

6004-032/532

Level 3 Complementary Therapies (2) – Sample Questions

Version 1.1 – September 2017

Please note this is not a complete sample theory exam, this document consists of sample questions from across the test specification.

Candidate	Name	Date	DD/MM/YY
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- 1 State **three** professional organisations associated with reflexology. (3 marks)

- 2 Explain the benefits of pressure point techniques within an aromatherapy treatment. (4 marks)

- 3 State **two** benefits of the Alexander Technique. (2 marks)

4 Explain the therapeutic effects that essential oils can have on the circulatory system. (3 marks)

5 Explain the benefits of warm up techniques in a reflexology treatment. (5 marks)

6 Explain why a consultation is carried out prior to a reflexology treatment. (3 marks)

7 State **two** therapeutic properties of the chemical constituent diterpene. (2 marks)

8 Explain the principles of zone theory in relation to reflexology. (3 marks)

9 Explain the specific aftercare advice that should be given to a client with a stiff vertebral column and blocked sinuses following a reflexology treatment. (4 marks)
