



6004-532 JUNE 2018

Level 3 Advanced Technical Diploma in Complementary Therapies
Level 3 Complementary Therapies – Theory exam (2)

If provided, stick your candidate
barcode label here.

Monday 18 June 2018
09:30 – 11:30

Candidate name (first, last)

First

Last

Candidate enrolment number

Date of birth (DDMMYYYY)

Gender (M/F)

Assessment date (DDMMYYYY)

Centre number

Candidate signature and declaration*

• If any additional answer sheets are used, enter the additional number of pages in this box.

• Please ensure that you **staple** additional answer sheets to the **back** of this answer booklet, clearly labelling them with your full name, enrolment number, centre number and qualification number in BLOCK CAPITALS.

• All candidates need to use a **black/blue pen**. **Do not** use a pencil or gel pen.

• If provided with source documents, these documents **will not** be returned to City & Guilds, and will be shredded. **Do not** write on the source documents.

***I declare that I had no prior knowledge of the questions in this assessment and that I will not divulge to any person any information about the questions.**

You should have the following for this examination

- a pen with black or blue ink

General instructions

- Use black or blue ball-point pen.
- The marks for questions are shown in brackets.
- This examination contains 12 questions. Answer **all** questions.
- Answer the questions in the spaces provided. Answers written in margins or on blank pages will **not** be marked.
- Cross through any work you do not want to be marked.



1 State **three** influential people who are associated with reflexology.

(3 marks)

2 Explain the client specific legal obligations to consider when working within the complementary therapy industry.

(4 marks)

6 State **four** methods of extraction for fixed carrier oils. (4 marks)

7 State **four** reflexes that are located in the right foot in zone 2. (4 marks)

8 Explain the physiological effects of reflexology. (5 marks)

- 12 The information provided in the table below is a case study of a client who has come into the clinic to discuss a treatment plan. The client would like to book a reflexology and an aromatherapy treatment.

Discuss the treatment options available, recommending a justified treatment plan.

(12 marks)

Name:	Mandy
Gender:	Female
Age:	47
Height:	5' 4" / 1.65 m
Weight:	9 stone / 57 kg
Medical history:	Suffers with Raynauds disease and depression.
Medication:	Takes Hormone Replacement Therapy (HRT) and regularly takes Ibuprofen and paracetamols for headaches.
Comments:	Mandy is a 47 year old single female who lives with her housemate. She enjoys travelling but recently has been restricted due to her arthritis getting worse. She has also been suffering with slight kyphosis. She has a busy office job and doesn't see people outside of her work place. She likes spending her evenings reading quietly.
Physical observations:	Kyphosis – rounded shoulders, mild swelling around knees and joints of fingers due to arthritis. Sallow dry complexion.
