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City & Guilds Level 1 Certificate in Introduction to Health, Social Care and Children's and Young People's Settings

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OVERVIEW

- What does this qualification cover?

This qualification covers a range of topics directly related to the knowledge and skills needed to prepare to work in Health, Social Care (adults and Children and Young People) and Children and Young People's settings.

All learners will complete the mandatory units:

- range of service provision and roles within health and social care, early years and childcare
- principles and values in health and social care, early years and childcare
- awareness of protection and safeguarding in health and social care , early years and childcare
- introduction to communication in health and social care , early years and childcare
- introductory awareness of equality and inclusion in health, social care and children's and young people's settings
- introductory awareness of health and safety in health, social care and children's and young people's settings
- introductory awareness of person-centred support in health, social care and children's and young people's settings

They will then select some optional units:

- human growth and development
- introduction to disability awareness
- introduction to children and young people's development
- understand the importance of engagement in leisure and social activities in health and social care
- introduction to the physical care of babies and young children
- introduction to the development of children and young people through play
- encourage children and young people to eat healthily
- introduction to a healthy lifestyle
- introduction to autistic spectrum condition
- introduction to physical disability
- introduction to learning disability
- introduction to sensory loss
- introduction to mental health



- introduction to dementia
- introductory awareness of the importance of healthy eating and drinking for adults
- introductory awareness of working with others in health, social care and children's and young people's settings

Completing the seven mandatory units will allow the learners to gain 80% of the key vocational skills required to progress into further learning. They will then select a minimum of two units from the optional bank. As most the optional units cover key areas in health, social care and children and young people's settings, the learners' choice of optional units will mean that they will find it easy to progress onto a broad range of occupational progression routes. Learners who select optional unit relating only to adults or only relating to children and young people may find their progression choices limited to one of those specific sectors.

The optional units make up 20% of the vocational learning required to progress onto further learning within these sectors.

This is a Framework qualification.

- Who is this qualification designed for?

This qualification is designed for learners who want to develop skills and knowledge required for working in the health and social care or children and young people's sector. They may have already completed the Award in Introduction to Health, Social Care and Children's and Young People's Settings and are now sure that this is the career for them. The qualification is suitable for learners who are at least 14 years old but there are restrictions for candidates under the ages of 18 who want to work with children unsupervised.

City & Guilds offers 3 qualifications in Introduction to Health, Social Care and Children's and Young People's Settings:

- **City & Guilds Level 1 Award in Introduction to Health, Social Care and Children's and Young People's Settings**
- **City & Guilds Level 1 Certificate in Introduction to Health, Social Care and Children's and Young People's Settings**
- **City & Guilds Level 1 Diploma in Introduction to Health, Social Care and Children's and Young People's Settings**

Learners should select the Award if they want to gain a basic knowledge of working in Health, Social Care and Children and Young People's Settings, to help them decide if they want a career in this sector.

Learners should select the Certificate if they wish to expand on the basic knowledge within the Award and focus on the key areas for this sector, once they are sure this is the career for them.

Learners should select the Diploma if they wish to gain a broader knowledge of the Health, Social care and/or children's and young people's sector. They may have completed the Award or Certificate and feel that they are not yet ready to progress to Level 2 with a firm commitment to either Social Care, Health or Childcare.

WHAT COULD THIS QUALIFICATION LEAD TO?

This qualification will provide the learner with an introduction to the health, social care and children and young people's sector and help them progress onto the following qualifications:

- Level 1 Diploma in Introduction to Health, Social Care and Children's and Young People's Settings
- Level 2 Diploma in Health and Social Care (Adults) for England
- Level 2 Certificate for the Children and Young People's Workforce
- Level 2 Certificate or Diploma in Healthcare Support Services

WHO SUPPORTS THIS QUALIFICATION?

This qualification is supported by the following providers:

YMCA Training
City First Training
Oxfordshire Skills and Learning Service