3625-530 MARCH 2019
3625-30 Level 3 Advanced Technical Diploma in Health and Care (540)/
3625-31 Level 3 Advanced Technical Extended Diploma in
Health and Care (1080)
Level 3 Health and Care – Theory Exam (1)

If provided, stick your candidate barcode label here.

Candidate name (first, last)
First
Last
Candidate enrolment number Date of birth (DDMMYYYY) Gender (M/F)
Assessment date (DDMMYYYY) Centre number Candidate signature and declaration *

• If additional answer sheets are used, enter the additional number of pages in this box.
• Before taking the examination, all candidates must check that their barcode label is in
the appropriate box. Incorrectly placed barcodes may cause delays in the marking process.
• Please ensure that you staple additional answer sheets to the back of this answer booklet, clearly labelling
these with your full name, enrolment number, centre number and qualification number in BLOCK CAPITALS.
• All candidates need to use a black/blue pen. Do not use a pencil or gel pen, unless otherwise instructed.
• If provided with source documents, these documents will not be returned to City & Guilds, and will be
shredded. Do not write on the source documents.

*I declare that I had no prior knowledge of the questions in this examination and that I will
not divulge to any person any information about the questions.

You should have the following for this examination
• a pen with blue or black ink

General instructions
• Use black or blue ball-point pen.
• The marks for questions are shown in brackets.
• This examination contains 15 questions. Answer all questions.
• Answer the questions in the spaces provided. Answers written in margins
or on blank pages will not be marked.
• Cross through any work you do not want to be marked.
1 Identify **three** different types of care roles involved in supporting individuals in receipt of health or care services. (3 marks)

2 Explain **one** reason why individuals with mental health issues may require health and care support. (2 marks)

3 Identify **two** current standards or codes of practice which embed equality and inclusion in each of the following areas:
   a) care practice (2 marks)
   b) education. (2 marks)

4 Describe how prejudice is learned. (4 marks)
5 Age, disability, race, sex, religion and belief are protected characteristics as set out in the Equality Act (2010).

State **two** other protected characteristics.  

6 Shaye is 19 years old and is a member of an Irish travelling community.

Explain **two** potential consequences of discrimination that he may face and the impact of these on his health or wellbeing.  

7 Identify **three** types of cognitive impairment that may affect an individual’s ability to communicate clearly.
Felix was involved in a car accident. Since the accident he has been experiencing anxiety attacks, feeling tearful and does not want to meet his friends. He has been referred to a counsellor to support him to overcome the trauma and to regain his confidence.

Describe how the counsellor might communicate with Felix using humanistic and cognitive theories in their therapy sessions.

State three factors that may influence interpersonal interaction in relation to the physical environment.
10 Rafal is a support worker and has started working in a new care home for adults. He has already adapted the physical environment to enable effective communication between himself and the individuals in receipt of care services.

Explain two other factors that contribute to effective interpersonal communication with the individuals in receipt of care services.

(4 marks)

11 State in order the first three steps of carrying out a risk assessment.

(3 marks)
12 Alice is 92 years old and lives in a care home. She requires support with her mobility. Mai, a care assistant, usually transfers Alice to the bath using a hoist, however, on the last occasion Alice fell out of the hoist and onto the floor.

Describe the actions Mai could take to prevent Alice having another fall in the future in relation to Health and Safety legislation.  

13 State the purpose of having policies and procedures in a health and care setting.  


There is a suspected outbreak of Salmonella in a care home.

Explain why it is important to follow the reporting procedures in this instance. (4 marks)
15 Frank is 87 years old. He lives in warden controlled sheltered housing. He is physically frail, has moderate dementia, and has recently scalded his hand when making himself a hot drink. Both his daughter and the domiciliary care workers, who visit him, are concerned about his welfare and want to discuss how he may be supported to remain independent and safe. The domiciliary care manager invites Frank and his daughter to a meeting to review his care plan.

Discuss the key points that should be considered for the meeting. (9 marks)