

Qualification: 6003-20-020/520 Level 2 Beauty Therapy - Theory Exam (1)

June 2018

1	State the three layers of the skin.		
	Acceptable answer(s)	Guidance	Max mks
	<p>One mark for each of the following up to three marks:</p> <ul style="list-style-type: none"> • Epidermis. • Dermis. • Subcutaneous. 	<p>Do not accept adipose tissue Accept if candidate has said subcutis rather than subcutaneous</p> <p>Do not accept individual layers of the epidermis.</p>	3
2	Explain the process of heat regulation within the skin.		
	Acceptable answer(s)	Guidance	Max mks
	<p>One mark for the statement to a maximum of two marks, one mark for the linked explanation to a maximum three marks:</p> <ul style="list-style-type: none"> • Vasoconstriction of the blood capillaries within the skin (1) takes the blood away from the surface of the skin to preserve heat (1) around the vital organs (1). • Arrector Pili muscle contracts/pulls back (1) causing hairs to stand up on end (1) in order to trap heat (1) • Vasodilation of the blood capillaries within the skin (1) brings blood to the surface of the skin, which has a cool effect on the body (1). • Secretion from the sweat glands produces moisture on the surface of the skin (1) which cools the body (1). 	<p>If candidates are explaining vasodilation and vasoconstriction using words 'dilate' and 'constrict', marks can be awarded.</p>	6
3a	State the location of the following muscles in the body. Platysma.		
	Acceptable answer(s)	Guidance	Max mks

	<p>One mark for any of the following to a maximum of one mark.</p> <p>The neck / lower jaw/ clavicle (1).</p>	<p>Do not accept:</p> <p>In the head/face/chin. Front of the body.</p>	4
3b	Flexor Carpi Radialis.		
	Acceptable answer(s)	Guidance	Max mks
	<p>One mark for any of the following to a maximum of one mark.</p> <p>The arm /forearm/lower arm (1).</p>		1
3c	Digitorum longus		
	Acceptable answer(s)	Guidance	Max mks
	<p>One mark for any of the following to a maximum of one mark.</p> <p>The front of the lower leg / lateral side of the lower leg/the leg (1).</p>		1
3d	Trapezius.		
	Acceptable answer(s)	Guidance	Max mks
	<p>One mark for any of the following to a maximum of one mark:</p> <p>d) The back/ the upper back / starting at the occipital down the spine to the lower thoracic (1).</p>	<p>Do not accept:</p> <p>Back of the body. Back of the neck.</p>	
4	Describe two functions of the lymphatic system.		
	Acceptable answer(s)	Guidance	Max mks
	<p>One mark for any of the following to a maximum of two marks.</p> <ul style="list-style-type: none"> • To transport and return fluid (such as plasma protein) • To maintain fluid balance. • To defend/protect the body against disease/fights infection. • Produces lymphocytes. • To absorb lipids from the intestine 		2

	<ul style="list-style-type: none"> • Transport lipids to the blood. • To remove toxins/waste/excess fluid from the body. 		
5	State three safe environmental conditions that should be maintained in a beauty salon.		
	Acceptable answer(s)	Guidance	Max mks
	<p>One mark for any of the following to a maximum of three marks.</p> <ul style="list-style-type: none"> • Lighting. • Ventilation. • Temperature. • Positioning of equipment. <p>OR</p> <ul style="list-style-type: none"> • Risks/hazards e.g trailing wires, spillages, boxes in the area. • Equipment testing/PAT testing/ following manufacturer's instructions for equipment. • Fire exits kept clear. • Correct disposal of waste. 	Do not accept answers relating to client and therapist safety e.g PPE and Patch testing.	3
6	Explain the reasons for following manufacturer's instructions when using beauty products and equipment in the salon.		
	Acceptable answer(s)	Guidance	Max mks
	<p>One mark for the reason to a maximum of two marks, one mark for any linked impact to a maximum four marks.</p> <ul style="list-style-type: none"> • To keep the client and therapist safe (1) • To use equipment correctly (1) which reduces the risk of injury through misuse (1) and reduces the risks of hazards in the salon (1). • To ensure the effectiveness of treatment (1), which will meet client expectations/satisfaction with the finished results (1). • To use products correctly (1) in order to prevent contra actions occurring (1). • To comply with insurance requirements (1) in order to avoid legal action (1). 	<p>Marks can be awarded for any expansion point that is suitably linked to a reason.</p> <p>If one reason is given, with multiple expansion points, marks can be given to each suitable expansion point.</p>	4

7	State two types of questioning techniques that would be used during a consultation.		
	Acceptable answer(s)	Guidance	Max mks
	<p>One mark for each of the following up to a maximum of two marks.</p> <ul style="list-style-type: none"> • Open questions / indirect questions • Closed questions/yes and no questions/ direct questions • Probing questions 	Do not award marks for any examples of questions.	2
8	State four contra-indications that would prevent a facial treatment.		
	Acceptable answer(s)	Guidance	Max mks
	<p>One mark for any of the following to a maximum of four marks.</p> <ul style="list-style-type: none"> • Severe eczema/Psoriasis. • Chemotherapy/radiotherapy/cancer. • Contagious eye infections/conjunctivitis/stye. • Fungal infection/tinea corporis (ring worm). • Bacterial infection/impetigo. • Viral infection/herpes simplex (cold sore)/chicken pox. 	<p>Marks not awarded for previous treatments preventing facial e.g recent chemical peel treatment.</p> <p>Do not accept: Herpes.</p>	4
9	Explain the benefits of using effleurage techniques when providing a facial massage treatment.		
	Acceptable answer(s)	Guidance	Max mks
	<p>One mark for the benefit to a maximum of three marks, one mark for the linked explanation/effect to a maximum six marks.</p> <ul style="list-style-type: none"> • It introduces touch to the client (1) to soothe/warm/relax the muscles (1). • It's used to transition into another move (1) to ensure a constant flow (1) • It is used to apply product over the skin (1) to ensure even distribution and absorption (1). • It soothes the nervous system (1) which aids client relaxation (1). • It stimulates the blood supply to the area/targeted tissues (1) bringing oxygen and nutrients (1) to aid cell renewal (1). 		6

	<ul style="list-style-type: none"> It stimulates the movement of lymph (1) to aid removal of cellular waste/excess fluid/toxins (1). 		
10	State four tools that can be used by the therapist when treating cuticles during a pedicure treatment.		
	Acceptable answer(s)	Guidance	Max mks
	<p>One mark each for any of the following, to a maximum of four marks.</p> <ul style="list-style-type: none"> Hoof stick. Cuticle knife. Cuticle nippers/cutters. Orange stick/ wood stick. 	Do not award marks for consumables or products.	4
11	Explain the reasons for recommending the use of cuticle oil.		
	Acceptable answer(s)	Guidance	Max mks
	<p>One mark for the reason to a maximum of two marks, one mark for any linked impact to a maximum four marks.</p> <ul style="list-style-type: none"> It is used to nourish the matrix/root of the natural nail (1), which encourages stronger/more flexible growth (1). It moisturises the nail/cuticle (1) which prevents dry/ brittle/flaking nails (1) and it prolongs the life of gel nails (1). It protects/repairs damaged cuticles (1), which encourages cell renewal/healthy growth (1). 	Marks can be awarded for explanations which are not linked to a reason.	4
12	State three contra-actions that may be experienced by the client following an eyelash tint treatment.		
a)	Acceptable answer(s)	Guidance	Max mks
	<p>One mark for any of the following to a maximum of three marks.</p> <ul style="list-style-type: none"> Erythema/Redness. Watering eyes. Itching. Swelling/odema. Burning. 	Do not accept 'allergy' or 'blurred vision'	3
b)	Explain the actions that should be taken by a therapist if a client experiences any of the contra-actions stated in a).		3
	Acceptable answer(s)	Guidance	Max mks

	<p>One mark for each action or reason for the action.</p> <p>Actions</p> <ul style="list-style-type: none"> • The therapist should immediately stop the treatment (1) • Remove any products from the area (1) • Apply a cold compress to the area/use an eye bath/rinse with cold water (1) • Advise the client to seek medical assistance depending on the severity of the reaction (pharmacist, G.P, hospital etc.) (1) • Update the record card (1) <p>Reasons</p> <ul style="list-style-type: none"> • To prevent causing further irritation to the area (1). • To sooth the irritation/ which will reduce any inflammation (1). 	<p>Do not accept: Rinse with water. It must state 'cold' water.</p>	3
13	<p>The information given in the table below is a case study of a client who has come to the salon for a range of treatments.</p> <p>Discuss the treatment options available, recommending a justified treatment plan for the client.</p>		
	Acceptable answer(s)	Guidance	Max mks
	<p>Band 1 (1-4 marks) Appropriate treatments were discussed. Limited consideration was given to safety, the requirement for preparation of treatments and factors that could influence treatments. Brief treatment plan proposed, not in a logical sequence with no account of timings. Limited advice and recommendations were provided and not tailored to suit the client's needs.</p> <p>To access the higher marks within the band, the candidate has made some attempt to justify their choices made, but this is not always accurate or relevant to the client's needs.</p> <p>Band 2 (5-8 marks) Treatments discussed were relevant to the client's needs and expectations, with some justification provided. Treatments proposed are in a logical sequence, but timing not always accurate. Tentative links between the choices made and the client's needs, but lacks confidence in justifying their choices. Client safety and factors that could influence treatments were considered but were not always effectively linked to the treatment plan. Advice and recommendations were suggested with some links to the treatments provided.</p> <p>To access the higher marks within the band, the candidate has shown greater ability to make links between the choices made and the client's needs.</p>	<p>Indicative content:</p> <ul style="list-style-type: none"> • Factors that affect the needs of the client. • Consultation. • Factors that could influence treatment plan. • Choice of 3 appropriate treatments with justification. • Safety considerations. • Treatment procedures. • Treatment timings. • Budget. • Homecare/aftercare plan. • Retail products/future treatments. • Advice and recommendations. <p>For no awardable content, award 0 marks.</p>	12

	<p>Band 3 (9-12 marks)</p> <p>Comprehensive and logical treatment plan proposed, all treatments linked to the client's needs and expectations. Clear justifications given for the choices made.</p> <p>Full consideration was given to the client's budget and planning was clear regarding timescales to ensure the safety of the client and that the results are beneficial to the client.</p> <p>Discussion of techniques and products to be used was explored in depth. Retail opportunities were discussed, taking into account the client's interest level. Relevant advice, homecare and recommendations were provided to maintain the effects of the treatments.</p> <p>To access the higher marks within the band, the candidate has discussed, in detail, further treatments and products which will enhance the overall effectiveness of the treatment plan.</p>		
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