

GB2

Change men's hair

colour

Unit GB2 (City & Guilds Unit 029)

Change men's hair colour

Optional

This unit has four outcomes. As some are linked, you can be observed by your assessor for all four outcomes at the same time.

Outcome 1

Maintain effective and safe methods of working when colouring and lightening hair

Outcome 2

Prepare for colouring and lightening

Outcome 3

Colour and lighten hair

Outcome 4

Provide aftercare advice

Evidence requirements

To achieve this unit you must practically demonstrate in your everyday work that you have met the standard for changing men's hair colour. The standards cover things you must do (performance criteria), things that you must cover (range) and things that you must know.

What you must do

Your assessor will observe your performance on **at least 6 occasions, each on different clients. These observations must include:**

- one full head application of quasi-permanent colour
- one full head virgin application of permanent colour or lightening product
- one regrowth application of permanent colour or lightening product
- four different techniques of partial head applications of colour, one of which must be using a lightening product

What you must cover

You will see key words in bold on the 'What you must do' list. For each of these, there is a range of things that you must cover. You must show that you have:

- used all the following types of products
- questioned clients on all the areas of contra-indications
- carried out all the tests
- taken into account all the factors
- used all the colour application techniques
- given all the types of advice

It is likely most evidence of your performance will be gathered from the observations made by your assessor but you may be required to produce other evidence to support your performance if your assessor has not been present.

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What you must do

Outcome 1

Maintain effective and safe methods of working when colouring and lightening hair by

- a) ensuring your client's clothing is effectively protected throughout the service
- b) wearing personal protective equipment when using colouring and/or lightening chemicals
- c) positioning your client to meet the needs of the service without causing them discomfort
- d) ensuring your own posture and position whilst working minimises fatigue and the risk of injury
- e) ensuring the health and safety of your client and yourself
- f) keeping your work area clean and tidy throughout the service
- g) removing waste immediately at the end of the service
- h) using working methods that
 - minimise the wastage of **products**
 - minimise the risk of cross-infection
 - make effective use of your working time
 - ensure the use of clean resources
 - minimise the risk of harm or injury to yourself and others
- i) ensuring your personal standards of health and hygiene minimise the risk of cross-infection, infestation and offence to your clients and colleagues
- j) using **products** and equipment identified as a result of consultation with the client
- k) using equipment that is safe and fit for purpose
- l) promptly identifying and reporting any **products** that need ordering to the relevant person*
- m) completing the service within a commercially viable time
- n) completing client records so that they are accurate, easy to read and up-to-date

Observation	1	2	3	4	5	6		
Achieved	<input type="radio"/>							
Date								
Candidate signature								
Assessor signature								
IV signature (if sampled)								

* Covered by observation	<input type="radio"/>	Date
Covered by oral questioning	<input type="radio"/>	Date

Timing tip

Quasi – 20 minutes

Full head Virgin – 45 minutes

Re-growth – 25 minutes

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What you must do (continued)

Outcome 2

Prepare for colouring and lightening by

- a) asking your client appropriate questions to identify if they have any **contra-indications** to colouring and/or lightening services
- b) accurately recording your client's responses to questioning
- c) recording the outcomes of **tests** accurately on the client's record card
- d) seeking assistance from the relevant person when contra-indications and/or reactions to tests cause doubts as to the suitability of the service for your client *
- e) basing your recommendations on an accurate evaluation of your client's hair and its potential to achieve the effect required
- f) informing your client of the likely cost, duration and expected outcome of the service
- g) informing your client of the likely cost, duration and expected outcome of the service
- h) choosing **products**, tools and equipment based on the results of necessary **tests**, consultation with your client and relevant **factors** influencing the service
- i) preparing materials to meet the application requirements, when necessary
- j) preparing **products** to meet manufacturers' instructions
- k) effectively preparing your client's hair and protecting their skin, where necessary, prior to the service.

Observation Achieved	1	2	3	4	5	6		
Date								
Candidate signature								
Assessor signature								
IV signature (if sampled)								

* Covered by observation	<input type="radio"/>	Date
Covered by oral questioning	<input type="radio"/>	Date



Image courtesy of Wella Professionals

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What you must do (continued)

Outcome 3

Colour and lighten hair by

- a) confirming the desired effect with your client prior to the application of **products**
- b) sectioning the hair cleanly and evenly to assist the accurate application of **products**
- c) applying **products** accurately taking into account relevant **factors** influencing the service
- d) using **colour and lightener application techniques** suitable for achieving the desired look and following manufacturer's instructions
- e) applying **products** in a way that minimises the risk of the product being spread to your client's skin, clothes and surrounding area
- f) accurately timing the development of **products** following manufacturers' instructions
- g) confirming the required result has been achieved by taking strand tests at suitable times throughout the process
- h) correctly massaging the hair and scalp to emulsify the colour, when used, prior to removal following manufacturer's instructions
- i) removing from the hair **products** that have developed, avoiding disturbance to areas still processing
- j) removing colouring and/or lightening materials from hair to minimise discomfort to your client *
- k) leaving the hair and scalp free of **products** after the desired effect is achieved
- l) identifying any problems during the service and resolving them within the limits of your own authority to do so **
- m) promptly referring problems which cannot be resolved to the relevant person ***
- n) achieving the desired effect to the satisfaction of your client.

Observation Achieved	1	2	3	4	5	6		
Date								
Candidate signature								
Assessor signature								
IV signature (if sampled)								

* Covered by observation	<input type="radio"/>	Date
Covered by oral questioning	<input type="radio"/>	Date
** Covered by observation	<input type="radio"/>	Date
Covered by oral questioning	<input type="radio"/>	Date
*** Covered by observation	<input type="radio"/>	Date
Covered by oral questioning	<input type="radio"/>	Date

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What you must do (continued)

Outcome 4

Provide aftercare advice by

- a) giving **advice** and recommendations accurately and constructively
- b) giving your client suitable **advice** on the maintenance of their hair colour.

Observation	1	2	3	4	5	6		
Achieved	<input type="radio"/>							
Date								
Candidate signature								
Assessor signature								
IV signature (if sampled)								



Image courtesy of Goldwell

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What you must cover

Before ticking the circles below you must make sure that you have achieved 'What you must cover' in all the outcomes in which it occurs.

Products Tick the products used in each observation. **All** products must be used.

	1	2	3	4	5	6		
semi-permanent	<input type="checkbox"/>							
quasi-permanent	<input type="checkbox"/>							
permanent	<input type="checkbox"/>							
lighteners	<input type="checkbox"/>							

Contra-indications Tick the contra-indications that you have questioned each client on each observation. You must question clients on **all** contra-indications

	1	2	3	4	5	6		
history of previous allergic reaction to colouring products	<input type="checkbox"/>							
other known allergies	<input type="checkbox"/>							
incompatible products	<input type="checkbox"/>							
medical advice or instructions	<input type="checkbox"/>							
evident hair damage	<input type="checkbox"/>							

Continues on next page



“Adding colour is a great way of defining texture and movement within a haircut”.

Maurice Lister

Tests

Tick the tests used in each observation. **All** tests must be carried out.

	1	2	3	4	5	6		
skin	<input type="radio"/>							
incompatibility	<input type="radio"/>							
porosity	<input type="radio"/>							
elasticity	<input type="radio"/>							
colour test	<input type="radio"/>							

Factors

Tick the factors considered for each observation. **All** factors must be considered

	1	2	3	4	5	6		
temperature	<input type="radio"/>							
existing colour of hair	<input type="radio"/>							
percentage of white hair	<input type="radio"/>							
test results	<input type="radio"/>							
strength of hydrogen peroxide	<input type="radio"/>							
hair porosity	<input type="radio"/>							
hair length	<input type="radio"/>							
hair density	<input type="radio"/>							
skin tone.	<input type="radio"/>							

Colour and lightener application techniques

Tick the colour and lightening application techniques used. **All** techniques must be used. **Four** partial head techniques need to be covered; one must be using a lightening product

	1	2	3	4	5	6		
full head virgin application	<input type="radio"/>							
regrowth application	<input type="radio"/>							
partial head application.	<input type="radio"/>							

Continues on next page

Advice

Tick the advices given. **All** advice must be given.

	1	2	3	4	5	6		
suitable aftercare products and their use	<input type="radio"/>							
use of heated styling equipment	<input type="radio"/>							
time interval between services.	<input type="radio"/>							

Observation	1	2	3	4	5	6		
Achieved	<input type="radio"/>							
Date								
Candidate signature								
Assessor signature								
IV signature (if sampled)								



Hints and Tips

Always follow manufacturers instructions for testing and make sure the results are accurately recorded.

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Comment form

This form can be used to record oral questioning, or for assessor/candidate comments, if required

Comments	Date
1	
2	
3	
4	
5	
6	

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What you must know

You need to understand:	Evidence type	Date	Portfolio ref.
Salon and legal requirements			
1. your salon's requirements for client preparation	E3		
2. your salon's expected service times for basic colouring work	E3		
3. how to complete client records effectively	E3		
4. your salon's and legal requirements for disposal of waste materials	E3		
5. the limits of your authority for resolving colouring and lightening problems	E3		
6. the person to whom you should report problems you cannot resolve	E3		
7. your responsibilities under current Data Protection legislation	E3		
8. your own responsibilities under the current Control of Substances Hazardous to Health Regulations in relation to the use of products used for colouring and lightening	E3		
9. your responsibilities under the current Electricity at Work Regulations.	E3		
How to work safely, effectively and hygienically when colouring hair			
10. what is contact dermatitis and how to avoid developing it whilst carrying out colouring services	E3		
11. the range of protective clothing and products that should be available for clients	E3		
12. the type of personal protective equipment available	E3		
13. why it is important to use personal protective equipment	E4		Centre files
14. how the position of your client and yourself can affect the desired outcome and reduce fatigue and the risk of injury	E3		
15. why it is important to position your tools and equipment for ease of use	E3		
16. the safety considerations which must be taken into account when colouring hair	E3		

Continues on next page

17.	the types of lighteners and toners available	E3	
18.	the dangers associated with the inhalation of powder lighteners	E4	Centre files
19.	the precautions that must be taken when using powder and other lighteners	E3	
20.	why it is important to keep your work area clean and tidy	E3	
21.	methods of working safely and hygienically and which minimise the risk of cross-infection and cross-infestation	E3	
22.	the importance of personal hygiene	E3	
23.	why it is important to check electrical equipment used to aid the colouring and lightening process	E3	
24.	methods of cleaning, disinfecting and or sterilisation used in salons	E3	
25.	the importance of questioning clients to establish any contra-indications to colouring and or lightening services	E3	
26.	why it is important to record client responses to questioning	E3	
27.	the legal significance of client questioning and the recording of client's responses to questioning	E4	Centre files
Tests and testing			
28.	the types and purposes of tests	E4	Centre files
29.	the importance of following manufacturers' instructions for skin testing	E4	Centre files
30.	when and how tests should be carried out and the expected results	E4	Centre files
31.	how the results of tests can influence the colouring and lightening service	E4	Centre files
32.	potential consequences of failing to carry out tests	E4	Centre files
33.	the courses of action to take in the event of adverse reactions to tests (eg what type of reactions you must report to other, more senior people)	E4	Centre files
34.	why it is important to record test results	E4	Centre files
Basic science			
35.	the principles of colour selection, including the International Colour Chart (ICC)	E4	Centre files
36.	how the natural pigment within hair affects the choice of colour and colouring products and the possible need to pre-lighten	E4	Centre files

Continues on next page

37.	the effect of different colouring and lightening products on the hair structure	E4	Centre files
38.	how the different strengths of hydrogen peroxide influence colouring and lightening	E4	Centre files
39.	how porosity levels can affect the choice and application of products and the results of the colouring process	E4	Centre files
40.	how the factors in the range can affect your choice of colouring and lightening products and application techniques	E4	Centre files
41.	effects of temperature on the application and development of colouring and lightening products	E4	Centre files
42.	how to dilute hydrogen peroxide to form different strengths of solutions	E4	Centre files
43.	the importance of restoring the hair's pH balance after the colouring and lightening process	E4	Centre files
44.	why it is important to avoid disturbing areas still processing when removing products from developed areas	E4	Centre files
45.	why it is important to emulsify colour prior to removal	E4	Centre files
46.	why it is important to leave the hair and scalp free of colouring and lightening products	E4	Centre files
47.	how and why the contra-indications in the range can affect the delivery of colouring services to clients	E4	Centre files
Products, equipment and their use			
48.	the types of colouring and lightening products available, including temporary colours	E3	
49.	the manufacturers' instructions for the use of the specific colouring and lightening products in your salon	E3	
50.	the importance of following manufacturers' instructions when measuring and mixing colouring and lightening products	E3	
51.	how to accurately measure and mix colour and lightening products to manufacturers' instructions	E3	
52.	the types of tools, materials and equipment used for highlighting and low lighting hair	E3	
53.	when and how shampoos and conditioners should be used when colouring and lightening hair	E3	
54.	the importance of using products economically	E3	

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Colouring techniques and problems		
55. the importance of sectioning hair accurately when colouring and lightening	E3	
56. methods of applying and removing colouring and lightening products	E3	
57. techniques for highlighting and low lighting hair	E3	
58. when to use the different types of lighteners and toners available	E4	Centre files
59. the factors that must be taken into account to judge the quantity of hair to be woven to achieve a balanced look	E3	
60. how to handle the hair when weaving to maintain an even tension and to secure the materials to prevent seepage	E3	
61. the types and causes of colouring and lightening problems that may occur during processing (eg skin staining, deterioration of hair condition and product seepage)	E4	Centre files
62. ways of resolving simple colouring and lightening problems that may occur during processing	E4	Centre files
63. the potential risks of using lightening products on previously chemically treated hair	E4	Centre files
Aftercare advice for clients		
64. products for home use that will benefit the client and those to avoid and why	E3	
65. how the continual use of heated equipment can affect the hair colour	E3	
66. recommended time intervals between colouring and other services	E3	
67. how lifestyle can affect colour choice and the maintenance of colour	E3	
Communication		
68. how to give effective advice and recommendations to clients	E3	
Shaded knowledge is covered in cross unit knowledge test.		
Tick if E3 was a GOLA test		<input type="radio"/>
Tick if E4 was a GOLA test		<input type="radio"/>



Image courtesy of Conair

