal Health and Wellbeing.

As part of the qualification you will also cover more transferable subjects such as:

- health and safety
- promoting and selling products
- services and client care

All of which will help you work more closely with the clients you will be treating. Communication and team work are some of the core skills you will also learn.

You will study both practical and knowledge aspects for example, how to carry out a treatment and the reason for the treatment.

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This will give you the skills you need not only to work within the

spa industry but will provide you with relevant expertise that you may use in other related work such as customer service, where you will need to communicate with people.

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What opportunities are there for employment or progression after I have finished studying this qualification?

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The qualification allows you to progress onto an apprenticeship or into employment.

**Employment :**

There are opportunities for Body and Spa Therapists in the following job roles:

- working within a spa
- working at managerial level within a spa environment
- working on a cruise ship
- running their own business
- working for a product manufacture as a trainer.

**Progression:**

- City & Guilds Level 4 in Management Practice and Advanced Techniques in the Hair and Beauty Sector – Management
- Advance Apprenticeship in Spa Therapy

Or you can progress into Higher Education and go on to study subjects such as Spa Management at university

This qualification is recognised by the following Professional Associations and will allow you to gain membership.

- Federation of Holistic Therapists (FHT)
- The Guild of Beauty Therapists.

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Further information can be found on our website and within the qualification handbook:

<http://www.cityandguilds.com/Courses-and-Qualifications/beauty-and-complementary-therapies/beauty/3003-beauty-therapy/level-3>