Please note this is not a complete sample theory exam, this document consists of sample questions from across the test specification.

<table>
<thead>
<tr>
<th>Candidate</th>
<th>Name</th>
<th>Date</th>
<th>DD/MM/YY</th>
</tr>
</thead>
</table>

1. Identify two structures in the skin that contribute to heat regulation. (2 marks)

2. Explain the differences between Herpes Simplex and Tinea Pedis (4 marks)

3. State the muscles responsible for each of the following actions.
   a) Dorsiflexion of the foot. (1 mark)
   b) Extension of the forearm. (1 mark)
   c) Pulls the corners of the mouth upwards. (1 mark)

4. State the location of the following.
   a) Supra troclear lymph nodes (1 mark)
b) Sub-mandibular lymph nodes. (1 mark)

5 It is important to follow professional practices when working in the beauty industry. Give three reasons why it is important to maintain client confidentiality. (3 marks)

6 Describe the effects of petrissage massage movements when used within a facial. (3 marks)

7 Describe the process used to remove the gel polish from the nail. (4 marks)
8  a) State the importance of carrying out a patch test on clients prior to an eyelash tint.  
   (1 mark)


b) Give two reasons why it is important to accurately record the results of a patch test prior to eyelash tinting.  
   (2 marks)


9  Lisa often comes to the salon for facials and hair removal. She is getting married in two months and her main concerns are in-growing hairs on her chin, dry dehydrated skin on her face and brittle and dry nails which are due to her occupation.

Lisa would like you to prepare a treatment plan running up to the event to address her main concerns. She is willing to invest time and money to look her best on the wedding day.

Discuss the treatment options available recommending a justified treatment plan for the client.  
   (12 marks)