Level 2 Diploma in Health and Social Care (Adults) for Wales and Northern Ireland (4222-22)

City Guilds

Candidate logbook 501/1260/0

www.cityandguilds.com June 2011 Version 1 1 (August 2013)

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1 About your candidate logbook

1.1 Contact details

Candidate name	
Candidate enrolment no	
Centre name	
Centre number	
Date of registration with City & Guilds	

Keep a record of relevant contact details in the space provided below. You may find it helpful to make a note of phone numbers and e-mail addresses here.

Your Assessor(s)	
Your Internal Verifier	
Quality Assurance Contact	

1 About your candidate logbook

1.2 Introduction to the logbook

This logbook will help you complete your Level 2 Diploma in Health and Social Care (Adults) for Wales and Northern Ireland. It contains forms you can use to record and organise your evidence.

There are 76 units in total available for this qualification. You should discuss and agree with your assessor/tutor which of these units you are going to work towards. The recording forms for the units in this logbook are for the mandatory, competence based units only.

About City & Guilds

City & Guilds is your awarding body for this Diploma. City & Guilds is the UK's leading awarding body for vocational qualifications.

Information about City & Guilds and our qualifications is available on our website **www.cityandguilds.com**.

2 About this qualification

2.1 What are Diplomas?

The Level 2 Diploma in Health and Social Care (Adults) for Wales and Northern Ireland is a nationally recognised qualification gained in the workplace. It is based on National Occupational Standards, which are standards written by employers and experts in your industry.

When you achieve your qualification it will prove that you can work to the standards expected by employers in your industry. Your qualification will show you are competent to do a job and have the skills, knowledge and understanding needed to do it well.

Diplomas are work based qualifications, so you should choose a qualification that best matches the type of work you already carry out, or expect to carry out in the future. If you are not in work, your centre will need to arrange a work placement for your assessment.

The qualification sits on the Qualifications Credit Framework. For more information on the Framework please visit **www.cityandguilds.com**/

3 Using your logbook

Recording forms

This logbook contains all of the forms you and your assessor will need to plan, review and organise your evidence. Your assessor will be able to help you decide which forms you need to complete and help you fill them in.

Candidate recording forms

City & Guilds has developed these recording forms for you and your assessor to use.

Candidate and centre contact details

Record these details on the form at the beginning of the logbook.

Unit record form

The unit record is used to record all of the work activities and tasks you do as you complete the unit. There is one unit record for each unit. There is also a diagram to explain how to use this form.

Unit assessment and verification declaration

At the end of each unit, you and your assessor will sign this form to show that you both agree that your evidence meets the standards.

Please photocopy these forms as required.

Unit 4222-201 Introduction to communication in health, social care or children's and young people's settings

Level: 2 Credit value: 3

UAN: F/501/5465

Unit aim

This unit is aimed at those who work in health or social care settings or with children or young people in a wide range of settings. The unit introduces the central importance of communication with a range of people in such settings, and ways to reduce barriers to communication. It also addresses the issue of confidentiality.

Learning outcomes The learner will:		outcomes To do this you must:		Portfolio reference	Evidence/ Assessment method type	Assessment date
1.	Understand why communication	1.1	Identify different reasons why people communicate			
	is important in the work setting	1.2	Explain how effective communication affects all aspects of own work			
		1.3	Explain why it is important to observe an individual's reactions when communicating with them			
2.	Be able to meet the communication and language needs, wishes and preferences of individuals	2.1	Find out an individual's communication and language needs, wishes and preferences			
		2.2	Demonstrate communication methods that meet an individual's communication needs, wishes and preferences			
		2.3	Show how and when to seek advice about communication			
3.	Be able to reduce barriers	3.1	Identify barriers to communication			
	to communication	3.2	Demonstrate how to reduce barriers to communication in different ways			
		3.3	Demonstrate ways to check that communication has been understood			

		3.4	Identify sources of information and support or services to enable more effective communication		
4.	Be able to apply principles and practices relating to confidentiality at work	4.1	Explain the term 'confidentiality'		
		4.2	Demonstrate confidentiality in day to day communication, in line with agreed ways of working		
		4.3	Describe situations where information normally considered to be confidential might need to be passed on		
		4.4	Explain how and when to seek advice about confidentiality		

I confirm that the evidence listed above is my own work and was carried out under the conditions and context specified in the standards.

Candidate's name	Signature	Date
Candidate's Unique Learner Number		
Assessor's name	Signature	. Date
Internal Verifier's name(only if sampled)	Signature	Date

Unit 4222-202 Introduction to personal development in health, social care or children's and young people's settings

Level: 2 Credit value: 3

UAN: L/601/5470

Unit aim

This unit is aimed at those who work in health or social care settings or with children or young people in a wide range of settings. The unit introduces the concepts of personal development and reflective practice which are fundamental to such roles, and ways to implement these.

Learning outcomes The learner will:	Dutcomes To do this you must:		Evidence/ Assessment method type	Assessment date
Understand what is required for	1.1 Describe the duties and responsibilities of own role			
competence i own work role				
	1.3 Describe ways to ensure that personal attitudes or beliefs do not obstruct the quality of work			
2. Be able to reflect on owr work activities				
	2.2 Assess how well own knowledge, skills and understanding meet standards			
	2.3 Demonstrate the ability to reflect on work activities			
3. Be able to agree a personal development	3.1 Identify sources of support for own learning and development			
plan	3.2 Describe the process for agreeing a personal development plan and who should be involved			
	3.3 Contribute to drawing up own personal development plan			

4. Be able to develop own knowledge, skills and	4.1	Show how a learning activity has improved own knowledge, skills and understanding		
understanding	4.2	Show how reflecting on a situation has improved own knowledge, skills and understanding		
	4.3	Show how feedback from others has developed own knowledge, skills and understanding		
	4.4	Show how to record progress in relation to personal development		

I confirm that the evidence listed above is my own work and was carried out under the conditions and context specified in the standards.

Candidate's name	Signature	Date
Candidate's Unique Learner Number		
Assessor's name	Signature	Date
Internal Verifier's name(only if sampled)	Signature	Date

Unit 4222-203 Introduction to equality and inclusion in health, social care or children's and young people's settings

Level: 2 Credit value: 2

UAN: R/601/5471

Unit aim

This unit is aimed at those who work in health or social care settings or with children or young people in a wide range of settings. The unit introduces the concepts of equality, diversity and inclusion which are fundamental to such roles.

Learning outcomes The learner will:		outcomes To do this you must:		Evidence/ Assessment method type	Assessment date
1.	Understand the importance of equality and inclusion	1.1 Explain what is meant by:diversityequalityinclusiondiscrimination			
		1.2 Describe ways in which discrimination may deliberately or inadvertently occur in the work setting			
		1.3 Explain how practices that support equality and inclusion reduce the likelihood of discrimination			
2.	Be able to work in an inclusive way	2.1 Identify which legislation and codes of practice relating to equality, diversity and discrimination apply to own role			
		2.2 Show interaction with individuals that respects their beliefs, culture, values and preferences			
		2.3 Describe how to challenge discrimination in a way that encourages change			

3.	3. Know how to access information, advice and support about	3.1	Identify a range of sources of information, advice and support about diversity, equality and inclusion		
	diversity, equality and inclusion	3.2	Describe how and when to access information, advice and support about diversity, equality and inclusion		

I confirm that the evidence listed above is my own work and was carried out under the conditions and context specified in the standards.

Candidate's name	Signature	Date
Candidate's Unique Learner Number		
Assessor's name	Signature	Date
Internal Verifier's name(only if sampled)	Signature	Date

Unit 4222-204 Introduction to duty of care in health, social care or children's and young people's settings

Level: 2 Credit value: 1

UAN: H/601/5474

Unit aim

This unit is aimed at those who work in health or social care settings or with children or young people in a wide range of settings. It introduces the concept of duty of care and awareness of dilemmas or complaints that may arise where there is a duty of care..

ou	Learning outcomes The learner will:		essment criteria o this you must:	Portfolio reference	Evidence/ Assessment method type	Assessment date
1.	Understand the implications of	1.1	Define the term 'duty of care'			
	duty of care	1.2	Describe how the duty of care affects own work role			
2.	Understand support available for addressing dilemmas that may arise about duty of care	2.1	Describe dilemmas that may arise between the duty of care and an individual's rights			
		2.2	Explain where to get additional support and advice about how to resolve such dilemmas			
3.	Know how to respond to complaints	3.1	Describe how to respond to complaints			
		3.2	Identify the main points of agreed procedures for handling complaints			

I confirm that the evidence listed above is my own work and was carried out under the conditions and context specified in the standards.

Candidate's name	. Signature	. Date
Candidate's Unique Learner Number		
Assessor's name	. Signature	. Date
Internal Verifier's name(only if sampled)	. Signature	Date

Unit 4222-205 Principles of safeguarding and protection in health and social care

Level: 2 Credit value: 3

UAN: A/601/8574

Unit aim

This unit is aimed at those working in a wide range of settings. This unit introduces the important area of safeguarding individuals from abuse. It identifies different types of abuse and the signs and symptoms that might indicate abuse is occurring. It considers when individuals might be particularly vulnerable to abuse and what a learner must do if abuse is suspected or alleged.

Learning outcome The learn	s	Assessment criteria To do this you must:		Portfolio reference	Evidence/ Assessment method type	Assessment date
1. Know recog signs abuse	of	• !	Define the following types of abuse: Physical abuse Sexual abuse Emotional/psychological abuse Financial abuse Institutional abuse Self neglect Neglect by others Identify the signs and/or symptoms associated with each type of abuse Describe factors that may contribute to an individual being more vulnerable to abuse			
respo suspe	how to nd to ected or ed abuse	2.1	Explain the actions to take if there are suspicions that an individual is being abused Explain the actions to take if an individual alleges that they are being abused			
	-	2.3	Identify ways to ensure that evidence of abuse is preserved			

the national and local context of	and local systems that relate to safeguarding and protection from abuse				
safeguarding and protection from abuse	3.2 Explain the roles of different agencies in safeguarding and protecting individuals from abuse				
	3.3 Identify reports into serious failures to protect individuals from abuse				
	3.4 Identify sources of information and advice about own role in safeguarding and protecting individuals from abuse				
4. Understand ways to reduce the likelihood of	4.1 Explain how the likelihood of abuse may be reduced by:working with person				
abuse	centred valuesencouraging active				
	participation				
	 promoting choice and rights 				
	4.2 Explain the importance of an accessible complaints procedure for reducing the likelihood of abuse				
5. Know how to recognise and report	5.1 Describe unsafe practices that may affect the wellbeing of individuals				
unsafe practices	5.2 Explain the actions to take if unsafe practices have been identified				
	5.3 Describe the action to take if suspected abuse or unsafe practices have been reported but nothing has been done in response				
	evidence listed above is my own wo ied in the standards.	ork and was carried out under the	e conditions		
Candidate's name Date					
Candidate's Unique Learner Number					
Assessor's name .	Signatur	eD	ate		

(only if sampled)

Unit 4222-206 The role of the health and social care worker

Level: 2 Credit value: 2

UAN: J/601/8576

Unit aim

This unit is aimed at those working in a wide range of settings. It provides the learner with the knowledge and skills required to understand the nature of working relationships, work in ways that are agreed with the employer and work in partnership with others.

ou	arning I tcomes e learner will:	Assessment criteria To do this you must:		Portfolio reference	Evidence/ Assessment method type	Assessment date
1.	Understand working relationships in health and	1.1	Explain how a working relationship is different from a personal relationship			
	social care	1.2	Describe different working relationships in health and social care settings			
2.	Be able to work in ways that are agreed with the employer	2.1	Describe why it is important to adhere to the agreed scope of the job role			
		2.2	Access full and up-to- date details of agreed ways of working			
		2.3	Implement agreed ways of working			
3.	Be able to work in partnership with others	3.1	Explain why it is important to work in partnership with others			
		3.2	Demonstrate ways of working that can help improve partnership working			
		3.3	Identify skills and approaches needed for resolving conflicts			
		3.4	Demonstrate how and when to access support and advice about:			
			partnership working resolving conflicts			

I confirm that the evidence listed above is my own work and was carried out under the conditions and context specified in the standards.

Candidate's name	Signature	Date.
Candidate's Unique Learner Number		
Assessor's name	Signature	Date.
nternal Verifier's name(only if sampled)	Signature	. Date.

Unit 4222-207 Implement person centred approaches in health and social care

Level: 2 Credit value: 5

UAN: A/601/8140

Unit aim

This unit is aimed at those working in a wide range of settings. It provides the learner with the knowledge and skills required to implement person centred approaches.

ou	Learning outcomes The learner will:		essment criteria o this you must:	Portfolio reference	Evidence/ Assessment method type	Assessment date
1.	Understand person centred	1.1	Define person-centred values			
	approaches for care and support	1.2	Explain why it is important to work in a way that embeds person centred values			
		1.3	Explain why risk-taking can be part of a person centred approach			
		1.4	Explain how using an individual's care plan contributes to working in a person centred way			
2.	Be able to work in a person- centred way	2.1	Find out the history, preferences, wishes and needs of the individual			
		2.2	Apply person centred values in day to day work taking into account the history, preferences, wishes and needs of the individual			
3.	Be able to establish consent when providing care	3.1	Explain the importance of establishing consent when providing care or support			
	or support	3.2	Establish consent for an activity or action			
		3.3	Explain what steps to take if consent cannot be readily established			

4.	Be able to encourage active	4.1	Describe how active participation benefits an individual		
	participation	4.2	Identify possible barriers to active participation		
		4.3	Demonstrate ways to reduce the barriers and encourage active participation		
5.	Be able to support the	5.1	Support an individual to make informed choices		
	individual's right to make choices	5.2	Use agreed risk assessment processes to support the right to make choices		
		5.3	Explain why a worker's personal views should not influence an individual's choices		
		5.4	Describe how to support an individual to question or challenge decisions concerning them that are made by others		
6.	Be able to promote individuals' well-being	6.1	Explain how individual identity and self esteem are linked with wellbeing		
		6.2	Describe attitudes and approaches that are likely to promote an individual's well-being		
		6.3	Support an individual in a way that promotes a sense of identity and self esteem		
		6.4	Demonstrate ways to contribute to an environment that promotes well-being		
	onfirm that the evi d context specifie		e listed above is my own wo e standards.	ork and was carried out	under the conditions
Ca	ndidate's name		Signatur	e	Date
Ca	ndidate's Unique	Learn	er Number		

nternal	Verifier's	name	 Signature	Date
only if s	ampled)			

Unit 4222-208 Contribute to health and safety in health and social care

Level: 2 Credit value: 4

UAN: R/601/8922

Unit aim

This unit is aimed at those working in a wide range of settings. It provides the learner with the knowledge and skills required to carry out their work safely.

l	ning comes earner will:	Assessment criteria To do this you must:	Portfolio reference	Evidence/ Assessment method type	Assessment date
o re a re	Inderstand own esponsibilities, and the esponsibilities	1.1 Identify legislation relating to general health and safety in a health or social care work setting			
re h s	of others, elating to nealth and afety in the vork setting	1.2 Describe the main points of the health and safety policies and procedures agreed with the employer			
		1.3 Outline the main health and safety responsibilities of:			
		selfthe employer or managerothers in the work setting			
		Identify tasks relating to health and safety that should not be carried out without special training			
		1.5 Explain how to access additional support and information relating to health and safety			
u a re h	Inderstand the use of risk ussessments in elation to be leath and afety	2.1 Explain why it is important to assess health and safety hazards posed by the work setting or by particular activities			
		2.2 Explain how and when to report potential health and safety risks that have been identified			

		2.3 Explain how risk assessment can help address dilemmas between rights and health and safety concerns
3.	Understand procedures for responding to accidents and sudden illness	3.1 Describe different types of accidents and sudden illness that may occur in own work setting
		3.2 Outline the procedures to be followed if an accident or sudden illness should occur
4.	Be able to reduce the spread of	4.1 Demonstrate the recommended method for hand washing
	infection	4.2 Demonstrate ways to ensure that own health and hygiene do not pose a risk to others at work
5.	Be able to move and handle equipment and other objects safely	5.1 Identify legislation that relates to moving and handling
		5.2 Explain principles for moving and handling equipment and other objects safely
		5.3 Move and handle equipment or other objects safely
6.	Know how to handle hazardous substances and materials	6.1 Identify hazardous substances and materials that may be found in the work setting
		 6.2 Describe safe practices for: Storing hazardous substances Using hazardous substances Disposing of hazardous substances and materials

7.	Understand how to promote fire safety in the work setting	 7.1 Describe practices that prevent fires from: starting spreading 7.2 Outline emergency procedures to be followed in the event of a fire in the work setting 7.3 Explain the importance of maintaining clear evacuation routes at all times 				
8.	Be able to implement security measures in the work setting	 8.1 Use agreed ways of working for checking the identity of anyone requesting access to: Premises Information 				
		8.2 Implement measures to protect own security and the security of others in the work setting				
		8.3 Explain the importance of ensuring that others are aware of own whereabouts				
9.	Know how to manage own stress	9.1 Identify common signs and indicators of stress				
		9.2 Identify circumstances that tend to trigger own stress				
		9.3 Describe ways to manage own stress				
	I confirm that the evidence listed above is my own work and was carried out under the conditions and context specified in the standards.					
Ca	Candidate's name Date					
Candidate's Unique Learner Number						
As	sessor's name	Signature	Date			

Unit 4222-209 Handle information in health and social care settings

Level: 2 Credit value: 1

UAN: J/601/8142

Unit aim

This unit is aimed at those who work in health and social care settings. It provides the learner with the knowledge and skills required for good practice in recording, storing and sharing information.

Learning outcomes The learner will:		Assessment criteria To do this you must:	Portfolio reference	Evidence/ Assessment method type	Assessment date
1.	Understand the need for secure handling of information in health and social care settings	1.1 Identify the legislation that relates to the recording, storage and sharing of information in health and social care			
		1.2 Explain why it is important to have secure systems for recording and storing information in a health and social care setting			
2.	Know how to access support for handling information	2.1 Describe how to access guidance, information and advice about handling information			
		2.2 Explain what actions to take when there are concerns over the recording, storing or sharing of information			
3.	Be able to handle information in accordance with agreed ways of working	3.1 Keep records that are up to date, complete, accurate and legible			
		 3.2 Follow agreed ways of working for: recording information storing information sharing information 			

I confirm that the evidence listed above is my own work and was carried out under the conditions and context specified in the standards.				
Candidate's name	. Signature	. Date		
Candidate's Unique Learner Number				

Assessor's name		Signature	Date.
Internal Verifier's (only if sampled)	name	Signature	. Date.

Appendix 1 Summary of City & Guilds assessment policies

Health and Safety

All N/SVQ centres have to make sure that they provide a safe and healthy environment for training, including induction and assessment. City & Guilds external verifiers check this when they visit assessment centres.

You are responsible for making sure that you understand, and comply with, the Health and Safety practice and policies in the workplace where you will be assessed. Your assessment may be stopped if you do not comply, and your assessor will explain the problem to you. You may need to retake your assessment at a later date.

Equal Opportunities

Your centre will have an equal opportunities policy. Your centre will explain this to you during your induction, and may give you a copy of the policy.

City & Guilds equal opportunities policy is available from our website **www.cityandguilds.com**, City & Guilds Customer Relations Team or your centre.

Access to assessment

City & Guilds N/SVQs are open to all candidates, whatever their gender, race, creed, age or special needs. Some candidates may need extra help with their assessment, for example, a person with a visual impairment may need a reader.

If you think you will need alternative assessment arrangements because you have special needs, you should discuss this with your centre during your induction, and record this on your assessment plan. City & Guilds will allow centres to make alternative arrangements for you if you are eligible and if the N/SVQ allows for this. This must be agreed before you start your N/SVQ.

City & Guilds guidance and regulations document *Access to assessment and qualifications* is available on the City & Guilds website **www.cityandguilds.com**, from the City & Guilds Customer Relations Team or your centre.

Complaints and appeals

Centres must have a policy and procedure to deal with any complaints you may have. You may feel you have not been assessed fairly, or may want to appeal against an assessment decision if you do not agree with your assessor.

These procedures will be explained during induction and you will be provided with information about the Quality Assurance Co-ordinator within your centre who is responsible for this.

Most complaints and appeals can be resolved within the centre, but if you follow the centre procedure and are still not satisfied you can complain to City & Guilds.

Our complaints policy is on our website **www.cityandguilds.com** or is available from the City & Guilds Customer Relations Team or your centre.

Useful contacts

UK learners General qualification information	T: +44 (0)844 543 0033 E: learnersupport@cityandguilds.com	
International learners General qualification information	T: +44 (0)844 543 0033 F: +44 (0)20 7294 2413 E: intcg@cityandguilds.com	
Centres Exam entries, Registrations/enrolment, Certificates, Invoices, Missing or late exam materials, Nominal roll reports, Results	T: +44 (0)844 543 0000 F: +44 (0)20 7294 2413 E: centresupport@cityandguilds.com	
Single subject qualifications Exam entries, Results, Certification, Missing or late exam materials, Incorrect exam papers, Forms request (BB, results entry), Exam date and time change	T: +44 (0)844 543 0000 F: +44 (0)20 7294 2413 F: +44 (0)20 7294 2404 (BB forms) E: singlesubjects@cityandguilds.com	
International awards Results, Entries, Enrolments, Invoices, Missing or late exam materials, Nominal roll reports	T: +44 (0)844 543 0000 F: +44 (0)20 7294 2413 E: intops@cityandguilds.com	
Walled Garden Re-issue of password or username, Technical problems, Entries, Results, GOLA, Navigation, User/menu option, Problems	T: +44 (0)844 543 0000 F: +44 (0)20 7294 2413 E: walledgarden@cityandguilds.com	
Employer Employer solutions, Mapping, Accreditation, Development Skills, Consultancy	T: +44 (0)121 503 8993 E: business@cityandguilds.com	
Publications Logbooks, Centre documents, Forms, Free literature	T: +44 (0)844 543 0000 F: +44 (0)20 7294 2413	

If you have a complaint, or any suggestions for improvement about any of the services that City & Guilds provides, email: **feedbackandcomplaints@cityandguilds.com**

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