

Unit 4222-337 Undertake urethral catheterisation processes (HSC 3054)

Level: 3
Credit value: 4
UAN: J/601/8979

Unit aim

This unit is about insertion of urethral catheters, including re-catheterisation, following agreed protocols and procedures, and covers regular monitoring and care of the urethral catheter after insertion.

Learning outcomes

There are **six** learning outcomes to this unit. The learner will:

1. Understand relevant legislation, policy and good practice in relation to carrying out urethral catheterisation
2. Understand the relevant anatomy and physiology
3. Be able to prepare to insert urethral catheters
4. Be able to insert urethral catheters
5. Be able to monitor and care for the urethral catheter after insertion
6. Be able to care for and support the individual during and after the procedure

Guided learning hours

It is recommended that **28** hours should be allocated for this unit, although patterns of delivery are likely to vary.

Details of the relationship between the unit and relevant national standards

This unit is linked to CHS 8.

Support of the unit by a sector or other appropriate body

This unit is endorsed by Skills for Care and Development.

Assessment

This unit must be assessed in accordance with Skills for Care and Development's QCF Assessment Principles.

Learning outcomes 2, 3, 4 and 5 must be assessed in a real work environment.

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Assessment Criteria

Outcome 1 Understand relevant legislation, policy and good practice in relation to carrying out urethral catheterisation

The learner can:

1. describe the current legislation, national guidelines, and local policies and protocols which affect work practice
2. identify the correct procedures relating to urethral catheterisation
3. explain the conditions and constraints which might denote who undertakes this procedure and why
4. identify when good practice suggests it may be necessary to seek assistance from an appropriate member of staff
5. describe the ethical issues surrounding catheterisation, as applied to males and females.

Outcome 2 Understand the relevant anatomy and physiology

The learner can:

1. describe the anatomy and physiology of the male and / or female genito-urinary system.

Outcome 3 Be able to prepare to insert urethral catheters

The learner can:

1. identify the types of catheters that can be used
2. select an appropriate catheter
3. describe the local anaesthetic agents available for use when inserting urethral catheters
4. confirm the individual's identity and obtain **valid consent**.

Outcome 4 Be able to insert urethral catheters

The learner can:

1. ensure the individual's privacy and dignity is maintained at all times
2. apply standard precautions for infection control
3. apply health and safety measures relevant to the procedure and environment
4. insert the catheter safely and correctly, with minimal trauma to the individual including
 - securing the catheter
 - adjust it correctly
 - attach it correctly to the appropriate drainage system.

Outcome 5 Be able to monitor and care for the urethral catheter after insertion

The learner can:

1. monitor the catheterisation equipment and materials to check they are functioning correctly
2. empty draining bags
3. measure and record the amount of urine collected immediately after insertion and as often as required according to care plan
4. maintain cleanliness of the catheter and surrounding area through regular hygiene care as required
5. take appropriate action to remedy any problems when these arise.

Outcome 6 Be able to care for and support the individual during and after the procedure

The learner can:

1. assess how comfortable the individual taking steps to improve the individual's comfort during and after the procedure
2. identify adverse effects and appropriate actions
3. communicate information to the individual on the care of the catheter and attachments
4. demonstrate sensitivity and understanding of the effects of catheterisation on the individual's comfort and dignity.

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Additional guidance

- **Valid consent** must be in line with agreed UK country definition.