

Unit 4222-314 Support individuals to develop and run support groups (HSC 3010)

Level: 3
Credit value: 3
UAN: H/601/9492

Unit aim

This unit is aimed at those working in a wide range of settings. It provides the learner with the knowledge and skills required to support individuals to develop and run support groups.

Learning outcomes

There are **five** learning outcomes to this unit. The learner will:

1. Understand the role of support groups
2. Be able to support individuals to assess the need for additional support groups
3. Be able to support individuals to develop their own support groups
4. Be able to support individuals to run support groups
5. Be able to support individuals to evaluate support groups

Guided learning hours

It is recommended that **24** hours should be allocated for this unit, although patterns of delivery are likely to vary.

Details of the relationship between the unit and relevant national standards

This unit is linked to HSC394.

Support of the unit by a sector or other appropriate body

This unit is endorsed by Skills for Care and Development.

Assessment

This unit must be assessed in accordance with Skills for Care and Development's QCF Assessment Principles.

Learning outcomes 2, 3, 4 and 5 must be assessed in a real work environment.

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Assessment Criteria

Outcome 1 Understand the role of support groups

The learner can:

1. explain the benefits of support groups to **individuals**
2. explain how involvement in setting up and running a support group can affect the identity, self-esteem and self-image of individuals
3. compare key points of theories about group dynamics.

Outcome 2 Be able to support individuals to assess the need for additional support groups

The learner can:

1. work with individuals to identify the support a group could provide for them
2. contribute to accessing sources of information about existing support groups
3. work with individuals to evaluate existing support groups and identify gaps in provision.

Outcome 3 Be able to support individuals to develop their own support groups

The learner can:

1. work with individuals to identify ways to develop their own support group where there is a gap in provision
2. work with individuals to agree the nature and purpose of the support group
3. establish with individuals the level and type of support they require to **set up a group**
4. carry out own role as agreed to support the setting up of the group.

Outcome 4 Be able to support individuals to run support groups

The learner can:

1. establish with group members the support they need to **run the group**
2. support the group to operate **safely**
3. support the group to resolve **conflicts**.

Outcome 5 Be able to support individuals to evaluate support groups

The learner can:

1. support the group to monitor its activities and outcomes
2. support the group to:
 - agree processes and criteria for evaluating its activities and outcomes
 - evaluate its activities and outcomes
3. report on the effectiveness of the support group in line with **agreed ways of working**.

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Additional guidance

- An **individual** is someone requiring care or support
- Support to **set up a group** may include:
 - Putting individuals in touch with others who have the same interests and purpose
 - Accessing resources
 - Providing advice and encouragement
- Support to **run the group** may include:
 - Providing advice and sharing expertise
 - Developing guidelines on roles and responsibilities
 - Developing ground rules
 - Giving advice on respecting and valuing all members
- Operating **safely** may need to take account of:
 - Health and safety
 - The environment
 - Equipment and materials
 - Use and abuse of power
 - Risk of harm or abuse
- **Conflicts** may include those relating to:
 - Rights and responsibilities
 - Health and safety
 - Managing risk
 - Costs
 - Ethical concerns
 - Interpersonal relationships
- **Agreed ways of working** will include policies and procedures where these exist.