Unit 4222-225 Provide agreed support for foot care (HSC 2017)

Level: **2**
Credit value: **3**
UAN: **R/601/8063**

Unit aim

This unit is aimed at those who working in a wide range of settings.

It is for learners who provide foot care for individuals as specified by a podiatrist. It covers the practical treatment of feet as well as knowledge about common conditions of the feet.

Learning outcomes

There are **five** learning outcomes to this unit. The learner will:

1. Understand the signs and causes of foot and toe-nail abnormalities
2. Be able to prepare to provide support for assessed foot care needs
3. Be able to promote the individual's engagement in their own foot care
4. Be able to provide foot care safely
5. Be able to record and report on foot care

Guided learning hours

It is recommended that **23** hours should be allocated for this unit, although patterns of delivery are likely to vary.

Details of the relationship between the unit and relevant national standards

This unit is linked to HC220.

Support of the unit by a sector or other appropriate body

This unit is endorsed by Skills for Care and Development.

Assessment

Unit must be assessed in accordance with Skills for Care and Development's QCF Assessment Principles

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Assessment Criteria

Outcome 1 Understand the signs and causes of foot and toe-nail abnormalities

The learner can:

1. describe the effects of common **medical conditions** on the feet and toe-nails
2. describe the possible effects of unsanitary living conditions and unsuitable footwear on the feet and toe-nails.

Outcome 2 Be able to prepare to provide support for assessed foot care needs

The learner can:

1. ascertain information about an **individual's** assessed foot care needs
2. ensure the setting for foot care meets the individual's preferences and maintains privacy
3. prepare the **equipment** required for treatment
4. prepare the individual's feet for treatment, in a way that promotes **active participation**
5. describe how and when to access additional guidance about assessed foot care needs.

Outcome 3 Be able to promote the individual's engagement in their own foot care

The learner can:

1. support the individual's understanding of any treatments, equipment or dressings to be used
2. invite feedback from the individual on how their foot care is carried out
3. explain why advice should not be given unless agreed with the podiatrist.

Outcome 4 Be able to provide foot care safely

The learner can:

1. carry out agreed foot care treatments in accordance with instructions
2. operate equipment safely and in accordance with instructions
3. use protective equipment, protective clothing and hygiene techniques to minimise risks
4. dispose of waste products safely.

Outcome 5 Be able to record and report on foot care

The learner can:

1. record the condition of the individual's feet before treatment
2. record treatments carried out
3. explain how to record any adverse reactions or responses to treatments or dressings
4. report on foot care treatments, conditions and reactions in agreed ways.

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Additional guidance

- **Medical conditions** may include:
  - Diabetes
  - Arthritis
  - Peripheral vascular disease
  - Eczema
  - Hallux abductovalgus operations.
- **Assessed foot care needs are the needs** and treatments specified for an individual by a podiatrist.
- An **individual** is someone requiring care or support.
- **Equipment** may include:
  - Rasps
  - Files
  - Scissors
  - Forceps
  - Drills
  - Probes.
- **Active participation** is a way of working that recognises an individual's right to participate in the activities and relationships of everyday life as independently as possible; the individual is regarded as an active partner in their own care or support, rather than a passive recipient