

218

Provide nail art

Nail art is a creative additional treatment that can be carried out on both natural nails and nail enhancements on the hands and feet. This unit is all about creating various designs using lots of different techniques. You will learn how to consult and communicate with your client, devise a treatment plan to suit the nails and skin condition, and apply these designs to the nails. You will also learn many techniques to create lots of different designs, including polishing, application of gems, glitters, transfers, and techniques using tape and a striping pen. Health, safety and hygiene must be adhered to throughout each treatment, and you must learn the conditions that will prevent you carrying out the treatment.

Assignment mark sheet

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Your assessor will mark you on each of the practical tasks in this unit. This page is used to work out your overall grade for the unit. You must pass **all** parts of the tasks to be able to achieve a grade. For the practical tasks, a pass equals 1 point, a merit equals 2 points and a distinction equals 3 points.

What you must know	Tick when complete
Task 1a: information sheet	
Task 1b: fact sheet	
Task 1c: anatomy and physiology	

What you must do	Grade	Points
Task 2: practical observation		
Overall grade		



Candidate name:

Candidate signature: Date:

Assessor signature: Date:

Quality assurance co-ordinator signature (where applicable): Date:

External Verifier signature (where applicable): Date:

What does it mean?

Some useful words are explained below

Aftercare advice

Advice given to the client following a nail art application in order for the client to maintain the design.

Contra-action

An unfavourable reaction that may occur either during or after nail art application, eg skin swelling.

Contra-indication

A condition that will prevent nail art being carried out, eg nail loss.

COSHH (Control of Substances Hazardous to Health)

This relates to products that could cause harm if used incorrectly and for which clear instructions need to be followed for storage and handling.

Cuticle

The flexible fold of skin around the base of the nail.

Disinfection

The process of destroying some but not all micro-organisms.

Foils

These are available in many patterns and colours and can be applied to the nail to give a metallic sheen.



Gem stones

Various little stones that can be adhered to the nail, such as rhinestones, flat stones or pearls.



Glitter

A heavy, sparkly powder used to give sparkle to the nail.

Nail plate

The pink-coloured part of the nail.

Nail separation

When the nail lifts away from the nail bed.

PPE

Personal protective equipment, such as disposable gloves and face masks.

Sterilisation

The process of destroying all micro-organisms and their spores.

Striping pen

A very fine brush used to make stripes or tapering stripes on the nail.

Transfers

These are usually self-adhesive and can easily be applied to nails by first peeling off the backing sheet.



What you must know

You must be able to:

- 1 Describe salon requirements for preparing yourself, the client and the work area
- 2 State the environmental conditions suitable for nail art
- 3 Describe different consultation techniques used to identify treatment objectives
- 4 Explain the importance of carrying out a nail and skin analysis
- 5 Describe how to select products, tools and equipment to suit the client's treatment needs and nail condition
- 6 Identify the different nail conditions
- 7 Describe the contra-indications which prevent or restrict nail art
- 8 State how to communicate and behave in a professional manner
- 9 Describe health and safety working practices
- 10 State the importance of positioning yourself and the client correctly throughout the treatment

Continues on next page

Revision tip

Draw your design on paper before attempting to apply it to the nail.



A glitter top coat makes a great evening look.

- 11 State the importance of using products, tools, equipment and techniques to suit the client's treatment needs and nail condition
- 12 Describe how treatments can be adapted to suit the client's treatment needs and nail condition
- 13 State the contra-actions that may occur during and following services and how to respond
- 14 State the importance of completing the treatment to the satisfaction of the client
- 15 State the importance of completing treatment records
- 16 State the aftercare advice that should be provided
- 17 Describe diseases and disorders of the nail
- 18 Describe the structure and functions of the nail

Revision tip

Allow enough time for the polish to dry, particularly between coats.

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Remember that all nail art needs to be sealed with a clear or glitter top coat.



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Every time you create a new design for a client, copy it on to a tip. You'll soon have enough tips to create a design board.

Nails



Consider the season when planning your designs. For example, floral patterns are great for summer!

Develop a range of designs on nail tips and display them on a tray so clients can see various ideas.

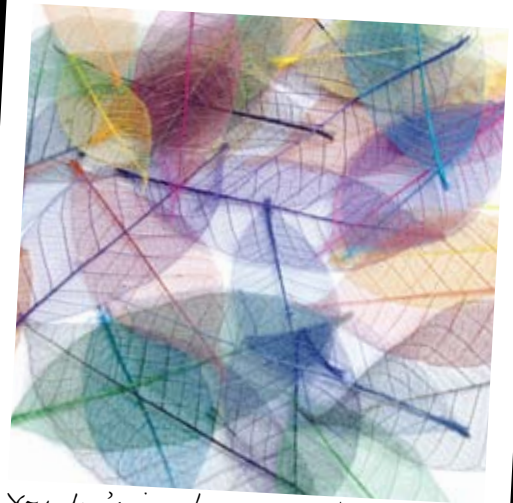


Make sure you have a steady surface on which to work, and if possible rest your hand on a manicure pad.

Nail Art

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Remember your clients' nails are an accessory to them, just like a handbag, pair of shoes or jewellery.



You don't just have to stick with glitter in your nail art - be creative!

What you must do

Practical observations

This page shows what you need to do during your practical task. You can look at it beforehand, but you're **not** allowed to have it with you while carrying out your practical task. You must achieve **all** the criteria; you can achieve 1 mark, 2 marks or 3 marks for the criteria indicated with *.

- 1 Prepare yourself, the client and the work area for nail art service
- 2 Use suitable consultation techniques to identify service objectives *
- 3 Carry out a nail and skin analysis
- 4 Provide clear recommendations to the client *
- 5 Position yourself, the client and the equipment correctly throughout the service
- 6 Follow health and safety working practices
- 7 Communicate and behave in a professional manner
- 8 Select and use products, tools, equipment and techniques to suit the client's service needs and nail conditions *
- 9 Complete the service to the satisfaction of the client *
- 10 Record the results of the service with the client
- 11 Provide suitable aftercare advice *

Totals

Grade

Candidate signature and date

Assessor signature and date

Conversion chart

Grade	Marks
Pass	11–13
Merit	14–18
Distinction	19–21

Please tick when all pre-observation requirements have been met.

Provide nail art		
1		
1	2	3
1		
1	2	3
1		
1		
1		
1	2	3
1	2	3
1		
1	2	3

What you must do

Practical observations descriptors table

This table shows what you need to do to achieve 1, 2 or 3 marks for the criteria indicated with * on the previous page.

	1 mark	2 marks	3 marks
2 Use suitable consultation techniques to identify service objectives	Basic consultation carried out Examples: closed questions used throughout, questioning covers contra-indications	Good consultation carried out Examples: open and closed questions, positive body language, questioning covers contra-indications, general health, lifestyle and expectations	Thorough consultation carried out Examples: uses open and closed questions, good use of visual aids, effective use of body language, repeats instructions clearly to gain confirmation
4 Provide clear recommendations to the client	A basic service plan is recommended Example: objectives of the service identified	A good service plan is recommended Examples: objectives of the service identified, taking into account nail condition and client expectations	A thorough service plan is recommended Examples: objectives of the service identified, taking into account nail condition, general health, medication, client lifestyle, expectations, occasion established, colour preferences and current use of nail art
8 Select and use products, tools, equipment and techniques to suit the client's service needs and nail conditions	Select and use products, tools and equipment to suit service objectives Example: all excess nail products are removed from the surrounding skin	Select and use products, tools and equipment to suit service objectives Examples: all excess nail products are removed from the surrounding skin, nail design is balanced and consistent on all nails, communicates with the client throughout to confirm satisfaction	Select and use products, tools and equipment to suit service objectives Examples: all excess nail products are removed from the surrounding skin, nail design is balanced and consistent on all nails, techniques chosen are successful, eg well blended or clearly defined detail, communicates with the client throughout to confirm satisfaction

Continues on next page

What you must do

Practical observations descriptors table (continued)

This table shows what you need to do to achieve 1, 2 or 3 marks for the criteria indicated with * on page 8.

	1 mark	2 marks	3 marks
9 Complete the service to the satisfaction of the client	The service is completed within the agreed time and brought to a satisfactory close	The service is completed within the agreed time and the client is shown the result	The service is completed within the agreed time, brought to a satisfactory close, the client is shown the result, result adapted if necessary, client is assisted where necessary
11 Provide suitable aftercare advice	Basic aftercare advice is provided including possible contra-actions	Good level of aftercare advice includes home care products and future services	Excellent aftercare advice includes home care products, application and removal techniques and future services and recommendations

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Creating seasonal designs is a great way to boost your income at Christmas, Hallowe'en and during summer holidays.



Image courtesy of Becky Orme

Comment form

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This form can be used to record comments by you, your client, or your assessor.

Give your client clear aftercare advice. A good idea is to develop an aftercare leaflet so your client can take it home and refer to it later.

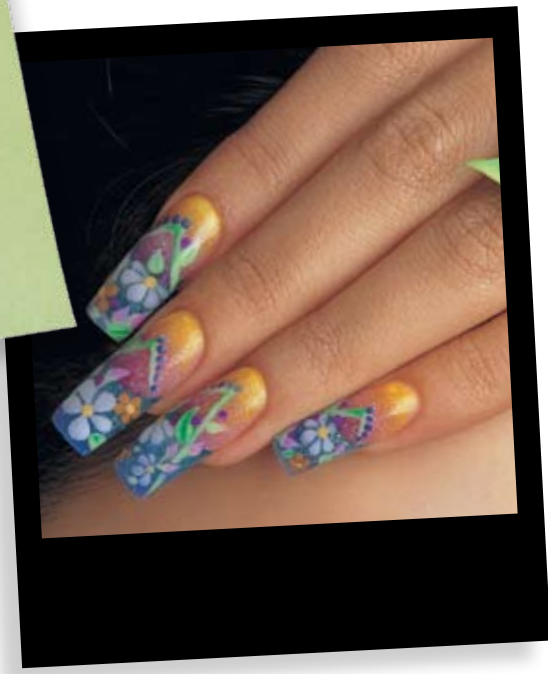


Image courtesy of EzFlow