

Purpose statement

The following purpose is for the **City & Guilds Level 3 NVQ Diploma in Spa Therapy (500/8758/7)**

Area	Description
OVERVIEW	
<p>What does this qualification cover?</p>	<p>This qualification covers a range of practical skills and knowledge required for working in the spa therapy industry as a spa therapist or therapist specialising in the application of a spa treatment techniques.</p> <p>To achieve this qualification you must obtain a minimum of 63 credits, 44 credits from mandatory and a minimum of 19 credits from the optional units.</p> <p>Mandatory units include:</p> <ul style="list-style-type: none"> • Promote additional services or products to clients • Monitor procedures to safely control work operations • Provide body massage treatments • Provide stone therapy treatments • Monitor clients and the operation of sauna, steam and hydrotherapy treatments • Provide body wrapping and flotation treatments <p>Optional units include:</p> <ul style="list-style-type: none"> • Contribute to the financial effectiveness of the business • Provide body electrical treatments • Provide facial electrical treatments • Provide Indian head massage • Carry our massage using pre-blended aromatherapy oils • Contribute to the planning and implementation of promotional activities <p>For further information on the structure and the units that must be taken, please refer to the qualification assessor guide on the website:</p> <p>http://www.cityandguilds.com/qualifications-and-apprenticeships/beauty-and-complementary-therapies/beauty/3007-beauty-therapy#tab=document</p> <p>Your centre will work with local employers who will contribute to the knowledge and delivery of your training. Employers will provide demonstrations and talks on the industry and where</p>

possible work placements will also be provided by the employers. This practically based training is ideal preparation for gaining employment in the beauty make-up related industries or specialist further study.

WHAT COULD THIS QUALIFICATION LEAD TO?

Why choose this qualification over similar qualifications?

City & Guilds offers different NVQ qualifications at Level 3 covering the specific skills and knowledge needed to work within the discrete job roles in the beauty and spa therapy industries.

You are likely to choose this qualification if you want to cover all of the technical skills and knowledge needed to work as a spa therapist within the beauty and spa industry.

Alternatives routes to achieve the same outcome?

You can achieve a stand-alone route or an apprenticeship. Alternatively, a VRQ qualification could lead you into the same route of employment as part of a programme of study.

How this qualification supports the identified outcome(s)?

Achievement of this qualification demonstrates to an employer that you have the skills and knowledge of health & safety, customer service and also have the necessary technical skills to be employed as a spa therapist.

Upon completion, learners can progress onto a job as a spa therapist working in one of the following environments:

- Spa
- Beauty salon
- Hotel
- Health club
- Resort

WHO SUPPORTS THIS QUALIFICATION?

Employer/Professional Associations

British Association of Beauty Therapy & Cosmetology (BABTAC)

Federation of Holistic Therapists (FHT)

Dermalogica

Champneys

Steiner
