



6003-530 JUNE 2018

Level 3 Advanced Technical Diploma in Beauty and Spa Therapy Level 3 Beauty and Spa Therapy – Theory exam (1)

If provided, stick your candidate
barcode label here.

Thursday 14 June 2018
09:30 – 12:10

Candidate name (first, last)

First

Last

Candidate enrolment number

Date of birth (DDMMYYYY)

Gender (M/F)

Assessment date (DDMMYYYY)

Centre number

Candidate signature and declaration*

- If any additional answer sheets are used, enter the additional number of pages in this box.
- Please ensure that you **staple** additional answer sheets to the **back** of this answer booklet, clearly labelling them with your full name, enrolment number, centre number and qualification number in BLOCK CAPITALS.
- All candidates need to use a **black/blue pen**. **Do not** use a pencil or gel pen.
- If provided with source documents, these documents **will not** be returned to City & Guilds, and will be shredded. **Do not** write on the source documents.

***I declare that I had no prior knowledge of the questions in this assessment and that I will not divulge to any person any information about the questions.**

You should have the following for this examination

- a pen with black or blue ink

General instructions

- Use black or blue ball-point pen.
- The marks for questions are shown in brackets.
- This examination contains 19 questions. Answer **all** questions.
- Answer the questions in the spaces provided. Answers written in margins or on blank pages will **not** be marked.
- Cross through any work you do not want to be marked.



1 State **two** advantages of promoting a new facial treatment in a salon. (2 marks)

2 State **two** requirements of the Sale of Goods Act. (2 marks)

3 Explain the importance of evaluating sales techniques when working in a salon. (4 marks)

4 Describe **one** function of **each** of the following cell structures. (1 mark)

a) Mitochondria.

b) Cell membrane. (1 mark)



- 5 State the muscle responsible for **each** of the following movements.
- a) Lateral flexion and rotation of the torso. (1 mark)

 - b) Extension of the hip and flexion of the knee. (1 mark)

 - c) Flexion of the knee and planter flexion of the foot. (1 mark)

- 6 State **two** of the bones that form part of the pelvic girdle. (2 marks)

- 7 Describe **two** functions of the right lymphatic duct. (2 marks)

- 8 State the location of **each** of the following blood vessels.
- a) Saphaneous vein. (1 mark)

 - b) Carotid artery. (1 mark)

 - c) Axillary vein. (1 mark)



9 Explain the effects of kyphosis on the body.

(4 marks)

10 State **two** functions of the endocrine system.

(2 marks)



11 Explain the transportation of oxygen through the cardio vascular system.

(4 marks)

12 State **three** advantages of using effleurage massage techniques to prevent repetitive strain injuries.

(3 marks)



13 Explain the considerations to be taken when carrying out a full body massage on an elderly female client.

(6 marks)

14 Name a contra-indication that would prevent a body massage on the limbs in **each** of the following categories.

a) Viral. (1 mark)

b) Fungal. (1 mark)

c) Bacterial. (1 mark)

15 State **three** contra-actions that could occur following a body galvanic treatment.

(3 marks)

16 Explain the benefits of combining desincrustation and direct high frequency within a facial, on a client with oily skin and comedones.

(6 marks)

- 17 During a client's consultation, a body analysis has revealed weak muscles on the abdomen, medial aspect of upper thighs and lateral aspect of upper arms.
- a) Explain the adaptations required when applying a 20min EMS treatment to this client.

(6 marks)

- b) State **three** pieces of aftercare advice that could be given to the client following the treatment.

(3 marks)

18 a) State **three** benefits of using infra-red prior to a body mechanical massage treatment.

(3 marks)

b) State **two** precautions to follow when using infra-red.

(2 marks)
