

Encourage children and young people to eat healthily

Assessment marking guide

D/506/1309

4230-114



City & Guilds
Believe you can



www.cityandguilds.com

Encourage children and young people to eat healthily

Assessor guidance

Assessment requirements

Candidates must successfully complete all parts of an assessment to a satisfactory and appropriate standard in order to gain a pass for that assessment. The assessments have been designed to assess the ability of candidates to cover a range of issues associated with a given unit. Consequently, it is not appropriate for parts of any assessment to be omitted, submitted incomplete or of an unsatisfactory standard.

All assessments must be completed and assessed within the candidate's period of registration. It is up to centres to decide how long they give candidates to complete their assessments, and this may vary from one unit to another.

Tutors/ assessors are reminded of their responsibility to provide written feedback to candidates regarding their assessments and of the fact that candidates should not be encouraged to submit work for final assessment until it is complete and to the appropriate standard for the task.

Bearing in mind the above responsibility which lies with centres, candidates will normally have two opportunities to submit each individual assessment. Candidates who fail any task should not resubmit work within one week of receiving their result. Centres must provide precise written feedback and where necessary, further learning opportunities to maximise the candidate's potential to succeed on their second attempt.

Candidates may choose to word process their answers. Assessors may guide candidates in the length of their responses. They should use the marking guidance as a rough indication of what should be covered, and use the space provided in the task box (where applicable) as a guide as to how much should be written.

Grading and marking

Assessments are marked by the centre and graded Pass/Fail only. The highest grade for any of the assessments in this qualification is a **pass**.

If a candidate does not display the required knowledge/competence to achieve a pass for a task, their second opportunity to meet the criteria should be by way of oral questioning. This questioning should take place between the assessor and candidate, and must be evidenced using the correct City & Guilds recording form, available here:

http://www.cityandguilds.com/~media/Documents/ProvideTraining/Centre%20Document%20Library/Quality-Assurance-documents/Recording_Forms_for_centres_and_candidates.ashx

What the results mean

Pass: is achieved when all assessment tasks have been passed.

Fail: when, after the second attempt, there are still a significant number of tasks that have not been completed to the required standard.

Resubmission: normally candidates may resubmit their assessment work once, if tasks were failed on the first submission. However, should centres think that a further assessment opportunity would result in a positive outcome for the candidate, the centre should seek the approval of their Qualification Consultant.

Marking guidance

Task A: Leaflet
<p>How a child's or young person's food choice is influenced.</p> <p>Examples include:</p> <ul style="list-style-type: none">• preferences• parental/early influences• availability and cost• presentation• family circumstances• medical requirements• culture and religion• values and beliefs• health concerns• peer/ media pressure. <p>Any other acceptable answer.</p>
<p>The principles of healthy eating for children and young people.</p> <p>These include:</p> <ul style="list-style-type: none">• eating the recommended amounts/percentage of the five main types of food for age/stage of development• the five different types of food: fruit and vegetables, carbohydrates, protein, milk and dairy, fat• limit salt and sugar• eating wholegrain rather than refined foods• avoidance of additives• eating unsaturated rather than saturated fats – some fat is needed for the absorption of fat-soluble vitamins• using healthy cooking methods eg grill rather than fry• check nutritional labels• food safety and hygiene – preparation, storage and cooking. <p>Any other acceptable answer.</p>

A range of activities that encourage children and young people to eat healthily.

Examples may include:

- cooking activities
- parties and picnics
- home corner – café, shop
- keeping a food diary
- planning weekly menus
- visit to supermarket, understanding food labels.

Any other acceptable answer.

Published by City & Guilds
1 Giltspur Street
London
EC1A 9DD
T +44 (0)844 543 0000
F +44 (0)20 7294 2413
www.cityandguilds.com

City & Guilds is a registered charity
established to promote education
and training