

Unit 4222-402 Understand theories of relationships and social networks (HSC 3021)

Level: 4
Credit value: 3
UAN: Y/601/8579

Unit aim

This unit is aimed at those working in a wide range of settings. It provides the learner with the knowledge required to understand supportive relationships and social networks.

Learning outcomes

There are **three** learning outcomes to this unit. The learner will:

1. Understand the relevance of relationship theories to health and social care practice
2. Understand the impact of relationships and social networks on well-being and self esteem
3. Understand factors that can influence the process of a relationship

Guided learning hours

It is recommended that **29** hours should be allocated for this unit, although patterns of delivery are likely to vary.

Details of the relationship between the unit and relevant national standards

This unit is linked to HSC 356 and HSC 331.

Support of the unit by a sector or other appropriate body

This unit is endorsed by Skills for Care and Development.

Assessment

This unit must be assessed in line with Skills for Care and Development's QCF Assessment Principles.

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Assessment Criteria

Outcome 1 Understand the relevance of relationship theories to health and social care practice

The learner can:

1. compare key principles of relationship theories
2. analyse ways in which an understanding of relationship theories can enhance health and social care practice.

Outcome 2 Understand the impact of relationships and social networks on well-being and self esteem

The learner can:

1. describe the benefits of supportive relationships and social networks for an individual's well-being and self esteem
2. describe the possible impact of difficult or dysfunctional relationships on an individual's well-being and self esteem
3. analyse the features of supportive relationships and dysfunctional relationships.

Outcome 3 Understand factors that can influence the process of a relationship

The learner can:

1. explain the processes involved in the development, maintenance and breakdown of relationships
2. analyse how the development, maintenance and breakdown of relationships can be influenced by
 - Social factors
 - Economic factors
 - Cultural factors
 - Psychological factors
 - Physical factors.