

# 004

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## Hair plaiting

Plaiting hair gives you the chance to show off your creative skills. In this unit, you'll learn how to design and create different looks, and will have fun using a range of decorations. You will also learn about products, and how they can help with the plaiting service. Your tutor will show you how to section and secure the hair, and you will develop your own style book, showing your exciting finished looks.

# Assignment mark sheet

## Unit 004 Hair plaiting

This page is used to record when you pass the 'What you must know' and 'What you must do' tasks. The practical or the knowledge tasks are not graded in this unit.

What you must know	Tick when complete
Task 1a: style book	
Task 1b: chart	

What you must do	Tick when complete
Task 2: practical observation	

### Complete overall

Candidate name:

Candidate signature: Date:

Assessor signature: Date:

Quality assurance co-ordinator signature (where applicable): Date:

External Verifier signature (where applicable): Date:



Image courtesy of iStockphoto.com/Eduard Titov

## What does it mean?

Some useful words are explained below



### Client comfort

Making sure that the client's head position is not uncomfortable and they are seated correctly in the chair.



### Decoration

Ornamentation that is used to enhance the finished look, such as flowers or jewels.



### Client preparation

Getting the hair ready and putting a gown on the client.

### Plaiting technique

A single plait, using three strands of hair, and a fishtail plait, using two strands of hair.

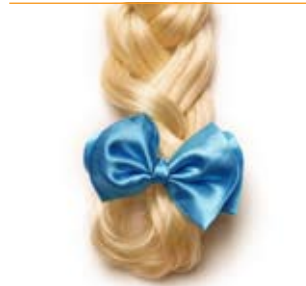


### Safe and hygienic working practices

Following health and safety legislation to ensure you and your client are not harmed.

### Communicate

The use of both verbal and non-verbal communication methods when carrying out a plaiting service. Verbal: talk clearly, do not mumble, give your client time to speak, listen. Non-verbal: smile and make eye contact.



### Securing the hair

Ensuring that the plait stays in place by using bands, ribbons or clips.

## What you must know

### You must be able to:

- 1 State the procedure for client preparation
- 2 State when and how to use products, tools and equipment

#### Revision tip

Practise to make sure your hair sectioning is even and neat, as this will give you a good professional finished look.

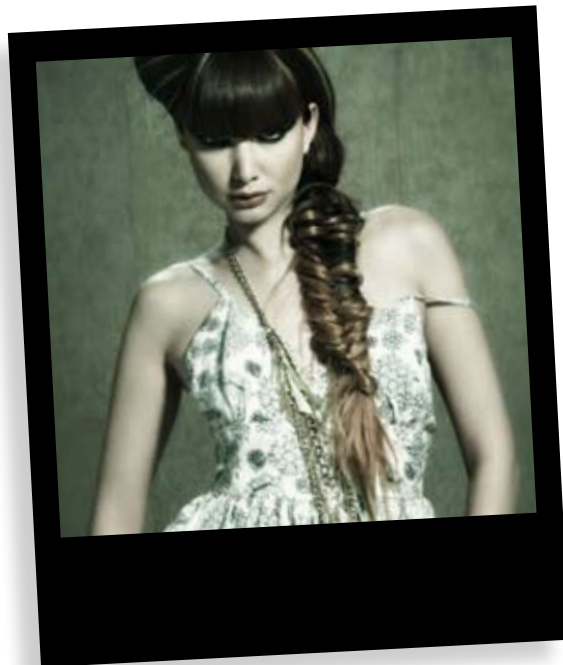


Image courtesy of Hiji



Image courtesy of iStockphoto.com/Inga Ivanova



# Plan

Try out different plaiting styles on your friends to get used to handling different types and lengths of hair.



Image courtesy of iStockphoto.com/Quavondo | Image courtesy of Hertford Regional College

Image courtesy of iStockphoto.com/Aina555

Find out and use a range of products to discover which ones help you to create a good finish on the hair, as well as making sure the style stays in place.

# bitzing



# What you must do

## Practical observations

This page shows what you need to do during your practical task. You can look at it beforehand, but you're **not** allowed to have it with you while carrying out your practical task. You must achieve **all** the criteria. The practical task is not graded in this unit.

- 1 Gowned and protected to a professional standard for the service required
- 2 Identified requirements for off scalp plaiting technique
- 3 Prepared the hair for off scalp plaiting techniques
- 4 Selected products, tools and equipment with supervision and prepared work area/trolley
- 5 Sectioned hair cleanly and evenly for required technique
- 6 Secured plaits with supervision to minimise risk of excessive tension
- 7 Ensured client comfort at all times (if appropriate)
- 8 Followed safe and hygienic working practice
- 9 Communicated in a professional manner
- 10 Behaved in a professional manner

Candidate signature and date

Assessor signature and date

Tick when complete




## Comment form

# Unit 004 Hair plaiting

This form can be used to record comments by you, your client, or your assessor.

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Image courtesy of iStockphoto.com/fourseasons

### Revision tip

Check with the client on a regular basis to make sure they are comfortable throughout the service.