

004

Hair plaiting

Plaiting hair gives you the chance to show off your creative skills. In this unit, you'll learn how to design and create different looks, and will have fun using a range of decorations. You will also learn about products, and how they can help with the plaiting service. Your tutor will show you how to section and secure the hair, and you will develop your own style book, showing your exciting finished looks.

Assignment mark sheet

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This page is used to record when you pass the 'What you must know' and 'What you must do' tasks. The practical or the knowledge tasks are not graded in this unit.

What you must know	Tick when complete
Task 1a: style book	
Task 1b: chart	

What you must do	Tick when complete
Task 2: practical observation	

Complete overall

Candidate name:

Candidate signature: Date:

Assessor signature: Date:

Quality assurance co-ordinator signature (where applicable): Date:

External Verifier signature (where applicable): Date:



Image courtesy of iStockphoto.com/Eduard Titov

What does it mean?

Some useful words are explained below



Client comfort

Making sure that the client's head position is not uncomfortable and they are seated correctly in the chair.



Decoration

Ornamentation that is used to enhance the finished look, such as flowers or jewels.



Client preparation

Getting the hair ready and putting a gown on the client.

Plaiting technique

A single plait, using three strands of hair, and a fishtail plait, using two strands of hair.



Safe and hygienic working practices

Following health and safety legislation to ensure you and your client are not harmed.

Communicate

The use of both verbal and non-verbal communication methods when carrying out a plaiting service. Verbal: talk clearly, do not mumble, give your client time to speak, listen. Non-verbal: smile and make eye contact.



Securing the hair

Ensuring that the plait stays in place by using bands, ribbons or clips.

What you must know

You must be able to:

- 1 State the procedure for client preparation
- 2 State when and how to use products, tools and equipment

Revision tip

Practise to make sure your hair sectioning is even and neat, as this will give you a good professional finished look.



Image courtesy of Hiji



Image courtesy of iStockphoto.com/Inga Ivanova



Plan

Try out different plaiting styles on your friends to get used to handling different types and lengths of hair.



Find out and use a range of products to discover which ones help you to create a good finish on the hair, as well as making sure the style stays in place.

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Comment form

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This form can be used to record comments by you, your client, or your assessor.



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Revision tip

Check with the client on a regular basis to make sure they are comfortable throughout the service.