

# Unit 4222-306 Promote and implement health and safety in health and social care (HSC 037)

**Level:** 3  
**Credit value:** 6  
**UAN:** F/601/8138

## Unit aim

This unit is aimed at those working in a wide range of settings. It provides the learner with the knowledge and skills required to promote and implement health and safety in their work setting.

## Learning outcomes

There are **nine** learning outcomes to this unit. The learner will:

1. Understand own responsibilities, and the responsibilities of others, relating to health and safety
2. Be able to carry out own responsibilities for health and safety
3. Understand procedures for responding to accidents and sudden illness
4. Be able to reduce the spread of infection
5. Be able to move and handle equipment and other objects safely
6. Be able to handle hazardous substances and materials
7. Be able to promote fire safety in the work setting
8. Be able to implement security measures in the work setting
9. Know how to manage stress.

## Guided learning hours

It is recommended that **43** hours should be allocated for this unit, although patterns of delivery are likely to vary.

## Details of the relationship between the unit and relevant national standards

This unit is linked to HSC 32.

## Support of the unit by a sector or other appropriate body

This unit is endorsed by Skills for Care and Development.

## Assessment

This unit must be assessed in accordance with Skills for Care and Development's QCF Assessment Principles.

Learning outcomes 2, 4, 5, 6, 7, and 8 must be assessed in a real work environment.

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## Assessment Criteria

### Outcome 1 Understand own responsibilities, and the responsibilities of others, relating to health and safety

The learner can:

1. identify legislation relating to health and safety in a health or social care **work setting**
2. explain the main points of health and safety **policies and procedures** agreed with the employer
3. Analyse the main health and safety responsibilities of:
  - self
  - the employer or manager
  - **others** in the work setting
4. identify specific **tasks** in the work setting that should not be carried out without special training.

### Outcome 2 Be able to carry out own responsibilities for health and safety

The learner can:

1. use policies and procedures or other agreed ways of working that relate to health and safety
2. support others to understand and follow safe practices
3. monitor and report potential health and safety risks
4. use risk assessment in relation to health and safety
5. demonstrate ways to minimise potential risks and hazards
6. access additional support or information relating to health and safety.

### Outcome 3 Understand procedures for responding to accidents and sudden illness

The learner can:

1. describe different types of accidents and sudden illness that may occur in own work setting
2. explain procedures to be followed if an accident or sudden illness should occur.

### Outcome 4 Be able to reduce the spread of infection

The learner can:

1. explain own role in supporting others to follow practices that reduce the spread of infection
2. demonstrate the recommended method for hand washing
3. demonstrate ways to ensure that own health and hygiene do not pose a risk to an individual or to others at work.

### Outcome 5 Be able to move and handle equipment and other objects safely

The learner can:

1. explain the main points of legislation that relates to moving and handling
2. explain principles for safe moving and handling
3. move and handle equipment and other objects safely.

## **Outcome 6 Be able to handle hazardous substances and materials**

The learner can:

1. describe types of hazardous substances that may be found in the work setting
2. demonstrate safe practices for:
  - storing hazardous substances
  - using hazardous substances
  - disposing of hazardous substances and materials.

## **Outcome 7 Be able to promote fire safety in the work setting**

The learner can:

1. describe practices that prevent fires from:
  - starting
  - spreading
2. demonstrate measures that prevent fires from starting
3. explain emergency procedures to be followed in the event of a fire in the work setting
4. ensure that clear evacuation routes are maintained at all time.

## **Outcome 8 Be able to implement security measures in the work setting**

The learner can:

1. demonstrate use of agreed procedures for checking the identity of anyone requesting access to:
  - premises
  - information
2. demonstrate use of measures to protect own security and the security of others in the work setting
3. explain the importance of ensuring that others are aware of own whereabouts.

## **Outcome 9 Know how to manage stress.**

The learner can:

1. describe common signs and indicators of **stress**
2. describe signs that indicate own stress
3. analyse factors that tend to trigger own stress
4. compare strategies for managing stress.

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### Additional guidance

- **Work setting** may include one specific location or a range of locations, depending on the context of a particular work role
- **Policies and procedures** may include other agreed ways of working as well as formal policies and procedures
- **Others** may include:
  - Team members
  - Other colleagues
  - Those who use or commission their own health or social care services
  - Families, carers and advocates
- **Tasks** for which special training is required may include:
  - Use of equipment
  - First aid
  - Medication
  - Health care procedures
  - Food handling and preparation
- **Stress** can have positive as well as negative effects, but in this unit the word is used to refer to negative stress