





## 6004-532 MARCH 2018 Level 3 Advanced Technical Diploma in Complementary Therapies Level 3 Complementary Therapies – Theory exam (2)

If provided, stick your candida barcode label here.	Friday 16 M 09:30 – 11:3	
Candidate name (first, last)		
First		
Last		
	Date of birth (DDMMYYYY)  Centre number	Gender (M/F)  Candidate signature and declaration*
• If any additional answer sheets are	e used, enter the additional nu	umber of pages in this box.
<ul> <li>Please ensure that you staple ad booklet, clearly labelling them wit and qualification number in BLOCI</li> <li>All candidates need to use a blac</li> <li>If provided with source document and will be shredded. Do not write the clare that I had no prior kn and that I will not divulge to an</li> </ul>	h your full name, enrolment now K CAPITALS. <b>k/blue pen. Do not</b> use a pe s, these documents <b>will not</b> b te on the source documents. <b>owledge of the questions</b>	umber, centre number encil or gel pen. pe returned to City & Guilds, in this assessment

## You should have the following for this examination

• a pen with black or blue ink

## **General instructions**

- Use black or blue ball-point pen.
- The marks for questions are shown in brackets.
- This examination contains 12 questions. Answer all questions.
- Answer the questions in the spaces provided. Answers written in margins or on blank pages will not be marked.
- Cross through any work you do not want to be marked.

State <b>three</b> recognised Complementary and Alternative Medicines (CAM) that would best be recommended to treat tight muscles in the back.	(3 marl
Explain the importance of a therapist conducting themselves in a professional manner during a treatment.	(4 mar
State <b>three</b> benefits of body massage.	(3 mai

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(5 marks)

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Explain the adaptations to take when performing a body massage on an elderly client who has tension in their upper spine area.

	blend.	
a)	Melaleuca alternifolia.	(4 marks
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b)	Cananga Odorata	(4 mark
D)	Cananga Odorata.	(4 11141 K
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State <b>four</b> therapeutic terms that relate to properties when using aromatherapy to treat infections.	
State <b>four</b> reflexes that are located within zone 5 of the left foot.	  (4 ma
Explain the benefits of a reflexology treatment for a client suffering from anxiety.	
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(6 marks)	
(3 marks)	

State <b>three</b> environmental conditions that impact on an aromatherapy treatment.				
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A client who suffers from a reduced range of movement in their shoulders has just completed a reflexology treatment.

Explain the specific aftercare that should be given to the client.

State **three** contra-actions to a reflexology treatment. (3 marks) +

12 The information provided in the table below is a case study of a client who has come into a clinic to discuss a treatment plan. The client would like to book a reflexology and an aromatherapy treatment.

Discuss the treatment options available, recommending a justified treatment plan.

(12 marks)

Name: Michael Gender: Male Age: 43

**Height:** 5' 8" / 1.76 m **Weight:** 17 stone / 107.9 kg

**Medical history:** History of heart disease in the family, has been recently

suffering with headaches

**Medication:** 

**Comments:** Owns own business and works long hours and often weekends.

Has a wife and 2 daughters, 2 years old and 7 years old. As part of work often networking by playing golf on weekends. Doesn't spend time with the family as often too exhausted after work, but feels it's important to work hard to provide a good life for

his wife and children.

**Physical** 

**Observations:** Rounded shoulders, hairy body, and suffers with dry skin (but

doesn't use anything). Has started to walk with a slight limp.



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Question 12 continued

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