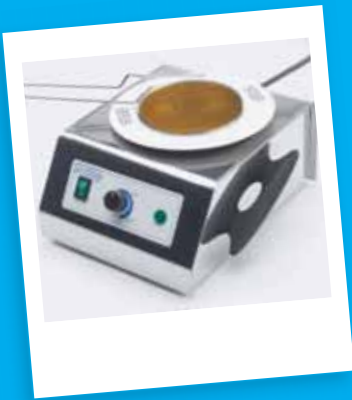


---

# B26

# female waxing



---

Intimate waxing is a specialised treatment that is a growing trend. More and more salons are offering this service as it becomes increasingly popular, and they are keen to employ proficient therapists. As well as teaching the art of 'bikini shaping', this unit will

enable you to offer Brazilian, Hollywood and Playboy waxing with confidence. Many women request these waxing treatments because they give a clean, close wax and the freedom to wear even the most revealing swimwear and lingerie.



Image courtesy of Su-do Professional – The Art of the Sunless Tan ([www.su-doprofessional.co.uk](http://www.su-doprofessional.co.uk))

# Unit B26 (City & Guilds Unit 032)

## Provide female intimate waxing services

### *Optional*



Female waxing

3

### Evidence requirements

To achieve this unit you must practically demonstrate in your everyday work that you have met the standards for providing female intimate waxing services.

The standards cover things that you must do (performance criteria), things that you must cover (range) and things that you must know.

### What you must do

Your evidence should be collected when carrying out a real job, whether paid or voluntary, and when dealing with real clients, whether internal or external to the salon. Simulation is **not** allowed for any performance evidence within this unit.

Most evidence of your performance will be gathered from the observations made by your assessor, but you may be required to produce other evidence to support your performance if your assessor has not been present. This will involve your assessor observing your performance on at least **four** separate occasions, each involving a **different waxing service** and **different clients**.

“

*Intimate waxing is growing in popularity. Learning this skill will expand your client base.*

Anita Crosland

”

This unit has four outcomes.

**Outcome 1**  
Maintain safe and effective methods of working when providing female intimate waxing services

**Outcome 2**  
Consult, plan and prepare for waxing services with clients

**Outcome 3**  
Remove unwanted hair

**Outcome 4**  
Provide aftercare advice



*Talk to your client about what they want out of their waxing service.*



# Unit B26 (City & Guilds Unit 032)

## Provide female intimate waxing services

### *Optional (continued)*

You will see key words in bold on the ‘What you must do’ list. For each of these, there is a range of things that you must cover. You must show that you have:

#### **Used all of the following consultation techniques:**

Questioning

Visual

Manual

Reference to client records

#### **Carried out all of the following waxing services:**

Hollywood

Brazilian

Shaping

Playboy

#### **Dealt with at least one of the following types of necessary action \*:**

Encouraging the client to seek medical advice

Explaining why the waxing service cannot be carried out

Modification of the waxing service

Refusing an unsuitable client

\* However, you must prove to your assessor that you are able to deal with the other **three**.

#### **Covered all types of preparation of the client:**

Removal of accessories and clothing necessary for the treatment

Protection of clothing

Client’s own cleansing of the area to be treated

Trimming of overlong hair for the treatment

#### **Used two out of the following three products \*:**

Hot wax

Warm wax

Sugar paste

\* However, you must prove to your assessor that you are able to deal with the other **one**.

#### **Used one out of the following two pre-wax application products \*:**

Oils

Powders

\* However, you must prove to your assessor that you are able to deal with the other **one**.

#### **Used all of the following work techniques:**

Stretching and manipulating the skin during application and removal

Speed of product removal

Direction and angle of removal

On-going product temperature checks

#### **Provided all the following types of advice:**

Avoidance of activities which may cause contra-actions

Future treatment needs

Home care

Personal hygiene

#### **Hints and tips**

*Always use a fresh spatula for each application of wax.*

---

## What you must know

---

You will be assessed on your knowledge of the following for each treatment:

Organisational and legal requirements

How to work safely and effectively when providing waxing treatments

Consult, plan and prepare for the treatment with clients

Anatomy and physiology

Contra-indications and contra-actions

Equipment and materials

Treatment specific knowledge

Aftercare advice for clients

---

This will be completed through written and oral questioning by your assessor, or by an online test. For details of what you must know, see pages 16–22.

“

*Presenting yourself in a professional and confident manner will instil confidence in your clients.*

Anita Crosland

”



Female waxing

---

## Useful words

---

Some terms that you will come across in this unit are explained below.

**Adornments** Usually in the form of diamanté crystals, these are available as pre-made patterns, such as hearts and dolphins, on an adhesive backing, or as individual stones, which are applied following intimate waxing.

**Bikini shaping** This involves trimming and waxing the pubic hair into shapes such as a star or a heart, either using a template or freehand.

**Bollywood** Intimate waxing where the skin is subsequently decorated by application of a henna pattern.

**Brazilian** Hair is removed from the pubic area apart from a strip approximately 2.5cm wide up and over the pubic mound.

**Californian** Intimate waxing where the remaining hair is tinted.

**Habia Code of Practice for Waxing** A set of guidelines by the sector skills body for the beauty therapy industry.

**Hollywood** Complete removal of all pubic hair.

**Las Vegas** Brazilian, Playboy or Hollywood wax effect decorated with diamanté.

**Merkin** A wig for the pubic region.

**Personal Protective Equipment (PPE)** Relates to clothing and equipment to be used when carrying out services and includes the use of gloves and aprons when waxing to reduce the risk of cross-infection.

**Playboy** All hair is removed other than a pencil wide strip over the pubic mound.

**Rosin** An ingredient often found in wax, which would contra-indicate wax treatment if the client is allergic to sticking plasters, of which it is a component.

**Superfluous hair** Any hair that is unwanted by the client.

---



# Observation sign-off sheet

## *Unit B26 Provide female intimate waxing services*

### What you must do

6

Level 3 NVQ/SVQ Beauty

Within your work, you must show your assessor that you can do the following. Your assessor will observe your performance on at least **four** separate occasions. You must involve a **different waxing service** and **different clients** for each occasion.

Each time you achieve **all** the points listed below within a single client service, your assessor will tick the circle and enter the date.

#### **Maintain safe and effective methods of working when waxing**

- a Prepare the work environment to meet legal, hygiene and industry Code of Practice for Waxing requirements
- b Ensure your personal appearance meets accepted industry Code of Practice for Waxing and organisational requirements
- c Wear suitable personal protective equipment for the work that conforms to the industry Code of Practice for Waxing
- d Prepare the client and provide suitable personal protective equipment to conform to the industry Code of Practice for Waxing
- e Make sure that environmental conditions are suitable for the client and the treatment
- f Ensure all tools and equipment are cleaned using the correct methods
- g Effectively disinfect your hands prior to **waxing services**
- h Maintain accepted industry hygiene and safety practices throughout the treatment

*Continues on next page*



- i Select and correctly position suitable equipment, materials, applicators and **products** for the **waxing service**
- j Ensure your own posture and position minimises fatigue and the risk of injury whilst working
- k Maintain the client's modesty and privacy at all times
- l Minimise wastage of **product** during application
- m Dispose of hazardous waste correctly to meet local authority requirements
- n Ensure that the treatment is cost-effective and is carried out within a commercially viable time
- o Ensure the client's records are up-to-date, accurate, easy to read and signed by the client and practitioner
- p Leave the work area and equipment in a condition suitable for further **waxing services**



Observation	1	2	3	4		
Achieved	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Date						
Candidate signature						
Assessor signature						
IQA signature (if sampled)						
EQA signature (if sampled)						

*Continues on next page*

**Hints and tips**

*The commercially acceptable time for a Brazilian wax is 45 mins. It is 60 mins for a Hollywood wax.*



# Observation sign-off sheet

## Unit B26 Provide female intimate waxing services

### What you must do (continued)

8

Level 3 NVQ/SVQ Beauty

#### Hints and tips

*It is much easier to involve your client in the treatment and ask her to support the innermost delicate areas of her bikini line.*

#### Outcome 2

##### Consult, plan and prepare for waxing services with clients

- a Use suitable **consultation techniques** in a polite and professional manner to determine the client's treatment
- b Ensure that informed and signed parent or guardian consent is obtained for minors prior to any intimate waxing service \*
- c Ensure that a parent or guardian is present throughout the intimate waxing service for minors \*\*
- d Obtain signed written informed consent from the client prior to carrying out the treatment
- e Ask your client appropriate questions to identify if they have any contra-indications to **waxing service**
- f Encourage clients to ask questions to clarify any points
- g Accurately record your client's responses to questions
- h Conduct a test patch correctly on a suitable area of skin in the groin following the current industry Code of Practice for Waxing
- i Inform the client in a tactful way if there is an adverse reaction to the test patch and treatment cannot be carried out

*Continues on next page*





- j Take the **necessary action** in response to any identified contra-indications and the client's suitability for **waxing service \*\*\***
- k Clearly explain the possible contra-actions to the client prior to agreeing to the **waxing service**
- l Ensure client advice is given without reference to a specific medical condition and without causing undue alarm and concern
- m Agree the **waxing services** and outcomes that are acceptable to the client and meet their needs
- n Make sure the **preparation** of the client meets the agreed treatment plan and the industry Code of Practice for Waxing



Observation	1	2	3	4		
Achieved	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Date						
Candidate signature						
Assessor signature						
IQA signature (if sampled)						
EQA signature (if sampled)						

- \* Covered by observation  Date \_\_\_\_\_
- Covered by oral questioning  Date \_\_\_\_\_
- \*\* Covered by observation  Date \_\_\_\_\_
- Covered by oral questioning  Date \_\_\_\_\_
- \*\*\* Covered by observation  Date \_\_\_\_\_
- Covered by oral questioning  Date \_\_\_\_\_

*Continues on next page*



**Hints and tips**

*It is important to ensure the skin is stretched taut to avoid bruising the client. This also makes the treatment less painful.*



# Observation sign-off sheet

*Unit B26 Provide female intimate waxing services*

What you must do (continued)

“

*There is a wide range of retail products suitable for use after the service. It's important that you give your client full aftercare advice.*

Anita Crosland

”

## Outcome 3

### Remove unwanted hair

- a Use the correct **pre-wax application products** prior to waxing following manufacturer's instructions
- b Ensure the wax is the correct temperature for the client and the area to be treated immediately prior to the intended **waxing service**
- c Establish the hair growth pattern prior to the application of the **product**
- d Use methods of application correctly and following manufacturer's instructions
- e Apply and remove the **product** in the treatment area according to the requirements of the hair removal method and hair growth pattern
- f Conduct yourself in a professional manner throughout the **waxing service** in line with the industry Code of Practice for Waxing
- g Correctly remove hazardous waste from your work area throughout the **waxing service**
- h Provide clear instructions to the client on how and when to support their skin during the **waxing service**

*Continues on next page*



*Post-waxing products cool and soothe. Some are also formulated to reduce hair re-growth.*

- i Ensure your **work techniques** minimise discomfort to the client
- j Check the client's wellbeing throughout the **waxing service** and give the necessary reassurance
- k Discontinue the **waxing service** and provide advice and recommendations for any other relevant treatment where contra-actions occur
- l Ensure the client's treatment area is left free of **product** and hair and treated with a suitable soothing product
- m Ensure that the finished result is to the client's satisfaction and meets the agreed treatment plan



Hints and tips

*A good quality hot wax is excellent for intimate areas.*

Observation	1	2	3	4		
Achieved	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Date						
Candidate signature						
Assessor signature						
IQA signature (if sampled)						
EQA signature (if sampled)						

## Outcome 4

### Provide aftercare advice

- a Give **advice** and recommendations accurately and constructively
- b Give your clients suitable **advice** specific to their individual needs

Observation	1	2	3	4		
Achieved	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Date						
Candidate signature						
Assessor signature						
IQA signature (if sampled)						
EQA signature (if sampled)						



# Observation sign-off sheet

## Unit B26 Provide female intimate waxing services

### What you must cover

#### Consultation techniques

- Questioning

---

- Visual

---

- Manual

---

- Reference to client records

---

Before ticking the circles below, you must make sure that you have achieved 'What you must cover' in **all** the outcomes in which it occurs.

Tick the consultation techniques used in each observation. You must use **all** of them.

	1	2	3	4		
Questioning	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Visual	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Manual	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Reference to client records	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

#### Waxing services

- Hollywood

---

- Brazilian

---

- Shaping

---

- Playboy

---

Tick the waxing services carried out in each observation. You must carry out **all** of them.

	1	2	3	4		
Hollywood	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Brazilian	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Shaping	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Playboy	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

#### Necessary actions

- Encouraging the client to seek medical advice

---

- Explaining why the waxing service cannot be carried out

---

- Modification of the waxing service

---

- Refusing an unsuitable client

---

Tick the necessary actions dealt with in each observation. You must deal with at least **one** of the necessary actions, but you must prove to your assessor that you are able to deal with the other **three**.

	1	2	3	4		
Encouraging the client to seek medical advice	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Explaining why the waxing service cannot be carried out	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Modification of the waxing service	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Refusing an unsuitable client	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

*Continues on next page*



**Preparation**

Tick the types of client preparation used in each observation. You must use **all** of them.

	1	2	3	4		
Removal of accessories and clothing necessary for the treatment	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Protection of clothing	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Client's own cleansing of the area to be treated	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Trimming of overlong hair for the treatment	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

**Products**

Tick the products used in each observation. You must use **two** of them, but you must prove to your assessor that you have the necessary knowledge, understanding and skills to be able to use the other **one**.

	1	2	3	4		
Hot wax	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Warm wax	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Sugar paste	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

**Pre-wax application products**

Tick the pre-wax application products used in each observation. You must use **one** of them, but you must prove to your assessor that you have the necessary knowledge, understanding and skills to be able to use the other **one**.

	1	2	3	4		
Oils	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Powders	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

*Continues on next page*



# Unit B26 Provide female intimate waxing services

## Work techniques

Tick the work techniques used in each observation.  
You must use **all** of them.

Stretching and manipulating the skin during application and removal

Speed of product removal

Direction and angle of removal

On-going product temperature checks

	1	2	3	4		
Stretching and manipulating the skin during application and removal	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Speed of product removal	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Direction and angle of removal	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
On-going product temperature checks	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

## Advice

Tick the types of advice given in each observation.  
You must give **all** of them.

Avoidance of activities which may cause contra-actions

Future treatment needs

Home care

Personal hygiene

	1	2	3	4		
Avoidance of activities which may cause contra-actions	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Future treatment needs	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Home care	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Personal hygiene	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Observation

Achieved

Date

Candidate signature

Assessor signature

IQA signature (if sampled)

EQA signature (if sampled)

	1	2	3	4		
Observation	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Achieved	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Date						
Candidate signature						
Assessor signature						
IQA signature (if sampled)						
EQA signature (if sampled)						

# Comment form

## Unit B26



This form can be used to record oral questioning, or for assessor/candidate comments, if required.

### Comments

### Date

1

2

3

4

Image courtesy of iStockphoto.com/iStockPhoto NYC



*Successful treatments will make sure your clients keep coming back to you.*

“

*Using the correct type of wax for this service will minimise discomfort for the client.*

Anita Crosland

”



# Knowledge sign-off sheet

## *Unit B26 Provide female intimate waxing services*

### What you must know

16

Level 3 NVQ/SVQ Beauty

You will be assessed on your knowledge and understanding of **all** the following points. This will be completed by your assessor through oral or written questions (evidence type E3) or a mandatory written paper (E4). Either of these could be an online test. The form tells you which evidence type is needed for each point.

Some areas appear in more than one unit (shaded in darker blue). These are covered in a cross-unit knowledge test. You only need to be tested on these once.

Once you have been assessed on each point, you can fill in the date and reference any written evidence that you've put in your portfolio.

You need to understand:		Evidence type
<b>Organisational and legal requirements</b>		
1	your responsibilities under relevant local and national health and safety legislation	E3
2	the importance of not discriminating against clients with illnesses and disabilities and why (eg Disability Discrimination Act)	E3
3	the age at which an individual is classed as a minor and how this differs nationally	E3
4	the importance of checking current insurance guidelines for the delivery of intimate waxing service	E3
5	the importance of following the current guidance relating any age restrictions for the intimate waxing service	E3
6	why minors should only be treated with informed and signed parental or guardian consent	E3
7	why it is important when treating minors to have a parent or guardian present	E3
8	the legal significance of gaining signed, informed client consent to treatment	E3
9	the content of the current Code of Practice for Waxing Services and the importance of following its provisions	E3
10	local authority and organisational requirements for waste disposal	E3
11	why it is important to maintain standards of hygiene and the principles for avoiding cross-infection	E3
12	the importance of the correct storage of client records in relation to the Data Protection Act	E3

*Continues on next page*



You need to understand:	Evidence type
13 your organisation's service times for waxing treatments and the importance of completing services in a commercially viable time	E3
14 the organisation's pricing structures for intimate waxing services	E3
15 your organisation's requirements for client preparation	E3
16 the importance of, and reasons for, keeping records of treatments and gaining client and practitioner signatures	E3
17 how to complete the client records used in your organisation	E3
<b>How to work safely and effectively when providing waxing treatments</b>	
18 the type of personal protective equipment that should be available and used by yourself (eg powder free, nitrile or vinyl gloves)	E3
19 why it is important to use personal protective equipment	E3
20 the importance of providing suitable personal protective equipment for the client	E3
21 what is contact dermatitis and how to avoid developing it when carrying out waxing treatments	E3
22 the importance of questioning clients to establish any contra-indications to waxing treatments	E3
23 why it is important to record client responses to questioning	E3
24 the legal significance of client questioning and recording client's responses	E3
25 how to prepare and use the equipment and materials for the work	E3
26 methods of disinfecting and sterilising equipment	E3
27 how to maintain equipment and materials in a clean and hygienic condition	E3
28 how to prepare yourself for carrying out waxing treatments	E3
29 the importance of, and reasons for, disinfecting hands and how to do this effectively	E3



**Hints and tips**

*If the client is unsure how much hair they want removing, remember that you can always remove more, but once it's gone, it's gone!*

*Continues on next page*



# Knowledge sign-off sheet

## Unit B26 Provide female intimate waxing services

### What you must know (continued)

You need to understand:	Evidence type
30 how to set up the work area for waxing treatments	E3
31 the necessary environmental conditions for waxing treatments (including lighting, heating, ventilation and general comfort) and why these are important	E3
32 how to check equipment used for waxing treatments	E3
33 how to minimise and dispose of general and hazardous waste from treatments	E3
34 how to effectively and safely position equipment and materials for waxing treatments	E3
35 how to avoid potential discomfort and injury to yourself and your client and the risks of poor positioning of clients	E3
36 the condition in which the work area should be left and why this is important	E3
<b>Consult, plan and prepare for the treatment with clients</b>	
37 how to use effective consultation techniques when communicating with clients from different cultural and religious backgrounds, age, disabilities and gender for this treatment	E3
38 the importance of effective communication and discussion	E3
39 how to give effective advice and recommendations to clients	E3
40 the questioning and listening skills you need in order to find out information	E3
41 encouraging clients to seek medical advice	E3
42 why it is important to encourage and allow time for clients to ask questions	E3
43 why it is important to explain possible contra-actions to the client	E3

**Hints and tips**

*Your client may be very nervous about the treatment, especially if it is her first intimate wax. A considerate and professional approach will help to put her at ease.*

*Continues on next page*

You need to understand:	Evidence type
44 why it is important to explain to the client possible skin sensitivity during menstruation	E3
45 why it is important to maintain clients' modesty and privacy	E3
46 how to conduct the relevant test patches for intimate waxing services and why	E3
47 how to prepare yourself for carrying out the treatment	E3
48 how to prepare the client for the treatment	E3
49 how to conduct visual examinations of the skin and hair growth in the area to be treated	E3
50 how to prepare the area for treatment including the use of pre-wax products and hair trimming	E3
51 why it is important for the client to personally cleanse the area to be treated immediately prior to the waxing service	E3
52 why it is necessary to conduct yourself in a professional manner in order to avoid any possible misinterpretation of behaviour	E3
53 how to prepare treatment plans	E3
<b>Anatomy and physiology</b>	
54 the structure of the skin (ie the layers of the epidermis, the dermis, the subcutaneous layer, the hair follicle, the hair shaft, the sebaceous gland, arrector pili muscle, sweat gland, blood and lymph vessels, and sensory nerve ending) and differences in the structure of the skin for the different client groups	E4
55 the function of the skin (ie sensitivity, heat regulation, absorption, protection, excretion, secretion and Vitamin D production)	E4
56 the skin characteristics and skin types of different ethnic client groups	E4
57 the structure of the hair	E4
58 the basic principles of hair growth (ie anagen, catagen, telogen)	E4
59 the types of hair growth (including terminal and vellus)	E4



*Continues on next page*



# Knowledge sign-off sheet

## Unit B26 Provide female intimate waxing services

### What you must know (continued)

You need to understand:	Evidence type
60 the correct medical terminology for female genitalia	E4
61 the structure of the female genitalia	E4
<b>Contra-indications and contra-actions</b>	
62 the contra-indications that prevent treatment and why but will not require medical referral (eg thin and/or fragile skin, scar tissue under six months old, heat rash, sunburn, known allergies to products and ingredients such as rosin found in sticking plasters and wax )	E4
63 the contra-indications that require medical approval and why (eg urinary infections, sexually transmitted infections, pubic lice, contagious skin disease, oedema)	E4
64 the conditions which restrict treatment and why (eg moles, infected in-growing hairs, skin tags, external haemorrhoids, medication, diabetes)	E4
65 the potential consequences of carrying out intimate waxing on a contra-indicated client	E3
66 the reasons why it is important to encourage clients with suspected contra-indications to seek medical advice	E3
67 the importance of, and reasons for, not naming specific contra-indications when encouraging clients to seek medical advice	E3
68 how to recognise and deal with the contra-actions that can occur as a result of intimate waxing treatments (eg bruising, blood spots, abrasions, broken hair, histamine (allergic) reaction, excessive erythema, excessive and diminished re-growth)	E4

*Continues on next page*

You need to understand:	Evidence type
<b>Equipment and materials</b>	
69 the types of equipment and products used for intimate waxing	E3
70 how to match the pre-application product to the type of wax being used	E3
71 the ingredients and composition of waxing products including warm wax, sugar paste and hot wax	E3
72 how to prepare waxing products for use	E3
73 the types of product suitable for soothing skin irritation in intimate areas	E3
<b>Treatment specific knowledge</b>	
74 how to carry out the intimate waxing services in the range	E3
75 the terminology and procedures associated with other intimate waxing services, eg Bollywood, Las Vegas, Californian and adornments	E3
76 the types of shaping templates that are available for intimate waxing and how to use and apply them	E3
77 the various techniques associated with, and working temperatures for, the different types of hot wax, warm wax and sugar paste	E3
78 the suitability of specific products for certain hair types	E3
79 how to apply and remove waxing products	E3
80 product application requirements in relation to the direction of hair growth	E3
81 the precautions which need to be taken when removing hair around conditions which restrict the treatment	E3
82 the expected skin reaction to waxing	E3
83 other methods of temporary hair removal (eg tweezing, shaving, depilatory creams, electrical depilatory, threading, abrasive mitts) and the effect of these methods on the waxing process	E4
84 other advanced methods of permanent hair removal, eg epilation or light based hair reduction	E3
85 how you and the client should support the skin during the intimate waxing service avoiding inappropriate contact	E3





# Knowledge sign-off sheet

## *Unit B26 Provide female intimate waxing services*

### What you must know (continued)

You need to understand:	Evidence type
86 why it is important to restrict your conversation to instructions during the intimate waxing service	E4
87 how to manipulate the client's personal protective equipment during the service to prevent product contact with mucus membranes	E3
88 how to deal with circumstances in which the client's behaviour breaches the professional status of the treatment	E4
89 why it is important to give aftercare treatment advice both verbally and in writing and what may happen if treatment advice was not given or is not followed	E4
90 why it is necessary to give clients clear and specific guidance on the importance of personal toilet hygiene and the avoidance of heat and friction	E4
<b>Aftercare advice for clients</b>	
91 aftercare and maintenance requirements for intimate waxing treatments and why these are important (including avoidance of heat and friction, use of perfumed and chemical based products, wearing of restrictive clothing, avoidance of touching the treated area and for how long this should be avoided, the avoidance of swimming and other exercise and for how long this should be avoided, personal toilet hygiene)	E4
92 recommended intervals between treatments	E3
93 suitable home care products and how to apply them, eg post wax lotions	E3
Tick if E3 was an online test	<input type="radio"/> Date
Tick if E4 was an online test	<input type="radio"/> Date
Tick if cross-unit knowledge was an online test	<input type="radio"/> Date
Tick if E3 was an oral/written test	<input type="radio"/> Date
Tick if E4 was a written test	<input type="radio"/> Date
Tick if cross-unit knowledge was an oral/written test	<input type="radio"/> Date

# Supplementary notes

## Unit B26



Your assessor may use this space for any additional comments they may have about your work.

**Comment**

**Date**


### Unit sign-off

**This section must be signed when the unit is complete. We confirm that this evidence is authentic and the assessments were conducted under specified conditions and that all the performance criteria, range and essential knowledge requirements have been met for this unit.**

Candidate signature \_\_\_\_\_ Date \_\_\_\_\_

Assessor signature \_\_\_\_\_ Date \_\_\_\_\_

IQA signature (if sampled) \_\_\_\_\_ Date \_\_\_\_\_

EQA signature (if sampled) \_\_\_\_\_ Date \_\_\_\_\_

# Unit B26 (City & Guilds Unit 032)

## Provide female intimate waxing services

### *Optional*

---

#### **About City & Guilds**

City & Guilds is the UK's leading provider of vocational qualifications, offering more than 500 awards across a wide range of industries, and progressing from entry level to the highest levels of professional achievement. With over 8500 centres in 100 countries, City & Guilds is recognised by employers worldwide for providing qualifications that offer proof of the skills they need to get the job done.

#### **Equal opportunities**

City & Guilds fully supports the principle of equal opportunities and we are committed to satisfying this principle in all our activities and published material. A copy of our equal opportunities policy statement is available on the City & Guilds website.

#### **Copyright**

The content of this document is, unless otherwise indicated, © The City and Guilds of London Institute 2010. All rights reserved. City & Guilds is a trademark of the City and Guilds of London Institute.

Please note: National Occupational Standards are © Consumer Services Industry Authority. Please check the conditions upon which they may be copied with Habia.

First edition 2010

#### **Publications**

For information about or to order City & Guilds support materials, contact 0844 534 0000 or [centresupport@cityandguilds.com](mailto:centresupport@cityandguilds.com). You can find more information about the materials we have available at [www.cityandguilds.com/publications](http://www.cityandguilds.com/publications).

Every effort has been made to ensure that the information contained in this publication is true and correct at the time of going to press. However, City & Guilds' products and services are subject to continuous development and improvement and the right is reserved to change products and services from time to time. City & Guilds cannot accept liability for loss or damage arising from the use of information in this publication.

City & Guilds  
1 Giltspur Street  
London EC1A 9DD  
T 0844 543 0033  
[www.cityandguilds.com](http://www.cityandguilds.com)  
[publishingfeedback@cityandguilds.com](mailto:publishingfeedback@cityandguilds.com)

Page layout design by Purpose  
Implementation by James Godwin