

AH7

*Style and finish*

*African type hair*

## Unit AH7 (City & Guilds Unit 032)

### Style and finish African type hair

#### Mandatory

This unit has four outcomes. As some are linked, you can be observed by your assessor for up to four outcomes at the same time.

##### **Outcome 1**

Maintain effective and safe methods of working when styling and finishing hair

##### **Outcome 2**

Blow dry hair into shape

##### **Outcome 3**

Style hair using heated and thermal equipment

##### **Outcome 4**

Provide aftercare advice

#### Evidence requirements

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To achieve this unit you must practically demonstrate in your everyday work that you have met the standard for styling and finishing African type hair. The standards cover things you must do (performance criteria), things that you must cover (range) and things that you must know.

#### What you must do

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Your assessor will observe your performance on **at least 3 occasions which must include:**

- blow drying with a round brush
- straightening with comb attachment
- straightening
- using straighteners to direct the hair outwards
- using straighteners to direct the hair under

#### What you must cover

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You will see key words in bold on the 'What you must do' list. For each of these, there is a range of things that you must cover. From the range, you must show that you have:

- used **4 out of the 8\*** products listed
- used all the types of tools listed
- used all the types of equipment listed
- styled both types of hair listed
- taken into account all the factors listed
- used all the blow-drying techniques listed
- produced all the blow dry finishes listed
- used all the styling techniques listed
- given the advice listed

\*However, you must prove to your assessor that you have the necessary knowledge, understanding and skills to be able to perform competently in respect of all the items in this range.

It is likely most evidence of your performance will be gathered from the observations made by your assessor but you may be required to produce other evidence to support your performance if your assessor has not been present.

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## Unit AH7 Style and finish African type hair

What you must do

### Outcome 1

#### Maintain effective and safe methods of working when styling and finishing hair by

- a) ensuring your client's clothing is effectively protected throughout the service
- b) positioning your client to meet the needs of the service without causing them discomfort
- c) ensuring your own posture and position whilst working minimises fatigue and the risk of injury
- d) keeping your work area clean and tidy throughout the service
- e) using working methods that
  - minimise the wastage of **products**
  - minimise the risk of damage to **tools** and **equipment**
  - minimise the risk of cross-infection
  - make effective use of your working time
  - ensure the use of clean resources
  - minimise harm or injury to yourself and others
- f) ensuring your personal standards of health and hygiene minimise the risk of cross-infection, infestation and offence to your clients and colleagues
- g) using styling products, methods and equipment identified as a result of consultation with your client
- h) using equipment that is safe and fit for purpose
- i) testing the temperature of **tools** and **equipment** prior to use and continually throughout the service \*
- j) keeping your **tools** and oven at the temperature needed for the **hair**
- k) keeping your **tools** free of product build up \*\*
- l) completing your styling and finishing services within a commercially viable time

Observation	1	2	3		
Achieved	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Date					
Candidate signature					
Assessor signature					
IV signature (if sampled)					

* Covered by observation	<input type="radio"/>	Date
Covered by oral questioning	<input type="radio"/>	Date
** Covered by observation	<input type="radio"/>	Date
Covered by oral questioning	<input type="radio"/>	Date

## Unit AH7      Style and finish African type hair

What you must do (continued)

### Outcome 2

#### Blow dry hair into shape by

- |    |   |
|----|---|
| a) | confirming with your client the look agreed at consultation prior to and during styling   |
| b) | applying suitable <b>products</b> following manufacturers' instructions   |
| c) | controlling your styling tools to minimise the risk of damage to the <b>hair</b> , client discomfort and to achieve the desired look  |
| d) | taking meshes of hair which suit the size of the styling tools  |
| e) | maintaining an even tension throughout the styling process  |
| f) | keeping the <b>hair</b> moist with water throughout the styling process, when necessary   |
| d) | effectively controlling your client's <b>hair</b> during the styling process taking account of <b>factors</b> influencing the service |
| e) | using <b>blow drying techniques</b> that achieve the desired <b>blow dry finish</b>   |

<b>Observation Achieved</b>	<b>1</b>	<b>2</b>	<b>3</b>		
<b>Date</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<b>Candidate signature</b>					
<b>Assessor signature</b>					
<b>IV signature (if sampled)</b>					



*"Using the right products for the texture of hair you are working with will make all the difference"*

**Samantha Golding**

## Unit AH7 Style and finish African type hair

What you must do (continued)

### Outcome 3

#### Style hair using heated and thermal equipment by

- a) confirming with your client the look agreed at consultation prior to starting the service
- b) advising your client of the possible discomforts associated with thermal styling
- c) controlling your **tools** to minimise the risk of damage to the **hair**, client discomfort and to achieve the desired look
- d) applying suitable **products** following the manufacturers' instructions
- e) parting the sections cleanly and evenly to achieve the direction of the style required
- f) taking meshes of **hair** which suit the size of the **tools** used
- g) effectively controlling your clients **hair** during the styling process taking account of **factors** influencing the service
- h) using **styling techniques** that achieve the intended shape, direction, balance and volume agreed with your client
- i) confirming your clients satisfaction with the finished look

<b>Observation Achieved</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<b>Date</b>					
<b>Candidate signature</b>					
<b>Assessor signature</b>					
<b>IV signature (if sampled)</b>					



## Unit AH7      Style and finish African type hair

What you must do (continued)

### Outcome 4

#### Provide aftercare advice by

- a) giving **advice** and recommendations accurately and constructively
- b) giving your client suitable **advice** on the maintenance of their style and hair condition

Observation	1	2	3		
Achieved	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Date					
Candidate signature					
Assessor signature					
IV signature (if sampled)					



## Unit AH7 Style and finish African type hair

### What you must cover

**Before ticking the circles below you must make sure that you have achieved 'What you must cover' in all the outcomes in which it occurs.**

#### Products

Tick the types of styling products used in each observation.

**Four** out of the eight styling products must be used, and you must understand how to use the other four.

	1	2	3		
heat protectors	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
scalp oils	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
moisturisers	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
activators	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
sprays	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
mousse	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
lotions	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
serums	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

#### Tools

Tick the tools in each observation. **All** must be used.

	1	2	3		
electric straighteners	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
thermal flat iron	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
thermal curling iron	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

#### Equipment

Tick the equipment used in each observation. **All** equipment must be used.

	1	2	3		
oven	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
heat testing materials	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

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**Hair**

Tick the hair types covered for each observation. **Both** must be worked on.

	1	2	3		
natural	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
chemically treated	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

**Factors**

Tick the factors considered in each observation. **All** factors must be considered.

	1	2	3		
hair texture	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
relaxer regrowth	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
length	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
colour treated	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
presence of white hair	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
head and face shape	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
hair density	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

**Blow drying techniques**

Tick the blow drying techniques used. **All** blow drying techniques must be covered.

	1	2	3		
with a round brush	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
with a flat brush	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
straightening with a comb attachment	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
with a diffuser	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

**Blow dry finishes**

Tick the blow dry finishes carried out for each observation. **All** blow dry finishes must be covered.

	1	2	3		
straightening and smoothing	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
creating volume and movement	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

**Styling techniques** Tick the styling techniques used. **All** styling techniques must be covered.

	1	2	3		
barrel curls	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
straightening	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
use of straighteners to direct the hair outwards	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
use of straighteners to direct the hair under	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

**Advice** Tick the advice given. **All** advice must be given.

	1	2	3		
hair care	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
products for use at home	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
maintenance of their style	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
potential for style change	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

<b>Observation</b>	<b>1</b>	<b>2</b>	<b>3</b>		
<b>Achieved</b>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<b>Date</b>					
<b>Candidate signature</b>					
<b>Assessor signature</b>					
<b>IV signature (if sampled)</b>					

# Unit AH7      Style and finish African type hair

## Comment form

This form can be used to record oral questioning, or for assessor/candidate comments, if required

<b>Comments</b>	<b>Date</b>
1	
2	
3	

## Unit AH7      Style and finish African type hair

### What you must know

You need to understand:	Evidence type	Date	Portfolio ref.
<b>Salon and legal requirements</b>			
1. your salon's requirements for client preparation	E3		
2. your salon's expected service times for styling and finishing	E3		
3. your own responsibilities under the current Control of Substances Hazardous to Health Regulations in relation to the use of styling and finishing products	E3		
4. your responsibilities under the current Electricity at Work Regulations	E3		
<b>How to work safely, effectively and hygienically when styling</b>			
5. the range of protective clothing that should be available for clients	E3		
6. how the position of your client and yourself can affect the desired outcome and reduce fatigue and the risk of injury	E3		
7. the safety considerations which must be taken into account when styling and finishing hair	E3		
8. the importance of positioning equipment for ease of use	E3		
9. why it is important to keep your work area clean and tidy	E3		
10. methods of working safely and hygienically and which minimise the risk of cross-infection and cross-infestation	E3		
11. the importance of personal hygiene	E3		
12. why it is important to check electrical equipment used to aid the styling and finishing processes	E3		
13. methods of sterilisation used in hairdressing salons	E3		
14. the importance of using products economically	E3		
15. the reasons why thermal styling tools should be kept free from excess oils and product build up	E3		

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<b>Basic science</b>		
16. the effects of humidity on hair	E4	Centre files
17. the physical effects of the blow drying and thermal styling processes on the hair structure	E4	Centre files
18. how the incorrect application of heat can affect the hair and scalp	E4	Centre files
19. why hair should be allowed to cool prior to finishing	E4	Centre files
20. why hair should be kept moist during the blow drying process	E4	Centre files
21. why white hair needs to be treated differently when thermal styling	E4	Centre files
<b>Products, equipment and their use</b>		
22. the range of products and equipment available for styling and finishing hair	E3	
23. the manufacturers' instructions on the use of the specific styling and finishing products in your salon	E3	
24. why, when and how to use the different types of <ul style="list-style-type: none"> <li>- styling brushes when blow drying</li> <li>- attachments when blow drying</li> <li>- styling equipment when styling and finishing</li> <li>- products</li> </ul>	E3	
25. why it is important to continually check the temperature of thermal equipment	E4	Centre files
26. methods of checking the temperature of thermal equipment	E3	
<b>Blow drying and styling techniques and methods</b>		
27. current techniques for blow drying, styling and finishing hair	E3	
28. how the factors in the range affect the styling process and the finished look	E3	
29. how the finished result of blow drying is effected by: <ul style="list-style-type: none"> <li>- tension</li> <li>- size of hair mesh</li> <li>- size of brush</li> <li>- the angle at which the brush is held</li> <li>- not allowing the hair to cool before removing the hair mesh from the brush</li> </ul>	E3	
30. why the direction of the air flow when drying is important to achieve the desired look	E3	
31. why hair needs to be sectioned for thermal styling	E3	

**Continues on next page**

32. how and why temperature should vary for different hair types	E3
33. how the size of the section and the angle at which the hair is curled influences the volume and direction of the hair movement	E3
34. how to carry out the styling techniques in the range	E3
35. the effects that can be achieved by curling on and off base	E3
36. the advice to give to clients prior to the start of thermal styling (ie. effect of heat, the need to avoid sudden movement)	E3
<b>Information to give to clients on hair maintenance and management</b>	
37. how often to shampoo and cleanse the hair according to hairstyle, hair and scalp condition and lifestyle	E3
38. the products to use for home care and those to avoid and why	E3
39. how to protect the hair whilst sleeping and why	E3
40. how to protect the hair from reversion caused by moisture (e.g. environmental, sports related, steamy conditions)	E3
41. how to maintain their agreed style	E3
42. the importance of knowing when and why they need to have their hair cut	E3
43. how lifestyle can influence their choice of style (eg. active sports, career and job requirements)	E3
44. how their hair texture affects their styling possibilities	E3
45. how the continual use of heat can damage the hair	E3
<b>Communication</b>	
46. how to give effective advice and recommendations to clients	E3

Shaded knowledge is covered in cross unit knowledge test.

Tick if E3 was a GOLA test

Tick if E4 was a GOLA test

## Unit AH7      Style and finish African type hair

### Supplementary notes

Your assessor may use this space for any additional comments they may have about your work

Comment	Date

### Unit sign-off

**This section must be signed when the unit is complete**

We confirm that this evidence is authentic and the assessments were conducted under specified conditions and that all the performance criteria, range and essential knowledge requirement have been met for this unit.

Candidate signature \_\_\_\_\_ Date \_\_\_\_\_

Assessors signature \_\_\_\_\_ Date \_\_\_\_\_

IV signature (if sampled) \_\_\_\_\_ Date \_\_\_\_\_

