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# BIO

# skin

# camouflage



Skin camouflage is becoming increasingly popular among clients who have blemishes, scars or tattoos that they wish to hide. In this unit you will learn how to select and apply specialised camouflage products to the blemish or scar, restoring the client's natural skin colouration and matching

the affected area to its surrounding skin tone. You will learn the skills to provide a variety of simple skin camouflage applications that will improve the client's confidence, even transforming the lives of those clients who are severely affected.



# Unit B10 (City & Guilds Unit 013)

## Enhance appearance using skin camouflage

### *Optional*



Skin camouflage

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### Evidence requirements

To achieve this unit you must practically demonstrate in your everyday work that you have met the standards for enhancing appearance using cosmetic camouflage.

The standards cover things that you must do (performance criteria), things that you must cover (range) and things that you must know.

### What you must do

Your evidence should be collected when carrying out a real job, whether paid or voluntary and when dealing with real clients, whether internal or external to the salon. Simulation is **not** allowed for any performance evidence with this unit.

Most evidence of your performance will be gathered from the observations made by your assessor, but you may be required to produce other evidence to support your performance if your assessor has not been present. This will involve your assessor observing you on **at least four** different occasions, each involving a **different** client.

“

*The correct application of cosmetic camouflage make-up will instill confidence in any client.*

Anita Crosland

”

This unit has four outcomes.

**Outcome 1**

**Maintain safe and effective methods of working when providing skin camouflage**

**Outcome 2**

**Consult, plan and prepare for skin camouflage**

**Outcome 3**

**Carry out skin camouflage**

**Outcome 4**

**Provide aftercare advice**



*Agree the products you will use with your client.*



## Unit B10 (City & Guilds Unit 013)

### Enhance appearance using skin camouflage

#### *Optional (continued)*

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Level 2 NVQ/SVQ Beauty

#### What you must cover

You will see key words in bold on the 'What you must do' list. For each of these, there is a range of things that you must cover. You must show that you have:

##### **Used all of the following camouflage products:**

camouflage creams  
camouflage powders  
setting products

##### **Used all of the following application tools:**

brushes  
fingers  
sponges  
velour puffs

##### **Used all of the following consultation techniques:**

questioning  
visual  
manual  
reference to client records

##### **Worked on all of the following camouflage needs:**

tattoos  
hyper-pigmentation  
hypo-pigmentation  
erythema

##### **Dealt with at least one of the following necessary actions\*:**

encouraging the client to seek medical advice  
explaining why the camouflage application cannot be carried out  
modification of camouflage application

\*However, you must prove to your assessor that you are able to deal with the other **two**.

##### **Carried out camouflage application on all of the following areas:**

head or neck  
chest or shoulders  
limbs  
back

##### **Provided all of the following types of aftercare advice:**

other products which can be used in conjunction with skin camouflage  
products/substances/environments which should be avoided  
durability and removal of skin camouflage products

“

*Always work in natural light when skin colour matching to achieve the best colour match.*

Val Ross

”

## What you must know

You will be assessed on your knowledge of the following:

Organisational and legal requirements

How to work safely and effectively when providing skin camouflage

Client consultation, planning and preparation

Anatomy and physiology

Contra-indications and contra-actions

Skin camouflage

Aftercare advice for clients

This will be completed through written and oral questioning by your assessor, or by an online test. For details of what you must know, see pages 13–17.



*Camouflage make-up can give a client the confidence to wear the clothes of their choice.*



Skin camouflage

## Useful words

Some terms that you will come across in this unit are explained below.

**Application tools** Tools used during a camouflage application, eg brushes, fingers, sponges and velour puffs.

**Camouflage products** Products used during a camouflage application, eg camouflage cream, camouflage powders and setting powders.

**Consultation** Assessment of clients' needs using different assessment techniques including questioning, observation, touch and reference to client records.

**Contra-action** An unwanted reaction occurring during or after treatment.

**Contra-indication** The presence of a condition that may prevent the treatment taking place.

**Cross-infection** The passing of an infection from one person to another.

**Environmental conditions** The work area must be safe and comfortable for employees and clients. Consider heating, lighting and ventilation.

**Erythema** An area of the skin that becomes red due to an irritation or injury to the skin tissue.

**Hyper pigmentation** The increased pigment production within the skin.

**Hypo pigmentation** The loss of pigmentation in the skin.

**Modification** Any way you've changed the treatment according to client requirements. Note treatment modifications on the client record card.

**Treatment advice** Recommendations given to the client following treatment to continue the benefits and prevent an unwanted contra-action.

**Treatment plan** Following the consultation, this is the plan you intend to follow in order to achieve the results required.



# Observation sign-off sheet

*Unit B10 Enhance appearance  
using skin camouflage*

## What you must do

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Level 2 NVQ/SVQ Beauty

Within your work, you must show your assessor that you can do the following. Your assessor will observe your performance on at least **four** separate occasions, each involving a different client.

Each time you achieve **all** the points listed below within a single client service, your assessor will tick the circle and enter the date.

### Outcome 1

#### Maintain safe and effective methods of working when providing skin camouflage

- a Set up and monitor the treatment area to meet organisation procedures and manufacturers' instructions
- b Make sure that environmental conditions are suitable for the client and the skin camouflage
- c Ensure your personal hygiene, protection and appearance meets accepted industry and organisational requirements
- d Effectively disinfect your hands prior to treatment
- e Ensure your own posture and position minimises fatigue and risk of injury whilst working
- f Ensure all tools are cleaned using the correct methods
- g Position skin **camouflage products** and **application tools** for ease and safety of use
- h Ensure the client is in a comfortable and relaxed position suitable for the skin camouflage
- i Maintain accepted industry hygiene and safety practices throughout the skin camouflage application
- j Adopt a positive, polite and reassuring manner towards the client throughout the treatment
- k Respect the client's modesty, privacy and any sensitivities to their personal appearance
- l Check the client's wellbeing at regular intervals according to organisational policy
- m Dispose of waste materials safely and correctly



*Camouflage make-up can disguise tattoos the client no longer wants.*

#### Hints and tips

*Prevent the spread of germs and possible cross-infection by correct waste disposal methods.*

*Continues on next page*

- n Ensure the skin camouflage is cost effective and is carried out within a commercially viable time
- o Ensure client record cards are up-to-date, accurate, complete, legible and signed by the client and practitioner
- p Leave the treatment area in a condition suitable for future treatments



Skin camouflage

Observation	1	2	3	4		
Achieved	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Date						
Candidate signature						
Assessor signature						
IV signature (if sampled)						

## Outcome 2

### Consult, plan and prepare for skin camouflage

- a Use consultation methods in a polite and friendly manner to determine the client's treatment needs
- b Ensure that informed and signed parent or guardian consent is obtained for minors prior to any treatment \*
- c Ensure that a parent or guardian is present throughout the treatment for minors under the age of 16 \*\*
- d Obtain signed, written informed consent from the client prior to carrying out the service
- e Clearly explain to the client what the skin camouflage entails in a way they can understand
- f Ask your client appropriate questions to identify their skin **camouflage needs**
- g Encourage clients to ask questions to clarify any points
- h Ask your client appropriate questions to identify if they have any contra-indications to skin camouflage
- i Accurately record your client's responses to questioning
- j Take the **necessary action** in response to any identified contra-indications \*\*\*

### Hints and tips

*It is important to check the manufacturers' instructions before applying the camouflage make-up. Some may need different preparation or setting techniques.*

*Continues on next page*



# Observation sign-off sheet

*Unit B10 Enhance appearance  
using skin camouflage*

## What you must do (continued)

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Level 2 NVQ/SVQ Beauty

- k Clearly identify and agreeing the client's skin **camouflage needs** and the areas to be camouflaged
- l Ensure the client's expectations are realistic and achievable

Observation	1	2	3	4		
Achieved	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Date						
Candidate signature						
Assessor signature						
IV signature (if sampled)						

- \* Covered by observation  Date
- Covered by oral questioning  Date
- \*\* Covered by observation  Date
- Covered by oral questioning  Date
- \*\*\* Covered by observation  Date
- Covered by oral questioning  Date

### Hints and tips

*Chloasma is commonly seen around the lips, cheek area and forehead. Vitiligo is commonly seen on the hands and around the eyes and mouth.*

### Outcome 3

#### Carry out skin camouflage

- a Ensure empathy and sensitivity to the nature of the client's condition is shown throughout
- b Apply compatible skin care products when required before the skin camouflage application \*
- c Use **application tools**, techniques and **camouflage products** which are best suited to the skin **camouflage needs**
- d Ensure **camouflage products** are applied in accordance with manufacturers' instructions to achieve required density, colour and effect

*Continues on next page*



- e Establish an acceptable colour match on the areas to be camouflaged to restore the skin colouration to the surrounding skin tone
- f Establish and apply an appropriate complementary colour prior to the application of the acceptable skin colour match if required \*\*
- g Apply compatible cosmetic and skin care products when required after the skin camouflage application
- h Ensure that the finished result is to the client's satisfaction and meets the agreed treatment plan



Observation	1	2	3	4		
Achieved	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Date						
Candidate signature						
Assessor signature						
IV signature (if sampled)						

- \* Covered by observation  Date
- Covered by oral questioning  Date
- \*\* Covered by observation  Date
- Covered by oral questioning  Date

## Outcome 4

### Provide aftercare advice

- a Give advice and recommendations accurately and constructively
- b Give your clients' suitable advice specific to their individual needs

Observation	1	2	3	4		
Achieved	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Date						
Candidate signature						
Assessor signature						
IV signature (if sampled)						



# Observation sign-off sheet

*Unit Bio Enhance appearance  
using skin camouflage*

## What you must cover

10 Level 2 NVQ/SVQ Beauty

**Before ticking the circles below, you must make sure that you have achieved what you must cover in **all** the outcomes in which it occurs.**

### Camouflage products

Tick the camouflage products used for each observation.  
**All** techniques must be used.

- Camouflage creams
- Camouflage powders
- Setting products

1	2	3	4		
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

### Application tools

Tick the application tools used for each observation.  
**All** tools must be used.

- Brushes
- Fingers
- Sponges
- Velour puffs

1	2	3	4		
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

### Consultation techniques

Tick the consultation techniques used for each observation.  
**All** techniques must be used.

- Questioning
- Visual
- Manual
- Reference to client records

1	2	3	4		
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

### Camouflage needs

Tick the camouflage need worked on for each observation.  
You must work on **all** of them.

- Tattoos
- Hyper-pigmentation
- Hypo-pigmentation
- Erythema

1	2	3	4		
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

*Continues on next page*



**Necessary action**

Tick the necessary actions dealt with in each observation.

You must deal with at least **one** of the necessary actions. However, you must be able to show your assessor that you can deal with the other **two**.

	1	2	3	4		
Encourage the client to seek medical advice	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Explain why the service cannot be carried out	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Modification of the service	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

**Aftercare advice**

Tick the advice provided in each observation.

You must provide **all** of the advice.

	1	2	3	4		
Other products which can be used in conjunction with skin camouflage	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Products/substances/environments which should be avoided	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Durability and removal of skin camouflage products	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

	1	2	3	4		
Observation						
Achieved	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Date						
Candidate signature						
Assessor signature						
IV signature (if sampled)						



# Comment form

## Unit B10

This form can be used to record oral questioning, or for assessor/candidate comments, if required.

Comment	Date
1	
2	
3	
4	



*Even widespread birthmarks can be covered successfully.*

# Knowledge sign-off sheet

## Unit B10 Enhance appearance using skin camouflage

### What you must know



Skin camouflage

13

You need to understand:		Evidence type
<b>Organisational and legal requirements</b>		
1	your responsibilities under relevant health & safety legislation	E3
2	the importance of not discriminating against clients with illnesses and disabilities and why (eg Disability Discrimination Act)	E3
3	why minors should not be given skin camouflage without informed and signed parental or guardian consent	E3
4	why it is important when treating minors under 16 years of age to have a parent or guardian present	E3
5	the legal significance of gaining signed, informed client consent to treatment	E3
6	your responsibilities, and reasons for, maintaining your own personal hygiene, protection and appearance according to accepted industry and organisational requirements	E3
7	how to complete the client records and the importance and reasons for keeping records and gaining client signatures	E3
8	the importance of the correct storage of client records in relation to the Data Protection Act	E3
9	services times for completing skin camouflage and the importance of completing the application in a commercially viable time	E3
10	the pricing structures for skin camouflage	E3
11	how to avoid potential discomfort and injury to yourself and the risks of poor positioning of clients	E3

You will be assessed on your knowledge and understanding of **all** the following points. This will be completed by your assessor through oral or written questions (evidence type E3) or a mandatory written paper (E4). Either of these could be an online test. The form tells you which evidence type is needed for each point.

Some areas appear in more than one unit (shaded in darker pink). These are covered in a cross-unit knowledge test. You only need to be tested on these once.

Once you have been assessed on each point, you can fill in the date and reference any written evidence that you've put in your portfolio.

*Continues on next page*



# Knowledge sign-off sheet

## *Unit B10 Enhance appearance using skin camouflage*

### What you must know (continued)

14

Level 2 NVQ/SVQ Beauty

You need to understand:	Evidence type
<b>How to work safely and effectively when providing skin camouflage</b>	
12 how to effectively set up the work area and safely position equipment and materials for skin camouflage	E3
13 the necessary environmental conditions for skin camouflage application (including natural or simulated daylight conditions, heating, ventilation and general comfort) and why these are important	E3
14 the different types of disinfecting and chemical cleaners for skin camouflage tools	E3
15 how to disinfect tools for skin camouflage application	E3
16 how to prepare yourself for carrying out skin camouflage application	E3
17 the importance of, and reasons for, disinfecting hands and how to do this effectively	E3
18 why it is important to maintain standards of hygiene and the principles for avoiding cross-infection	E3
19 how to prepare and correctly position the client for optimum skin camouflage application and the importance of using seating at the correct height	E3
20 how to minimise and dispose of waste from services	E3
21 the condition in which the work area should be left and why this is important	E3

*Continues on next page*

You need to understand:	Evidence type
<b>Client consultation, planning and preparation</b>	
22 how to use effective consultation techniques when communicating with clients from different cultural and religious backgrounds, age, disabilities and gender for this treatment	E3
23 the importance of allowing the client to indicate the area requiring skin camouflage	E4
24 why it is important never to assume the area to be camouflaged	E4
25 the questioning and listening skills you need in order to find out information	E4
26 the importance of avoiding intrusive questioning techniques	E4
27 how to give effective advice and recommendations to clients	E3
28 how to interpret negative and positive body language	E3
29 why it is important to encourage and allow time for clients to ask questions	E3
30 the importance of questioning the client about known contra-indications	E3
31 why it is important to record client responses to questions about contra-indications	E3
32 the legal significance of client questioning concerning contra-indications and the recording of client responses to questioning	E3
33 the reasons why it is important to encourage clients with contra-indications to seek medical advice	E3
34 the importance of, and reasons for, not naming specific contra-indications when encouraging clients to seek medical advice	E3
35 why it is important to respect the clients' modesty, privacy and sensitivities relating to their own appearance	E3



Skin camouflage

**Hints and tips**

*It is important to carefully choose the colour or colour mix that best matches the client's surrounding skin tone, to achieve the most natural effect.*

*Continues on next page*



# Knowledge sign-off sheet

## Unit Bio Enhance appearance using skin camouflage

### What you must know (continued)

16

Level 2 NVQ/SVQ Beauty

You need to understand:	Evidence type
<b>Anatomy and physiology</b>	
36 the structure and function of the skin	E3
37 the importance of recognising different skin types and characteristics	E4
38 the photosensitivity of skin and how it differs in different skin groups (ie the Fitzpatrick Classification System)	E4
39 the causes and appearance of skin conditions likely to need skin camouflage (eg hypo-pigmentation such as vitiligo, stretch marks; hyper-pigmentation such as melasma, age spots; and erythema such as rosacea and thread veins)	E4
<b>Contra-indications and contra-actions</b>	
40 how to recognise those contra-indications requiring medical referral and why (eg structural changes in the area to be camouflaged, suspicious moles, infections)	E3
41 how to recognise those contra-indications which restrict camouflage application and why (ie conditions adjacent to the camouflage area which are sore or tender)	E3
42 possible contra-actions which may occur during the camouflage application and how to deal with them (eg allergic reactions)	E3
<b>Skin camouflage</b>	
43 principles of colour theory (eg complementary colours)	E4
44 the importance of understanding when it may be necessary to apply a complementary colour prior to the skin match	E4
45 the importance of testing for a skin colour match on a small area	E4

#### Hints and tips

*Always remove the camouflage make-up from its container using a clean spatula to maintain hygiene. Never apply product directly from the container to skin.*

*Continues on next page*



You need to understand:	Evidence type
46 the range and availability of skin camouflage products	E3
47 how to select and apply the products stated in the range to meet the needs of individual conditions	E3
48 attributes and limitations of products (eg appearance of applied products under different circumstances such as titanium dioxide and iron oxide in flash photography and on skin)	E4
49 where and how to obtain skin camouflage resources	E3
50 the importance of understanding the different properties in skin camouflage products	E3
51 the compatibility and limitation of other cosmetic and skin care products used in conjunction with skin camouflage	E3
<b>Aftercare advice for clients</b>	
52 products for home use that will benefit the client and those to avoid and why	E3
53 how to advise client on preservation and maintenance of skin camouflage	E3
54 how to advise the client on removal of skin camouflage	E3
Tick if E3 was an online test	<input type="radio"/> Date
Tick if E4 was an online test	<input type="radio"/> Date
Tick if cross-unit knowledge was an online test	<input type="radio"/> Date
Tick if E3 was an oral/written test	<input type="radio"/> Date
Tick if E4 was a written test	<input type="radio"/> Date
Tick if cross-unit knowledge was an oral/written test	<input type="radio"/> Date



Skin camouflage

“

*Copy the client's surrounding skin tone to an area to ensure a natural effect is achieved.*

Adele O'Keefe

”



# Supplementary notes

## *Unit BIO*

Your assessor may use this space for any additional comments they may have about your work.

Comment	Date

## Unit sign-off

**This section must be signed when the unit is complete.**  
We confirm that this evidence is authentic and the assessments were conducted under specified conditions and that all the performance criteria, range and essential knowledge requirements have been met for this unit.

Candidate signature \_\_\_\_\_ Date \_\_\_\_\_

Assessor signature \_\_\_\_\_ Date \_\_\_\_\_

IV signature (if sampled) \_\_\_\_\_ Date \_\_\_\_\_

EV signature (if sampled) \_\_\_\_\_ Date \_\_\_\_\_

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