

215

The art of dressing hair

This unit is the very foundation of everyday hairdressing. Styling and finishing techniques are extremely important to you as a hairdresser. You will learn a variety of setting and styling skills. You'll understand the science of what happens inside the hair during the setting and drying process, helping you to maximise style potential. You'll soon be encouraged to showcase your skills with competition or photographic work.

Assignment mark sheet

Unit 215 The art of dressing hair

Your assessor will mark you on each of the practical tasks in this unit. This page is used to work out your overall grade for the unit. You must pass **all** parts of the tasks to be able to claim a grade. For each completed practical task, a pass equals 1 point, a merit equals 2 points and a distinction equals 3 points.

What you must know	Tick when complete
Task 1a: chart	
Task 1b: style guide	

What you must do	Grade	Points
Task 2a: blow-dry		
Task 2b: finger dry		
Task 2c: wet set with pin curls		
Task 2d: long hair up		

Conversion chart

Grade	Points
Pass	1–1.5
Merit	1.6–2.5
Distinction	2.6–3

Total points for graded tasks	
Divided by	÷ 4
= Average grade for tasks	
Overall grade (see conversion chart)	

Candidate name:

Candidate signature: Date:

Assessor signature: Date:

Quality assurance co-ordinator signature (where applicable): Date:

External Verifier signature (where applicable): Date:

What does it mean?

Some useful words are explained below

Aftercare advice

Information given to the client on style and hair maintenance.



Backcombing

A dressing out technique with a comb, for giving root lift and/or volume to the hair.

Finger drying

Using the fingers and hands to mould, shape and lift the hair into the required style while drying.

Finger-waving

A method of moulding wet hair into s-shape movements using fingers and a comb.

Finishing products

Used during the dressing and finishing of the style to help maintain the effect created.

Hair density

How many hairs there are on the head; for example, a sparse head of hair does not have many hairs.

Hair elasticity

An indicator of the condition of the hair's cortex and strength of the hair; the hair should stretch; and return without damage.

Hair texture

The thickness of each single hair; for example, fine hair is hair with a small circumference.



Heated styling equipment

Styling tools used to set dry hair, adding curl, volume or straightening hair; for example straightening irons.

Humidity

Moisture (dampness) in the atmosphere.

Hygroscopic

Something that can attract or absorb moisture from the air and is changed or altered by the absorption of moisture.

Pin curling

A setting technique used to curl or wave the hair and add volume; a spring clip or pin is used to secure the set.



Styling products

Used to aid in the moulding and drying stage of the set or blow-dry, these help protect the hair from heat.

Tonging

A method of curling the hair with heated styling equipment.

Tools

Combs, brushes, etc used to carry out the hairdressing service.

Image courtesy of Redken

What you must know

You must be able to:

- 1 State the procedure for client preparation
- 2 Describe the effects of the different styling techniques
- 3 Describe the factors that need to be considered when styling and dressing hair
- 4 Describe the physical effects of styling on the hair structure
- 5 Describe the effect of humidity on the hair structure and resulting style
- 6 Explain how the incorrect use of heat can affect the hair and scalp
- 7 Describe the correct use and routine maintenance of tools, equipment and accessories

Continues on next page

Revision tip

Alpha keratin is the hair in its unstretched state; beta keratin is the hair in its stretched state.



Image courtesy of Rainbow Room International

- 8 Describe the uses for the range of styling products
- 9 Describe how to secure and control long hair looks
- 10 State the purpose of backcombing and backbrushing when dressing hair
- 11 Describe the uses for the range of finishing products
- 12 Describe the aftercare advice that should be provided
- 13 Outline safe and hygienic working practices when styling and dressing hair
- 14 State how to communicate in a salon environment
- 15 State the behavioural expectations within a salon environment

Image courtesy of www.patrick-cameron.com

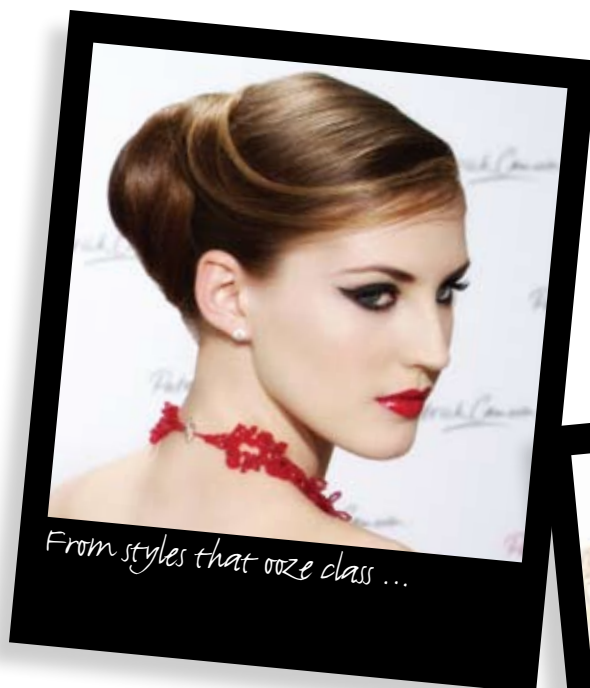
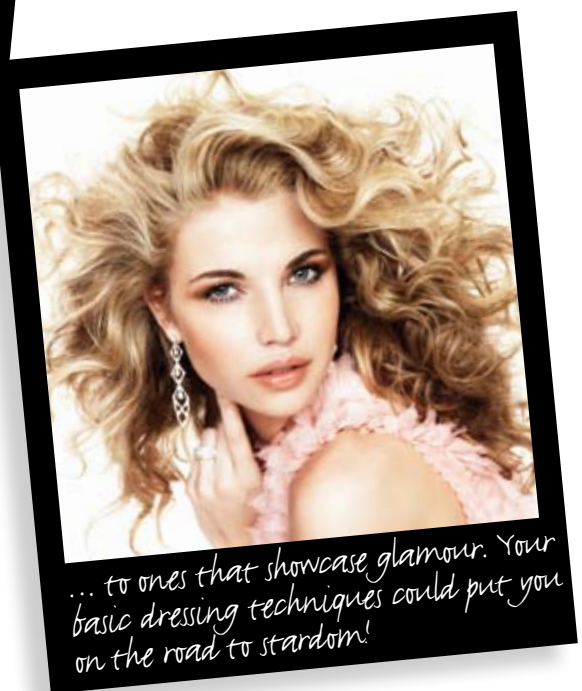


Image courtesy of Rae Palmer



Dress



Image courtesy of iStockphoto.com/DomenicoGelermo



Aim for perfection - not a hair out of place!

Image courtesy of www.patrick-cameron.com

Image courtesy of www.patrick-cameron.com



SS2010

Image courtesy of Ishoka

What you must do

Practical observations

This page shows what you need to do during your practical task. You can look at it beforehand, but you're **not** allowed to have it with you while carrying out your practical task. You must achieve **all** the criteria; you can achieve 1 mark, 2 marks or 3 marks for the criteria indicated with *****.

Conversion chart

Grade	Marks
Pass	14–16
Merit	17–20
Distinction	21–24

Hair length: two above shoulder, two below shoulder
Styling products (minimum of two)
Finishing products (minimum of two)
Heated styling equipment: straighteners (only as a finishing tool), curling tongs, heated rollers (each used at least once)
1 Prepare self, the client and work area for dressing services
2 Consult with clients to confirm their requirements *
3 Evaluate the potential of the hair to achieve the desired look by identifying the influencing factors *
4 Position self and the client appropriately throughout the service
5 Select and use styling products, tools and equipment to achieve the desired look
6 Use working methods that meet salon and legal requirements
7 Use styling techniques and dressing effects that take into account the identified factors *
8 Control and secure hair effectively during dressing

Dressing service											
1 Blow-dry			2 Finger dry			3 Wet set with pin curls			4 Long hair up		
1			1			1			1		
1	2	3	1	2	3	1	2	3	1	2	3
1	2	3	1	2	3	1	2	3	1	2	3
1			1			1			1		
1			1			1			1		
1			1			1			1		
1	2	3	1	2	3	1	2	3	1	2	3
1			1			1			1		

Continues on next page

- 9 Dress hair to the satisfaction of the client
- 10 Apply finishing products to maintain the style
- 11 Evaluate the result of the treatment with the client
- 12 Follow safe and hygienic working practices
- 13 Provide suitable aftercare advice *
- 14 Communicate and behave in a professional manner *

Totals

Grade

Candidate signature and date

Assessor signature and date

Dressing service											
1 Blow-dry			2 Finger dry			3 Wet set with pin curls			4 Long hair up		
1			1			1			1		
1			1			1			1		
1			1			1			1		
1			1			1			1		
1	2	3	1	2	3	1	2	3	1	2	3
1	2	3	1	2	3	1	2	3	1	2	3

Images courtesy of Rae Palmer



What you must do

Practical observations descriptors table

This table shows what you need to do to achieve 1, 2 or 3 marks for the criteria indicated with * on pages 8 and 9.

	1 mark	2 marks	3 marks
2 Consult with clients to confirm their requirements	Basic consultation Example: uses closed questions	Good consultation Examples: uses open and closed questions, uses visual aids, aware of own body language	Thorough consultation Examples: uses open and closed questions, good use of visual aids, effective use of body language, repeats instructions clearly to gain confirmation
3 Evaluate the potential of the hair to achieve the desired look by identifying the influencing factors	Minimal evaluation identifies influential factors Examples: hair texture, length and density, client requirements	Good evaluation identifies influential factors Examples: hair texture, length and density, client requirements, hair growth patterns, elasticity, client lifestyle	High level of evaluation identifies influential factors Examples: hair texture, length and density, client requirements, hair growth patterns, elasticity, client lifestyle, head/face shape/features, contra-indications
7 Use styling techniques and dressing effects that take into account the identified factors	Identifies and rectifies minor errors on instruction Little evidence of maximising potential of style Examples: minimum factors taken into account for style and dressing technique (hair conditions and client requirements)	Identifies and rectifies minor errors Some evidence of maximising potential of style Examples: self-identification of errors, all factors in point 1 taken into account for style and dressing technique, plus hair growth and hair texture	Accurate over the whole look Clear evidence of maximising potential of style Examples: all factors in point 2 taken into account for style and dressing technique, plus haircut, hair length, head/face shape and features

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	1 mark	2 marks	3 marks
13 Provide suitable aftercare advice	Basic aftercare advice Example: use of products	Good level of aftercare advice Example: use of products and equipment	Excellent level of aftercare advice Examples: use of products and equipment, maintenance of style and further services available
14 Communicate and behave in a professional manner	Satisfactory communication and behaviour Examples: polite, friendly, positive body language, speaks clearly	Good communication and behaviour Examples: polite, friendly, positive body language, speaks clearly, respectful to colleagues and clients, listens and responds to clients' needs	Excellent communication and behaviour Examples: polite, friendly, positive body language, speaks clearly, respectful to colleagues and clients, listens and responds to clients' needs, shows a reassuring and confident manner

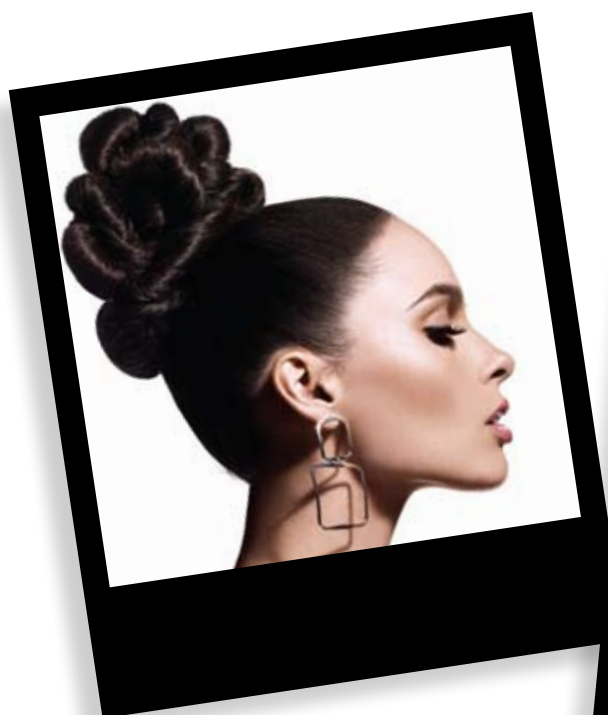


Image courtesy of Creative Nail Design

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Comment form

Unit 215 The art of dressing hair

This form can be used to record comments by you, your client, or your assessor.



Image courtesy of Brenda Harrison



Image courtesy of TONI & GUY/Richard Mannah