

Unit 4222-340 Help individuals address their substance use through an action plan (HSC 3061)

Level: 3
Credit value: 4
UAN: J/601/9968

Unit aim

This unit is aimed at those who support individuals with drug or alcohol problems to develop and review their action plans.

Learning outcomes

There are **three** learning outcomes to this unit. The learner will:

1. Understand the background relating to substance use to support the development of an action plan
2. Be able to develop an action plan with individuals
3. Be able to review the action plan with individuals

Guided learning hours

It is recommended that **28** hours should be allocated for this unit, although patterns of delivery are likely to vary.

Details of the relationship between the unit and relevant national standards

This unit is linked to HSC 431.

Support of the unit by a sector or other appropriate body

This unit is endorsed by Skills for Care and Development.

Assessment

This unit must be assessed in accordance with Skills for Care and Development's QCF Assessment Principles.

Learning outcomes 2 and 3 must be assessed in a real work environment.

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Assessment Criteria

Outcome 1 Understand the background relating to substance use to support the development of an action plan

The learner can:

1. explain the reasons for substance use.
2. explain the specific needs and issues of substance users
3. describe the range of behaviours that you may experience from substance users
4. describe the risks substance users may pose to themselves and others
5. explain how to minimise the risks
6. explain the implications of mental health issues in relation to substance use
7. identify commonly used examples of substance misuse jargon/terminology.

Outcome 2 Be able to develop an action plan with individuals

The learner can:

1. provide opportunities for the individual to contribute to the development of the action plan
2. confirm that the individual understands the information provided
3. agree the process for reviewing the action plan with the individual
4. provide an action plan that reflects the current circumstances of the individual
5. record the action plan according to **agreed ways of working**.

Outcome 3 Be able to review the action plan with individuals

The learner can:

1. gather and record information relating to individual's progress
2. provide opportunities to review the action plan with an individual
3. identify with the individual the outcomes that have been met and those still to be achieved
4. identify and agree the next stages with the individual.

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Additional guidance

- **Agreed ways of working** will include policies and procedures where these exist.