Awards/Certificates in Hospitality and Catering at SCQF Level 3 and Level 4 (4779)

September 2013 Version 1.0



Qualification at a glance



Subject area	Hospitality and Catering
City & Guilds number	4779
Age group approved	All
Entry requirements	None
Assessment	Assignment
Fast track	Available
Support materials	Centre handbook Assessment pack
Registration and certification	Consult the Walled Garden/Online Catalogue for last dates

Title and Level	City & Guilds number
Award in Introduction to the Hospitality Industry at SCQF Level 3	4779-01
Certificate in Introduction to the Hospitality Industry at SCQF Level 3	4779-01
Certificate in General Hospitality at SCQF Level 4	4779-02
Award in Introduction to the Hospitality Industry at SCQF Level 4	4779-03
Certificate in Introduction to the Hospitality Industry at SCQF Level 4	4779-03
Certificate in General Food and Beverage Service at SCQF Level 4	4779-90
Certificate in General Cookery at SCQF Level 4	4779-90
Certificate in Investigating the Hospitality industry at SCQF Level 4	4779-90
Award in General front Office Operations at SCQF Level 4	4779-90
Award in General Housekeeping Operations at SCQF Level 4	4779-90

Contents



1	Introduction	4
	Structure	4
2	Centre requirements	10
	Approval	10
	Resource requirements	10
	Learner entry requirements	11
3	Delivering the qualification	12
	Initial assessment and induction	12
	Support materials	12
4	Assessment	13
5	Units	14
Unit 401	Introduction to the hospitality industry	15
Unit 402	Customer service in the hospitality industry	18
Unit 403	Serving food and drink	21
Unit 404	Basic food preparation	24
Unit 405	Basic cooking	27
Unit 406	Guest services in the hospitality industry	30
Unit 410	Housekeeping and guest services	33
Unit 411	Using kitchen equipment	37
Unit 413	Food service	40
Unit 415	Introduction to healthy eating	43
Unit 416	Basic food preparation and cooking	46
Unit 417	Preparing and serving drinks	49
Unit 418	Introduction to food commodities	52
Unit 419	Front office operations	55
Unit 421	Introduction to the hospitality industry	59
Unit 422	Customer service in the hospitality industry	62
Unit 620	Food safety in catering	66
Appendix 1	Sources of general information	72

1 Introduction



This document tells you what you need to do to deliver the qualifications:

Area	Description
Who are the qualifications for?	These qualifications are for anyone who is interested in a career in the hospitality sector. It is particularly aimed at 14-19 year olds working towards full SCQF Level 3/4 qualifications and skilled employment, including Apprenticeships.
What do the qualifications cover?	The qualification covers various routes in the sector, including cookery, food service and the industry as a whole.
What opportunities for progression are there?	 These qualifications can help the learner find a job in a wide range of roles including: Bar person Catering Chef Cleaner Housekeeper Kitchen assistant/Porter Receptionist Once the learner has completed the course they might want to move on to full SCQF Level 3/4 qualifications and skilled employment including apprenticeships.

Structure

To achieve the **Award in Introduction to the Hospitality Industry at SCQF Level 3 (4779-01)**, learners must achieve **8** credits in total. **2** credits must be taken from the mandatory unit group and a minimum of **6** credits from the optional units group, of which **3** credits must come from units 403-406.

SCQF Level	City & Guilds unit number	Unit title	Credit value
	Mandatory		
3	401	Introduction to the hospitality industry	1
3	402	Customer service in the hospitality industry	1
	Optional		
4	403	Serving food and drink	2

4	404	Basic food preparation	2
3	405	Basic cooking	2
3	406	Guest services in the hospitality industry	2
4	410	Housekeeping and guest services	3
4	411	Using kitchen equipment	1
4	413	Food service	3
4	415	Introduction to healthy eating	3
4	416	Basic food preparation and cooking	3
4	417	Preparing and serving drinks	3
4	418	Introduction to food commodities	1
4	419	Front office operations	3
4	620	Food safety in catering	1

To achieve the **Certificate in Introduction to the Hospitality Industry at SCQF Level 3 (4779-01)**, learners must achieve a minimum of **13** credits in total. **2** credits must be taken from the mandatory unit group and a minimum of **11** credits selected from the optional units group, of which **5** credits must come from units 403-406.

SCQF Level	City & Guilds unit number	Unit title	Credit value
	Mandatory		
3	401	Introduction to the hospitality industry	1
3	402	Customer service in the hospitality industry	1
	Optional		
3	403	Serving food and drink	2
3	404	Basic food preparation	2
3	406	Guest services in the hospitality industry	2
4	410	Housekeeping and guest services	3
4	411	Using kitchen equipment	1
4	413	Food service	3
4	415	Introduction to healthy eating	3
4	416	Basic food preparation and cooking	3
4	417	Preparing and serving drinks	3
4	418	Introduction to food commodities	1
4	419	Front office operations	3
4	620	Food safety in catering	1

To achieve the **Certificate in General Hospitality at SCQF Level 4 (4779-02)**, learners must achieve a minimum of **14** credits from the optional units available.

SCQF Level	City & Guilds unit number	Unit title	Credit value
	Optional		
4	410	Housekeeping and guest services	3
4	411	Using kitchen equipment	1
4	413	Food service	3
4	415	Introduction to healthy eating	3
4	416	Basic food preparation and cooking	3
4	417	Preparing and serving drinks	3
4	418	Introduction to food commodities	1
4	419	Front office operations	3
4	620	Food safety in catering	1

To achieve the **Award in Introduction to the Hospitality Industry at SCQF Level 4 (4779-03)**, learners must achieve **10** credits. **5** credits must be taken from the mandatory unit group, a minimum of **1** credit from 410,411,413,415,416,417,418 or 419. The remaining credits may be selected from any of the remaining optional units.

SCQF Level	City & Guilds unit number	Unit title	Credit value
	Mandatory		
4	421	Introduction to the hospitality industry	2
4	422	Customer service in the hospitality industry	3
	Optional		
3	403	Serving food and drink	2
3	404	Basic food preparation	2
3	405	Basic cooking	2
3	406	Guest services in the hospitality industry	2
4	410	Housekeeping and guest services	3
4	411	Using kitchen equipment	1
4	413	Food service	3
4	415	Introduction to healthy eating	3
4	416	Basic food preparation and cooking	3
4	417	Preparing and serving drinks	3
4	418	Introduction to food commodities	1
4	419	Front office operations	3
4	620	Food safety in catering	1

To achieve the **Certificate in Introduction to the Hospitality Industry at SCQF Level 4 (4779-03)**, learners must achieve a minimum of **14** credits. **5** credits must be taken from the mandatory unit group and a minimum of **9** credits from the optional unit group of which at least **3** credits must come from the Level 4 units.

SCQF Level	City & Guilds unit number	Unit title	Credit value
	Mandatory		
4	421	Introduction to the hospitality industry	2
4	422	Customer service in the hospitality industry	3
	Optional		
3	403	Serving food and drink	2
3	404	Basic food preparation	2
3	405	Basic cooking	2
3	406	Guest services in the hospitality industry	2
4	410	Housekeeping and guest services	3
4	411	Using kitchen equipment	1
4	413	Food service	3
4	415	Introduction to healthy eating	3
4	416	Basic food preparation and cooking	3
4	417	Preparing and serving drinks	3
4	418	Introduction to food commodities	1
4	419	Front office operations	3
4	620	Food safety in catering	1

To achieve the **Certificate in General Food and Beverage Service at SCQF Level 4 (4779-90)**, learners must achieve **15** credits from the mandatory unit group.

SCQF Level	City & Guilds unit number	Unit title	Credit value
	Mandatory		
4	413	Food service	3
4	415	Introduction to healthy eating	3
4	417	Preparing and serving drinks	3
4	421	Introduction to the hospitality industry	2
4	422	Customer service in the hospitality industry	3
4	620	Food safety in catering	1

To achieve the **Certificate in General Cookery at SCQF Level 4 (4779-90)**, learners must achieve **14** credits from the mandatory unit group.

SCQF Level	City & Guilds unit number	Unit title	Credit value
	Mandatory		
4	411	Using kitchen equipment	1
4	415	Introduction to healthy eating	3
4	416	Basic food preparation and cooking	3
4	418	Introduction to food commodities	1
4	421	Introduction to the hospitality industry	2
4	422	Customer service in the hospitality industry	3
4	620	Food safety in catering	1

To achieve the **Certificate in Investigating the Hospitality Industry at SCQF Level 4 (4779-90)**, learners must achieve **26** credits from the mandatory units.

SCQF Level	City & Guilds unit number	Unit title	Credit value
	Mandatory		
4	410	Housekeeping and guest services	3
4	411	Using kitchen equipment	1
4	413	Food service	3
4	415	Introduction to healthy eating	3
4	416	Basic food preparation and cooking	3
4	417	Preparing and serving drinks	3
4	418	Introduction to food commodities	1
4	419	Front office operations	3
4	421	Introduction to the hospitality industry	2
4	422	Customer service in the hospitality industry	3
4	620	Food safety in catering	1

To achieve the Award in General Front Office Operations at SCQF Level 4 (4779-90), learners must achieve 8 credits from the mandatory units.

	SCQF Level	City & Guilds unit number Mandatory	Unit title	Credit value
_	4	419	Front office operations	3
_	4	421	Introduction to the hospitality industry	2
_	4	422	Customer service in the hospitality industry	3

To achieve the **Award in General Housekeeping Operations at SCQF Level 4 (4779-90)**, learners must achieve **8** credits from the mandatory unit group.

SCQF Level	City & Guilds unit number	Unit title	Credit value
	Mandatory		
4	410	Housekeeping and guest services	3
4	421	Introduction to the hospitality industry	2
4	422	Customer service in the hospitality industry	3

2 Centre requirements



Approval

Scottish City & Guilds centres who currently offer 7107 will obtain automatic qualification approval for these qualifications.

All other City & Guilds centres will need to obtain full qualification approval for these qualifications. The **standard** Qualification Approval Process (QAP) applies. Please refer to the City & Guilds website for further details.

New centres will need to gain both centre and qualification approval. Please refer to the *Centre Manual* - *Supporting Customer Excellence* for further information.

Centre staff should familiarise themselves with the structure, content and assessment requirements of the qualification before designing a course programme.

Resource requirements

Physical resources and site agreements

Centres can use specially designated areas within a centre to assess, for example, basic food preparation. The equipment, systems and machinery must meet industrial standards and be capable of being used under normal working conditions

Centre staffing

Staff delivering this qualification must be able to demonstrate that they meet the following occupational expertise requirements. They should:

- be occupationally competent or technically knowledgeable in the area for which they are delivering training and/or have experience of providing training. This knowledge must be to the same level as the training being delivered
- have recent relevant experience in the specific area they will be assessing
- have credible experience of providing training.

Centre staff may undertake more than one role, eg tutor and assessor or internal quality assurer, but cannot internally verify their own assessments.

Assessors and Internal Quality Assurer

Assessor/Internal Quality Assurer TAQA qualifications are valued as qualifications for centre staff, but they are not currently a requirement for the qualification.

Continuing professional development (CPD)

Centres must support their staff to ensure that they have current knowledge of the occupational area, that delivery, mentoring, training, assessment and verification is in line with best practice, and that it takes account of any national or legislative developments.

Learner entry requirements

City & Guilds does not set entry requirements for this qualification. However, centres must ensure that learners have the potential and opportunity to gain the qualification successfully.

Age restrictions

There is no age restriction for this qualification unless this is a legal requirement of the process or the environment.

3 Delivering the qualification



Initial assessment and induction

An initial assessment of each learner should be made before the start of their programme to identify:

- if the learner has any specific training needs,
- support and guidance they may need when working towards their qualification.
- any units they have already completed, or credit they have accumulated which is relevant to the qualification.
- the appropriate type and level of qualification.

We recommend that centres provide an induction programme so the learner fully understands the requirements of the qualifications, their responsibilities as a learner, and the responsibilities of the centre. This information can be recorded on a learning contract.

Support materials

The following resources are available for this qualification:

Description	How to access
Assignment guide for centres	The documentation can be found on www.cityandguilds.com

4 Assessment



Candidates must:

- successfully complete one assignment for each mandatory unit
- successfully complete one assignment for each chosen optional unit

Each unit is assessed by a separate assignment. The assignments cover the practical activities for all outcomes and will also sample underpinning knowledge to verify coverage of the unit.

Assignments are externally set by City & Guilds, locally marked and externally verified.

Time constraints

The following must be applied to the assessment of this qualification:

- Candidates must be assessed within a realistic time limit
- All assignments must be completed and assessed within the candidate's period of registration. Centres should advise candidates of any internal timescales for the completion and marking of individual assignments
- Any guidance on set time constraints for assessments have been included within assignments (see Assignment Guide)

Recognition of prior learning (RPL)

Recognition of prior learning means using a person's previous experience or qualifications which have already been achieved to contribute to a new qualification.

RPL is allowed and is also sector specific.



Availability of units

The following units can also be obtained from The Register of Regulated Qualifications: http://register.ofqual.gov.uk/Unit

Structure of units

These units each have the following:

- City & Guilds reference number
- title
- level
- credit value
- guided learning hours
- unit aim
- endorsement by a sector or other appropriate body
- information on assessment
- learning outcomes which are comprised of a number of assessment criteria
- notes for guidance.

Unit 401 Introduction to the hospitality industry

Level:	SCQF 3
Credit value:	1
GLH:	10
Endorsement by a sector or regulatory body:	This unit is endorsed by People1st, the sector skills council for Hospitality, Leisure, Travel and Tourism
Aim:	This unit gives learners a general introduction to the hospitality industry including: food preparation and cooking, food and drink services, accommodation services and guest services.

Learning outcome	
The learner will:	
1. Know the main outlets in the hospitality industry	
Assessment criteria	
The learner can:	
1.1 give examples of outlets in the hospitality industry	
1.2 state different convices offered within the beautitality inductor	

1.2 state different **services** offered within the hospitality industry.

Range

Outlets

Hotels, guest houses, public houses, cafes, fast food outlets, coffee shops, takeaway, restaurants, clubs, schools, colleges, hospitals, prisons, residential homes, voluntary/charity catering operations, leisure and tourism outlets

Services

Food and drink service, accommodation/guest services, reception, portering, leisure facilities, entertainment

Learning outcome

The learner will:

2. Know the job opportunities within the hospitality industry

Assessment criteria

The learner can:

- 2.1 list job roles in the hospitality industry
- 2.2 list the **job opportunities** available in the industry.

Range

Job roles

Kitchen porter, kitchen assistant, chef, head chef, porter, storekeeper, room attendant and cleaner, receptionist, waiter/ess, bar person, barista, manager, cashier, housekeeper, concierge

Job opportunities

Local, national and international transport, contract, welfare, industrial, commercial

Unit 401 Introduction to the Hospitality Industry

Supporting information

Guidance

Key Skills

This unit may help candidates to gain confidence in, and possibly generate portfolio evidence for, the following Key Skills:

- Application of Number
- Communication
- Information and Communication Technology
- Improving Own Learning and Performance
- Problem Solving
- Working with Others.

Assessment

This unit will be assessed by:

• an assignment covering practical skills and underpinning knowledge.

Unit 402 Customer service in the hospitality industry

Level:	SCQF 3
Credit value:	1
GLH:	10
Endorsement by a sector or regulatory body:	This unit is endorsed by People1st, the sector skills council for Hospitality, Leisure, Travel and Tourism.
Aim:	This unit introduces learners to the basic principles of effective customer service

Learning outcome

The learner will:

1. Know the importance of good customer service

Assessment criteria

The learner can:

1.1 state why good customer service is important.

Range

Customer service is important

Profitability, customer loyalty, reputation, customer experience, job satisfaction

Learning outcome

The learner will:

2. Be able to communicate with customers

Assessment criteria

The learner can:

2.1 **communicate positively** in routine situations (to include verbal and non verbal).

Range

Communicate positively

Verbal Face to face/telephone volume, tone, clarity

Non verbal Body language facial expression, eye contact, posture, stance, email, text, written

Learning outcome

The learner will:

3. Know the importance of good personal presentation

Assessment criteria

The learner can:

3.1 give examples of good personal presentation

3.2 present self appropriately to serve customers.

Unit 402 Customer Service in the Hospitality Industry

Supporting information

Guidance

Key Skills

This unit may help candidates to gain confidence in, and possibly generate portfolio evidence for, the following Key Skills:

- Application of Number
- Communication
- Information and Communication Technology
- Improving Own Learning and Performance
- Problem Solving
- Working with Others.

Assessment

This unit will be assessed by:

• an assignment covering practical skills and underpinning knowledge.

Level:	SCQF 3
Credit value:	2
GLH:	20
Endorsement by a sector or regulatory body:	This unit is endorsed by People1st, the sector skills council for Hospitality, Leisure, Travel and Tourism.
Aim:	This unit introduces the learner to food and drink service.

Learning outcome

The learner will:

1. Be able to serve food and drink to customers

Assessment criteria

The learner can:

- 1.1 serve food and drink to customers, **politely**, **safely** and **hygienically**
- 1.2 list the **stages** in serving the customer food and drink.

Range

Politely

Eye contact, smiling, appropriate language

Safely

Personal Protective Equipment (PPE), correct serving equipment, identify & deal with hazards (hot liquids, trips & slips, broken equipment, report hazards to supervisor)

Hygienically

Personal Protective Equipment (PPE), personal hygiene, eg hands and nails, jewellery, cosmetics, hand washing

Stages

Greet customer politely, take customer order, review customer order, prepare customer order, serve customer, check customer has all requirements

Learning outcome

The learner will:

2. Be able to work as part of a food and drink service team

Assessment criteria

The learner can:

- 2.1 work with others to serve food and drink
- 2.2 state how to work well as part of a food and drink service **team**.
- 2.3 assist in the preparation/assembly of food and drink.

Range

Team

Arrive for work on time, help other members of staff, follow instructions, be polite, pass on information, complete tasks on time, personal presentation

Preparation/assembly of food and drink

Check customer requirements, select correct equipment, select correct food and drink items, check the completed food and drink order, check customer has all requirements

Unit 403 Serving food and drink

Supporting information

Guidance

Key Skills

This unit may help candidates to gain confidence in, and possibly generate portfolio evidence for, the following Key Skills:

- Application of Number
- Communication
- Information and Communication Technology
- Improving Own Learning and Performance
- Problem Solving
- Working with Others.

Assessment

This unit will be assessed by:

• an assignment covering practical skills and underpinning knowledge.

Level:	SCQF 3
Credit value:	2
GLH:	20
Endorsement by a sector or regulatory body:	This unit is endorsed by People1st, the sector skills council for Hospitality, Leisure, Travel and Tourism.
Aim:	This unit introduces learners to safely and hygienically preparing food for cold presentation and cooking.

Learning outcome
The learner will:
1. Be able to prepare food for cold presentation or cooking
Assessment criteria
The learner can:
1.1 select the correct ingredients for basic dishes
1.2 choose the correct equipment and handle safely and hygienically
 prepare food items for cold presentation or cooking, safely and hygienically
1.4 set aside or store prepared food items ready for use according to instructions
 1.5 clean work areas and equipment safely and hygienically during and after preparing food.

Range

Correct

Quantity and quality

Ingredients

Vegetables, fruit, meat, poultry, fish, beans and pulses, pasta, rice, dairy, bread

Equipment

Knives, small handheld kitchen equipment, chopping boards, measuring equipment, bowls, trays, storage containers, gas/electrical equipment, saucepans, frying pans

Safely

Personal Protective Equipment (PPE), selecting correct equipment for job, identify and deal with hazards (hot liquids, trips & slips, broken equipment), report hazards to supervisor

Hygienically

Personal Protective Equipment (PPE), personal hygiene, eg hands and nails, jewellery, cosmetics, hand washing, cross-contamination

Prepare

Wash, trim, chop, slice, peel, grate, rub in, whisk, cream, sieve

Set aside or store

Products stored in correct place, covered, labelled and dated, correct position in fridge/freezer

Safely and hygienically

PPE, return unused food products to stores, use of cleaning products and equipment, clean as you go, using correct sinks, cleaning floors, correct storage of equipment, disposal of waste

Unit 404 Basic food preparation

Supporting information

Guidance

Key Skills

This unit may help candidates to gain confidence in, and possibly generate portfolio evidence for, the following Key Skills:

- Application of Number
- Communication
- Information and Communication Technology
- Improving Own Learning and Performance
- Problem Solving
- Working with Others.

Assessment

This unit will be assessed by:

• an assignment covering practical skills and underpinning knowledge.

Level:	SCQF 3
Credit value:	2
GLH:	20
Endorsement by a sector or regulatory body:	This unit is endorsed by People1st, the sector skills council for Hospitality, Leisure, Travel and Tourism.
Aim:	This unit introduces learners to cooking basic food items and dishes safely and hygienically under supervision.

Learning outcome
The learner will:
1. Be able to cook basic food items and dishes
Assessment criteria
The learner can:
1.1 select the correct ingredients for basic dishes
1.2 choose the correct equipment and handle safely and hygienically
1.3 cook food items safely and hygienically
1.4 clean work areas and equipment safely and hygienically during and after cooking

1.5 identify what went well and suggest any improvements.

Range

Correct

Quantity and quality

Ingredients

Vegetables, fruit, meat, poultry, fish, beans and pulses, pasta, rice, dairy, bread, oils and fats, herbs and spices, seasoning

Equipment

Knives, small hand-held kitchen equipment, chopping boards, trays, baking tins, gas/electrical equipment, saucepans, frying pans

Safely

Personal Protective Equipment (PPE), selecting correct equipment for job, identify and deal with hazards (hot liquids, trips & slips, broken equipment) report hazards to supervisor

Hygienically

Personal Protective Equipment (PPE), personal hygiene, eg hands and nails, jewellery, cosmetics, hand washing, cross-contamination

Cook

Poach, bake, roast, steam, boil, fry (stir, shallow, deep), microwave, grilling

Safely and hygienically

Personal Protective Equipment (PPE), hand washing, crosscontamination, return unused ingredients to storage, use correct cleaning products and equipment, clean as you go, disposal of waste

Unit 405 Basic cooking

Supporting information

Guidance

Key Skills

This unit may help candidates to gain confidence in, and possibly generate portfolio evidence for, the following Key Skills:

- Application of Number
- Communication
- Information and Communication Technology
- Improving Own Learning and Performance
- Problem Solving
- Working with Others.

Assessment

This unit will be assessed by:

• an assignment covering practical skills and underpinning knowledge.

Unit 406 Guest services in the hospitality industry

Level:	SCQF 3	
Credit value:	2	
GLH:	20	
Endorsement by a sector or regulatory body:	This unit is endorsed by People1st, the sector skills council for Hospitality, Leisure, Travel and Tourism.	
Aim:	This unit introduces the learner to food and drink service.	

Learning outcome

The learner will:

1. Be able to work as part of the guest services team

Assessment criteria

The learner can:

- 1.1 follow instructions for the preparation of guest services transporting materials, equipment and linen
- 1.2 follow instructions to service public areas, bedrooms, bathrooms/washrooms

Range

Transporting materials, equipment and linen

Maintenance of security, health and safety (manual handling), organisation (prevent cross-contamination, appropriate stock)

Servicing of areas

Cleaning of area, maintain health and safety, use of PPE, replenish consumables, correct use of signage, correct use of cleaning equipment and materials (including use of colour-coded or specified cloths to avoid cross-contamination), disposal of waste, hand washing procedures

Service public areas

Replenishment of current newspapers, magazines

Service bedrooms

Strip and remake beds, sorting of linen (collecting clean linen, separating dirty linen, avoiding cross-contamination)

Service bathrooms / washrooms

Clean to dirty cleaning, sorting of towels (avoiding unnecessary laundry), respect of customer wishes (towels, occupied rooms)

Learning outcome

The learner will:

2. Be able to communicate with customers

Assessment criteria

The learner can:

- 2.1 respond to customer queries politely
- 2.2 refer queries to the correct person

Range

Respond

Meet customer needs

Customer queries

Requests, complaints

Refer

Reporting procedures for faults/queries, knowing limits of own authority, communication with other departments

Correct person

Supervisor (knowing limit of authority)

Unit 406 Guest Services in the hospitality industry

Supporting information

Evidence requirements

Underpinning knowledge

The learner can:

- 1. identify different guest services
- 2. state how to work well as part of a guest services team.

Unit range

Guest services

Cleaning – of public areas, bedrooms, bathrooms/washrooms stripping/making beds

replenish consumables – stocks of toiletries, towels, sugars/miniatures in rooms, minibar

Work well

Arrive for work on time, know own role in team, help other members of team, follow instructions, be polite, pass on information, complete tasks on time, correct personal presentation

Guidance

Key Skills

This unit may help candidates to gain confidence in, and possibly generate portfolio evidence for, the following Key Skills:

- Application of Number
- Communication
- Information and Communication Technology
- Improving Own Learning and Performance
- Problem Solving
- Working with Others.

Assessment

This unit will be assessed by:

• an assignment covering practical skills and underpinning knowledge

Unit 410 Housekeeping and guest services

Level:	SCQF 4
Credit value:	3
GLH:	30
Endorsement by a sector or regulatory body:	This unit is endorsed by People1st, the sector skills council for Hospitality, Leisure, Travel and Tourism.
Aim:	This unit is about the role of guest services in a hospitality operation and the daily activities to be carried out as part of the guest services role. The unit covers the cleaning requirements of bedrooms, bathrooms and communal areas, and the safe and correct handling of cleaning materials that are used when servicing accommodation facilities.

I		
I	Learning	
I	IDarning	OUITCOMO
I	LCalling	UULLUIILE

The learner will:

1. Know the purpose of guest services

Assessment criteria

The learner can:

- 1.1 state how guest services meet customer needs
- 1.2 state the role of guest services in maintaining security
- 1.3 state the **importance of communication** with other **departments**

Range

How

Dealing with customer needs within limits of own authority, referring to supervisor as necessary

Customer needs

Different types of customer need, eg information, further stock items, unexpected requests

Role of guest services in maintaining security

Respect for customer personal property, following security procedures (eg doors remain locked), reporting suspicious circumstances, awareness of lone working

Importance of communication

Health & safety reasons, security, reporting of faults, maintaining customer service, effective team work, accuracy of communication

Departments

Maintenance, reception/front office

Learning outcome

The learner will:

2. Know the structure of guest services

Assessment criteria

The learner can:

- 2.1 identify job roles within guest services
- 2.2 describe the **responsibilities** of different job roles in guest services.

Range

Job roles

Room attendant, housekeeper, cleaner supervisor

Responsibilities

Maintain customer satisfaction, maintaining Health and Safety, security, reporting of faults, communication with other departments

Learning outcome

The learner will:

3. Be able to maintain and service accommodation facilities

Assessment criteria

The learner can:

- 3.1 correctly **select**, **use** and **store** routine cleaning materials and equipment
- 3.2 select suitable **personal protective equipment (PPE)**
- 3.3 maintain and **service public areas**, **bathrooms/washrooms** and **bedrooms** in accordance with organisational specifications

Range

Select

Choose appropriate cleaning agent for job, matched to equipment, equipment is in good working order and ready for use

Use

Cleaning agent/material and equipment used according to manufacturer's instructions, unused chemicals disposed of correctly, use of colour-coded or specified cloths to avoid cross-contamination

Store

Returned securely and in good condition for future use

Personal protective equipment (PPE)

Service public areas, toilets and washrooms/bathrooms and bedrooms: gloves, uniform, apron

Servicing of areas

cleaning of area, maintain health and safety, use of PPE, replenish consumables, correct use of signage, correct use of cleaning equipment and materials, disposal of waste

Service public areas

Replenishment of current newspapers, magazines

Service bathrooms/washrooms

Clean to dirty cleaning, sorting of towels (avoiding unnecessary laundry), respect of customer wishes (towels, occupied rooms)

Service bedrooms

Strip and remake beds, sorting of linen (collecting clean linen, separating dirty linen, avoiding cross-contamination)

Unit 410 Housekeeping and guest services

Supporting information

Guidance

Key Skills

This unit may help candidates to gain confidence in, and possibly generate portfolio evidence for, the following Key Skills:

- Application of Number
- Communication
- Information and Communication Technology
- Improving Own Learning and Performance
- Problem Solving
- Working with Others.

Assessment

This unit will be assessed by:

• an assignment covering practical skills and underpinning knowledge

Level:	SCQF 4
Credit value:	1
GLH:	10
Endorsement by a sector or regulatory body:	This unit is endorsed by People1st, the sector skills council for Hospitality, Leisure, Travel and Tourism.
Aim:	This unit introduces the learner to the hygienic, safe and appropriate use of a range of large and small cooking equipment.

Lear	rning outcome
The	learner will:
1. k	Know about different types of kitchen equipment
Ass	essment criteria
The	learner can:
1.1	give examples of large kitchen equipment and describe how they are used
1.2	give examples of small kitchen equipment and hand tools and

- describe how they are used
- 1.3 state the **safety requirements** for using kitchen equipment.

Range

Large kitchen equipment

Food storage: fridge freezer

Food preparation: tables, sinks

Food cooking: stoves, ranges, ovens, steamers, deep fat fryers. griddle Food holding: hot cupboard, bain marie

Cleaning: dishwasher, food waste disposer

Small kitchen equipment and hand tools

Food preparation: knives, small hand-held kitchen equipment, bowls, chopping boards, measuring equipment, weighing scales, whisks, food processor, sieves

Food cooking: pots, pans, baking sheet, cooling rack, cake tins

Safety requirements

Induction and training, PPE, prescribed dangerous machinery, oven cloths

The learner will:

2. Be able to select and use kitchen equipment

Assessment criteria

The learner can:

- 2.1 select the correct equipment for routine tasks
- 2.2 use different kitchen equipment for routine tasks **safely and hygienically**
- 2.3 follow correct **procedures** when cleaning equipment

Range

Equipment

Large kitchen equipment:

Food storage: fridge freezer

Food preparation: tables, sinks

Food cooking: stoves, ranges, ovens, steamers, deep fat fryers. griddle Food holding: hot cupboard, bain marie

Cleaning: dishwasher, food waste disposer

Small kitchen equipment and hand tools:

Food preparation: knives, small hand held kitchen equipment, bowls, chopping boards, measuring equipment, weighing scales, whisks, food processor, sieves

Food cooking: pots, pans, baking sheet, cooling rack, cake tins

Safely and hygienically

Safety: follow manufacturer's instructions, use of oven cloths, ppe, temperature control, visual checks, guards are in place on machines Hygiene: protective clothing and footwear, hand washing procedures

Procedures

Turn off power/energy supply; disassemble equipment; select correct cleaning products; reassemble equipment; complete the documentation; store correctly

Unit 411 Using kitchen equipment

Supporting information

Guidance

Key Skills

This unit may help candidates to gain confidence in, and possibly generate portfolio evidence for, the following Key Skills:

- Application of Number
- Communication
- Information and Communication Technology
- Improving Own Learning and Performance
- Problem Solving
- Working with Others.

Assessment

This unit will be assessed by:

Level:	SCQF 4
Credit value:	3
GLH:	30
Relationship to NOS:	 This unit is linked to the Skills Related to: NVQ Level 1 Food and Drink Service unit options
Endorsement by a sector or regulatory body:	This unit is endorsed by People1st, the sector skills council for Hospitality, Leisure, Travel and Tourism.
Aim:	This unit will give learners and introduction to food service in the hospitality industry.

The learner will:

1. Know different types of food service

Assessment criteria

The learner can:

1.1 describe different types of food service.

Range

Food service

Procedures and equipment for the following: counter/takeaway service, table/tray service, trolley service, plated, silver service

Learning outcome

The learner will:

2. Be able to serve food

Assessment criteria

The learner can:

- 2.1 state **health and safety, and hygiene requirements** when serving food
- 2.2 serve hot/cold food, including **plated** and **counter** service, in a **safe** and **hygienic** manner.

Range

Health and safety and hygiene requirements

Safe handling, spillages, correct temperature and time control, use of temperature probes, cleaning of food area and surrounding area, relating to current legislation

Plated

Correct portion size, on clean plate, with appropriate garnish

Counter

Correct portion size/dish assembly, using a clean plate/container, with correct condiments/accompaniments

Safe

Use of correct PPE, identify and deal with hazards (spillages, trips and slips, broken equipment), report hazards to supervisor

Hygienic

Personal hygiene, eg hands and nails, jewellery, cosmetics, hand washing procedures, cross-contamination, use correct cleaning products and equipment, clean as you go, disposal of waste, clean and correct serving equipment, return unused food products to storage

Learning outcome

The learner will:

3. Be able to work in a food service area

Assessment criteria

The learner can:

3.1 set up, maintain and close down the service area according to instructions

Range

Maintain

Clean as you go, replenish supplies, dispose of waste

Instructions

eg from supervisor, verbally, or written (eg on a work card)

Unit 413 Food Service

Supporting information

Guidance

Key Skills

This unit may help candidates to gain confidence in, and possibly generate portfolio evidence for, the following Key Skills:

- Application of Number
- Communication
- Information and Communication Technology
- Improving Own Learning and Performance
- Problem Solving
- Working with Others.

Assessment

This unit will be assessed by:

Level:	SCQF 4
Credit value:	3
GLH:	25
Endorsement by a sector or regulatory body:	This unit is endorsed by People1st, the sector skills council for Hospitality, Leisure, Travel and Tourism.
Aim:	This unit gives learners an introduction to healthy eating.

The learner will:

1. Know the effects of food on the body

Assessment criteria

The learner can:

- 1.1 state what the **body uses** food for
- 1.2 state the **benefits** of a **healthy diet**
- 1.3 state why different groups of people require different diets.

Range

Body uses

Growth and repair, energy, warmth

Benefits

Healthy body, correct weight/BMI, good energy levels, general well being

Healthy diet

Balanced range of foods, low fat, low salt, low added sugar, government recommendations (eg '5 a day')

Groups of people

Different age ranges, those suffering ill health, those following special diets for medical, cultural or religious reasons, pregnant women

Different diets

Weight loss (including low fat, low calorie), high energy, diabetic, food allergies, cultural/religious diets, medical diets

The learner will:

2. Know the different food groups and their contribution to a healthy, balanced diet

Assessment criteria

The learner can:

- 2.1 check food labels for nutritional information
- 2.2 list the major food groups
- 2.3 describe a healthy, balanced diet
- 2.4 describe the **importance** of **regular fluid/water intake** in relation to a balanced diet.

Range

Nutritional information

Energy (calorific value), protein, carbohydrates including sugar, fats including saturated fats, fibre, salt, additives

Major food groups

Carbohydrates, proteins, fats, vitamins and minerals, water

Healthy, balanced diet

Variety of foods in the correct proportions, fresh, seasonal produce, healthy cooking methods without the addition of unnecessary sugar, fat or salt

Importance

Essential for life, aids digestion, hydrates the body

Regular fluid/water intake

Fresh palatable water must be available at all times, regular intake throughout the day

Unit 415 Introduction to healthy eating

Supporting information

Guidance

Key Skills

This unit may help candidates to gain confidence in, and possibly generate portfolio evidence for, the following Key Skills:

- Application of Number
- Communication
- Information and Communication Technology
- Improving Own Learning and Performance
- Problem Solving
- Working with Others.

Assessment

This unit will be assessed by:

Unit 416 Basic food preparation and cooking

Level:	SCQF 4
Credit value:	3
GLH:	30
Endorsement by a sector or regulatory body:	This unit is endorsed by People1st, the sector skills council for Hospitality, Leisure, Travel and Tourism.
Aim:	This unit gives learners an introduction to preparing and cooking food using wet and dry methods of cooking.

Learning outcome

The learner will:

1. Know the principal methods of cooking

Assessment criteria

The learner can:

- 1.1 state the principal **methods** of cooking
- 1.2 state typical cooking methods for different **commodities**.

Range

Methods (dry)

Roasting, grilling, baking, microwave, frying (shallow, stir, deep)

Methods (wet)

Poaching, boiling, stewing, steaming, braising

Commodities

Meat: fry, poach, roast, boil, stew, braise Fish: fry, poach, steam, bake, grill Poultry: fry, steam, poach, roast, boil, grill Vegetables: fry, steam, poach, roast, boil, grill Dough products: baking, boiling Fruit: Poached, stewed, fried, baked Eggs: poached, fried, boiled Rice and grains: boiled, braised, fried

The learner will:

2. Be able to prepare, cook and present simple dishes

Assessment criteria

The learner can:

- 2.1 prepare, cook and present simple dishes safely and hygienically, using wet and dry methods
- 2.2 state safe working practices for different cooking methods
- 2.3 clean **work areas** and **equipment** safely and hygienically during and after preparing and cooking food.
- 2.4 **review** own performance and make suggestions for future improvements.

Range

Prepare

Wash, trim, chop, slice, peel, grate, rub in, whisk, cream, sieve

Cooking methods (dry)

Roasting, grilling, baking, microwave, frying (shallow, stir, deep)

Cooking methods (wet)

Poaching, boiling, stewing, steaming, braising

Present

Appropriate portion size, arrangement of dish, correct garnish and decoration, appropriate clean and unchipped serving dishes, accompaniments

Safely and hygienically

Personal Protective Equipment (PPE), hand washing, crosscontamination, return unused ingredients to storage, use correct cleaning products and equipment, clean as you go, disposal of waste

Work areas

Work surfaces benches, cloths, chopping boards, knives, cooking utensils, tasting spoons floors

Equipment

Knives, small hand held kitchen equipment, chopping boards, trays, baking tins, gas/electrical equipment, saucepans, frying pans, cloths

Review

Identify what went well, not so well and suggest any improvements

Unit 416 Basic food preparation and cooking

Supporting information

Guidance

Key Skills

This unit may help candidates to gain confidence in, and possibly generate portfolio evidence for, the following Key Skills:

- Application of Number
- Communication
- Information and Communication Technology
- Improving Own Learning and Performance
- Problem Solving
- Working with Others.

Assessment

This unit will be assessed by:

Level:	SCQF 4
Credit value:	3
GLH:	30
Relationship to NOS:	This unit is linked to the Skills Related to: NVQ Level 1 in Hospitality: Prepare and clear areas for drinks service 1DS1, Serve Drinks 1DS2
Endorsement by a sector or regulatory body:	This unit is endorsed by People1st, the sector skills council for Hospitality, Leisure, Travel and Tourism.
Aim:	This unit will give learners an introduction to preparing and serving drinks in the hospitality industry

Learning outcom	е
-----------------	---

The learner will:

1. Be able to prepare and serve different drinks

Assessment criteria

The learner can:

- 1.1 Prepare different drinks:
- safely and hygienically
- according to instructions
- using the correct **equipment**
- 1.2 Serve different drinks:
- safely and hygienically
- according to instructions
- using the correct equipment (including cup/glass)
- 1.3 identify different types of drink
- 1.4 list correct equipment for preparing and serving different drinks
- 1.5 describe the main stages in serving the customer
- 1.6 list suitable **accompaniments** for drinks service.

Range

Safely

Use of correct PPE, identify and deal with hazards (broken glass, hot liquids, spillages, trips and slips, broken equipment), report hazards to supervisor

Hygienically

Personal hygiene, eg hands and nails, jewellery, cosmetics, hand washing procedures, cross-contamination, use correct cleaning products and equipment, clean as you go, disposal of waste, clean and correct serving equipment, return unused drink products to storage

Equipment

Crockery, glassware, trays, cutlery, decorative items (straws, stirrers, napkins etc), kettles, vending machines, jugs, hot drinks machines

Different types

Bottled: wines, beers, soft drinks, water Draught: beers, wines, soft drinks Dispensed: optics, alcoholic Hot: tea, coffee, chocolate

Main stages

Greet customer politely, take customer order, review customer order, prepare customer order, serve customer, check customer has all requirements

Accompaniments

Sugar, milk/cream, chocolate, cinnamon, ice, food garnishes (eg lemon/lime)

Learning outcome

The learner will:

2. Be able to work in a drinks service area

Assessment criteria

The learner can:

2.1 set up, maintain and close down the service area according to instructions.

Unit 417 Preparing and serving drinks

Supporting information

Guidance

Key Skills

This unit may help candidates to gain confidence in, and possibly generate portfolio evidence for, the following Key Skills:

- Application of Number
- Communication
- Information and Communication Technology
- Improving Own Learning and Performance
- Problem Solving
- Working with Others.

Assessment

This unit will be assessed by:

Unit 418 Introduction to food commodities

Level:	SCQF 4
Credit value:	1
GLH:	10
Endorsement by a sector or regulatory body:	This unit is endorsed by People1st, the sector skills council for Hospitality, Leisure, Travel and Tourism.
Aim:	This unit will give the learner an introduction to food commodities, where to find them, and how to store them safely and hygienically.

Learning outcome	
The learner will:	
1. Know the main food commodities	
Assessment criteria	
The learner can:	
1.1 describe the main types of food commodity.	

Range

Main types

Meat (red, white), poultry, fish, dairy, fruit and vegetables, pasta and grains (including rice), beans and pulses, convenience foods

Learning outcome

The learner will:

2. Know where the main food commodities can be obtained

Assessment criteria

The learner can:

2.1 state where different commodities can be obtained.

Range

Where

Wholesale, retail, cash and carry, butchers, fishmonger, supermarkets, greengrocers, delicatessen, farm shops and cooperatives

The learner will:

3. Know how the main food commodities should be stored

Assessment criteria

The learner can:

3.1 state **safe and hygienic storage methods** for the main food commodities.

Range

Safe and hygienic

Food Labelling and dates, stock rotation, placement of food in stores (eg correct shelf in refrigerator, off the floor in dry stores)

Storage methods

Freezers, refrigerators, cool or climate controlled stores, walk in chillers and freezers, dry stores

Unit 418 Introduction to food commodities

Supporting information

Guidance

Key Skills

This unit may help candidates to gain confidence in, and possibly generate portfolio evidence for, the following Key Skills:

- Application of Number
- Communication
- Information and Communication Technology
- Improving Own Learning and Performance
- Problem Solving
- Working with Others.

Assessment

This unit will be assessed by:

Level:	SCQF 4
Credit value:	3
GLH:	30
Relationship to NOS:	This unit is linked to the skills related to:NVQ Level 1 Front Office
Endorsement by a sector or regulatory body:	This unit is endorsed by People1st, the sector skills council for Hospitality, Leisure, Travel and Tourism.
Aim:	This unit will provide candidates with knowledge of performing and maintaining front office operations. An understanding of purpose and structure will allow them to be able to work in a front office.

The learner will:

1. Know the purpose of the front office

Assessment criteria

The learner can:

- 1.1 state how the front office meets the needs of different customers
- 1.2 state the role of the front office in maintaining security
- 1.3 state the **importance** of **communication** with other **departments**.

Range

How

Dealing with customer needs within limits of own authority, referring to supervisor as necessary

Front office

First point of contact, taking bookings; last point of contact; hotel reception; restaurant reception; concierge, taking of payment, room service

Needs

Different types of customer need, eg information, information about local area, further stock items, unexpected requests

Role

Security of customer personal property, following security procedures, reporting suspicious circumstances, awareness of lone working

Maintaining security

Security of customers/guests/clients and their possessions; security of the establishment; emergency evacuation procedures

Importance

Health and safety, security, recording and reporting of faults, maintaining customer service, effective team work, accuracy of communication

Communication

Verbal: face to face, telephone Non-verbal: email, text message, letter, body language, brochure, leaflet

Departments

Maintenance, restaurant; kitchen; housekeeping, hotel manager

Learning outcome

The learner will:

2. Know the structure of the front office

Assessment criteria

The learner can:

- 2.1 identify **job roles** in the front office
- 2.2 describe the **responsibilities** of different job roles in the front office.

Range

Job roles

Receptionist, booking clerk

Responsibilities

Maintain customer satisfaction, maintaining health and safety, security, reporting of faults, communication with other departments, welcoming guests, making reservations, booking in guests; telephone answering; taking messages; completing booking forms, invoices, receipts

The learner will:

3. Be able to work in the front office

Assessment criteria

The learner can:

- 3.1 meet and greet customers
- 3.2 follow **procedures** when answering telephone calls
- 3.3 pass on simple messages accurately
- 3.4 prepare and copy routine documents
- 3.5 deal with **routine enquiries** including enquiries about local events and services.

Range

Meet and greet

Welcoming; polite; good body language, establish customer needs

Procedures

Answered within agreed number of rings; standard establishment answer format; polite; establishing and recording customer needs

Routine documents

Reservations; booking forms; telephone/verbal message forms, maps, information about local area/places of interest

Routine enquiries

Reservations for rooms or tables; additional needs; room service; places of interest and visitor information, directions

Unit 419 Front Office Operations

Supporting information

Guidance

Key Skills

This unit may help candidates to gain confidence in, and possibly generate portfolio evidence for, the following Key Skills:

- Application of Number
- Communication
- Information and Communication Technology
- Improving Own Learning and Performance
- Problem Solving
- Working with Others.

Assessment

This unit will be assessed by:

Unit 421 Introduction to the hospitality industry

Level:	SCQF 4
Credit value:	2
GLH:	20
Endorsement by a sector or regulatory body:	This unit is endorsed by People1st, the sector skills council for Hospitality, Leisure, Travel and Tourism.
Aim:	This Unit gives learners an introduction to the hospitality industry and related career opportunities including food preparation and cooking, food and drink service, accommodation services and guest services.

Learning outcome	
The learner will:	
1. Know the structure of the hospitality industry	
Assessment criteria	
The learner can:	
1.1 identify different types of outlets within the industry	
1.2 outline the services offered within the industry.	

Range

Types of outlets

Hotels, guest houses, budget hotels, bed and breakfast, cafes, coffee chains, fast food, public houses, bars, nightclubs, leisure and tourism

Services

Food and drink service, accommodation/guest services, reception, pottering, leisure facilities, event management, entertainment, gambling

The learner will:

2. Know the career opportunities in the hospitality industry

Assessment criteria

The learner can:

- 2.1 describe job roles in the industry
- 2.2 describe career opportunities in the industry
- 2.3 state different working patterns in the industry
- 2.4 identify sources of information on training and career opportunities.

Range

Job roles

General managers, supervisors, room attendant and cleaner, porters, storekeeper, housekeepers, assistant chef, head chef, kitchen assistants, restaurant staff, bar staff, barista, receptionist, cashier, concierge

Career opportunities

Local, national, international transport, contract, event, welfare industrial, commercial, leisure industry

Working patterns

Full time, part time, shift work, split shifts, seasonal,

Sources of information

Colleagues, line managers, newspapers, careers advisors/careers services, job centres, internet, hospitality journals, FE colleges, professional organisations, trade exhibitions.

Unit 421 Introduction to the hospitality industry

Supporting information

Guidance

Key Skills

This unit may help candidates to gain confidence in, and possibly generate portfolio evidence for, the following Key Skills:

- Application of Number
- Communication
- Information and Communication Technology
- Improving Own Learning and Performance
- Problem Solving
- Working with Others.

Assessment

This unit will be assessed by:

Unit 422 Customer service in the hospitality industry

Level:	SCQF 4
Credit value:	3
GLH:	20
Endorsement by a sector or regulatory body:	This unit is endorsed by People1st, the sector skills council for Hospitality, Leisure, Travel and Tourism.
Aim:	The unit gives learners a basic understanding of the importance of good customer service within the hospitality industry.

Learning outcome

The learner will:

1. Know the benefits of good customer service

Assessment criteria

The learner can:

- 1.1 outline what good customer service is
- 1.2 state the **benefits** of good customer service
- 1.3 give examples of good service for **different customer groups** within the industry.

Range

Good customer service

Exceeding customer expectation, dealing effectively with customer requests and complaints, positive attitude, product knowledge, appropriate verbal and non-verbal communication with external and internal customers, personal presentation

Benefits

To the business: reputation, profitability, growth, new customer, repeat customers, customer loyalty, increased spend

To the customer: exceeding expectations, customer satisfaction, positive experience, accuracy and reliability of information, eg menu information, local knowledge

To the employee: secure employment, job satisfaction, improved morale, effective teamwork, increased pay

Different customer groups

External customers: existing customers, new customers, specific needs: visual/hearing/physical impairment, non-English speaking,

Special diets: medical/cultural, satisfied/dissatisfied customers

Internal customers: colleagues in the same department and different departments, supervisors, managers, contractors, suppliers

Age range of customers: children, young people, adults, elderly.

Learning outcome

The learner will:

2. Be able to communicate with customers in the hospitality environment

Assessment criteria

The learner can:

- 2.1 communicate positively in a hospitality environment (to include **verbal and non-verbal communication**)
- 2.2 identify the **benefits** of good communication
- 2.3 state how to deal with routine customer needs.

Range

Verbal and non-verbal communication

Verbal:

face to face, telephone

Non-verbal: email, text message, letter, body language, brochure leaflet

Benefits

Providing customers with accurate information, avoiding misunderstandings, reduce complaints, effective team work, customer satisfaction

How to deal with customer needs

Promptly, politely, effectively, accurately, according to customer type.

Learning outcome

The learner will:

3. Know the importance of good personal presentation

Assessment criteria

The learner can:

- 3.1 outline the importance of good **personal hygiene and presentation** in a hospitality environment
- 3.2 identify different **dress codes** for roles in a hospitality environment.

Range

Personal hygiene and presentation

Clean uniform, appropriate footwear, clean hair, hands and nails, appropriate use of cosmetics and jewellery

Dress codes

Kitchen, front of house, housekeeping, food and drink service, cleaning

Unit 422 Customer service in the hospitality industry

Supporting information

Guidance

Key Skills

This unit may help candidates to gain confidence in, and possibly generate portfolio evidence for, the following Key Skills:

- Application of Number
- Communication
- Information and Communication Technology
- Improving Own Learning and Performance
- Problem Solving
- Working with Others.

Assessment

This unit will be assessed by:

Level:	SCQF 4
Credit value:	1
GLH:	9
Relationship to NOS:	These qualifications are based on NOS which have been developed by the SSC People1st.
Endorsement by a sector or regulatory body:	This unit is endorsed by People1st, the sector skills council for Hospitality, Leisure, Travel and Tourism.
Aim:	This unit will provide candidates with knowledge of the parameters of basic food safety practice as relevant to the catering industry. Achievement of the unit will enable learners to identify how to make changes to catering practice in order to improve the safety of the catering service as a whole. This unit provides candidates with a range of food safety skills directly relevant to the catering and hospitality industry.

Learning outcome	
The learner will:	
1. Understand how individuals can take personal responsibility for food safety	
Assessment criteria	
The learner can:	
1.1 outline the importance of food safety procedures, risk assessment, safe food handling and behaviour	
1.2 describe how to report food safety hazards	
1.3 outline the legal responsibilities of food handlers and food	

business operators.

Range

Importance

Potential to harm people (customers, colleagues, any other people), legislative requirements (personal responsibilities), risk to business (legal action, reputation), risk to self (legal action)

Food safety procedures

Receiving deliveries (farm to fork), storage, preparation, holding of

prepared food, sickness procedures (reporting), accident reporting, difference between detergents, disinfectants, sanitizer, sterilization

Risk assessment

Recognition of the likelihood of a hazard occurring

Safe food handling

Use of 'best practice' in the handling of food, to ensure the production of safe food

Behaviour

Behaviours relating to working with food, good level of personal hygiene, effect of poor personal hygiene on risk in food preparation (washing hands after coughing, sneezing, touching face, nose blowing, touching raw food waste products, cleaning materials, toilet breaks, smoking breaks), taking care over food, awareness of and reporting of unacceptable behaviours

Food safety hazards

Physical, biological, chemical, allergenic

Legal responsibilities

Food handlers – personal hygiene, illness (reporting, appropriate time away from food – 48 hours after last symptoms), understanding of food poisoning (anything which when ingested will cause harm),

understanding of food hygiene (steps taken to prevent food poisoning)

Food business operators – appropriate food hygiene practices, requirement of food businesses to be registered with local authorities, compliance with EHO

Learning outcome

The learner will:

2. Understand the importance of keeping him/herself clean and hygienic

Assessment criteria

The learner can:

- 2.1 explain the **importance of personal hygiene** in food safety including its role in reducing the risk of contamination
- 2.2 describe effective personal hygiene **practices**, for example, **protective clothing**, **hand washing**, **personal illnesses**, **cuts and wounds**

Range

Importance of personal hygiene

Prevention of the transmission of pathogenic bacteria (in particular staphylococcus aureus) /objectionable matter from an individual into the food chain, routes and vehicles to avoid cross-contamination

Practices

Not wearing jewellery and substances that can taint food (strong perfume, aftershave, deodorant, nail varnish), aware of appropriate

behaviour in food environments, short, clean nails, no nail biting, no smoking in the food environment, no smoking in work clothing, appropriate practice when dealing with contact dermatitis

Protective clothing

Use of appropriate clothing (own clothing not to be used in the food environment, work clothing not to be worn out of workplace, no external pockets, durable, fit for purpose, easy to clean, should cover all outdoor clothing, appropriate use of gloves, hair nets, light coloured clothing)

Hand washing

Transmission of bacteria, correct hand washing procedures and equipment (soap, water, drying facilities, brushes), importance of hand washing after handling of raw food, separate sink for hand washing

Personal illnesses

Reporting of illnesses (diarrhoea, vomiting, colds, sore throats, congested eyes, skin infections, stomach upsets, suspected food poisoning), reporting close/prolonged contact with persons with the above symptoms, eg family members, friends

Cuts and wounds

Reporting cuts and wounds, understanding the difference between septic cuts and wounds and uninfected cuts and wounds, appropriate use of detectible waterproof dressings (eg blue plasters)

Learning outcome

The learner will:

3. Understand the importance of keeping the work areas clean and hygienic

Assessment criteria

The learner can:

- 3.1 explain how to keep the **work area and equipment** clean and tidy to include **cleaning and disinfection methods**, **safe use and storage of cleaning chemicals and materials**, and waste disposal
- 3.2 state how **work flow, work surfaces and equipment** can reduce contamination risks and aid cleaning
- 3.3 outline the **importance of pest control**.

Range

Work area and equipment

Food handling area and all equipment associated with it, hand touch points (eg door handles), food preparation surfaces

Cleaning and disinfection methods

Work area: clean as you go, low risk and high risk areas in food preparation environments, work surfaces, correct cleaning procedures to prevent contamination, traditional stages of cleaning (pre-clean, main clean, rinse, disinfect, rinse, dry), 'clean, rinse, sanitise' method. Doublesink washing up, pre-clean, main clean using detergent, second sink to disinfect water above 82C. Single use cloths or colour-coded cloths Equipment: cleaning in place (static equipment eg beer lines, ice machines, dishwashers), move out and clean behind equipment which is easy to take apart

Safe use and storage of cleaning chemicals and materials

Chemicals: COSHH, lockable storage away from foods (restricted access) storage in original containers, labelling, dilution, mixing of chemicals, manufacturers' instructions, PPE, avoiding chemical contamination/cross-contamination (eg over-spray), appropriate cleaning and disposal of chemical spillages, safety data sheets Materials: appropriate storage areas away from food, avoiding prolonged soaking of materials, single use and colour-coded cloths

Waste disposal

Regular disposal, no over-night storage, use of bin bags, waste containers kept clean and in good condition, clean as you go, separating food and general waste eg glass policy, external waste storage (covered waste container, impervious surface, away from direct sunlight, kept clean and tidy to avoid odours and so as not to attract pests)

Work flow, work surfaces and equipment

Work flow: clear separation between low and high risk areas (dirty areas, eg storage and food preparation and cooking areas, clean areas, eg final preparation and service areas), good visibility

Work surfaces: smooth, impervious, non tainting, easily cleaned, no crevasses, resistant to corrosion, fit for purpose (eg for commercial use) Equipment: easy to take apart, in good state of repair, installed as to allow adequate cleaning of surrounding areas, easily cleaned, impervious, non-tainting, resistant to corrosion, fit for purpose

Importance of pest control

Legislative requirements: to avoid contamination (pathogenic bacteria, spoilage bacteria), to avoid spread of disease, loss of reputation and profit, to prevent drop in staff morale, to avoid damage, wastage of food Pests: rodents, cockroaches, insects, stored products insects, domestic pets, birds, wild cats

Signs of pest infestation: droppings, smell, smear marks, pupae/egg cases, larvae, damaged/gnawed packaging and food spillages, infrastructure holes

The learner will:

4. Understand the importance of keeping food safe

Assessment criteria

The learner can:

- 4.1 state the **sources and risks to food safety** from contamination and cross-contamination to include microbial, chemical, physical and allergenic hazards
- 4.2 explain **how to deal with food spoilage** including recognition, reporting and disposal
- 4.3 describe **safe food handling practices and procedures** for storing, preparing, cooking, chilling, reheating, holding, serving and transporting food
- 4.4 explain the **importance of temperature controls** when storing, preparing, cooking, chilling, reheating, holding, serving and transporting food
- 4.5 describe **stock control procedures** including deliveries, storage, date marking and stock rotation.

Range

Sources and risks to food safety

High risk groups: pregnant, young, old, sick (those with a weakened immune system)

Microbial: pathogens (salmonella, staphylococcus aureus, clostridium perfringens, bacillus cereus, clostridium botulinum, e-coli), food-borne diseases (campylobacter enteritis, bacillary dysentery,

typhoid/paratyphoid, listeria), spoilage organisms (moulds, yeasts), harmless organisms, viruses, toxins

Chemical: cleaning chemicals/materials, pesticides (eg rodenticides, insecticides)

Physical: mercury, plasters, equipment (nuts, bolts), bits of clothing or PPE, flaking paint, glass

Allergenic: nuts, wheat, dairy, gluten, fish/shellfish, plants/fungi, green sprouting potatoes, any other potentially allergic food stuff/substance

How to deal with food spoilage

Recognition: visual (mould, colour), smell, texture

Reporting: to supervisor/line manager

Disposal: clearly labelled ('not for human consumption'), separated from general waste, disposed of away from food storage areas/kitchen

Safe food handling practices and procedures / Importance of temperature controls

To meet 'due diligence' criteria, EHO requirements

Temperatures checked with a clean, sanitized probe; temperature logs for fridges and freezers, and serving cabinets

Danger zone for food = 5C - 63C, responsibility to ensure food is heated through danger zone as quickly as possible, or chilled through danger zone as quickly as possible

Preparing: defrosting at bottom of fridge overnight, or in thawing cabinet (best practice), core temperature not to go above 8C; held outside of

correct storage temperature for as little time as possible

Cooking: cooked to 75° C or higher unless this is detrimental to the quality of the food, cooking to appropriate temperature to kill spores

Chilling: food must be chilled below 8C within 90 minutes of cooking to avoid multiplication of bacteria (danger zone)

Reheating: best practice is to reheat above 75C core temp for two minutes, reheat once only, best practice in Scotland is reheat above 82C core temp for two minutes, reheat once only

Holding: correct temperature (core temp of 8C or lower for cold food, 63C or higher for hot food)

Serving: served at appropriate temperature (cold = below 8C, hot = above 63C)

Transporting: transported in vehicle specifically designed for the purpose, and at the correct temperature (ie whether for frozen, chilled, cold or hot)

Stock control procedures

Deliveries: food should be probed for correct temperature at point of delivery, food should be stored within 15 minutes of receipt, checked against delivery note, check of use by/sell by dates, check of quality Storage: labelling (ie clarity of what commodity is), off floor, suitable dry conditions, pest proof, raw food stored separately (eg in separate fridges, or at the bottom of a fridge also containing cooked food to avoid drip contamination), correct temperature (best practice is to set fridges between 1C and 5C to ensure 8C core temperature for chilled; -18C core temp for frozen), dry goods may be stored at ambient temperature Date marking: labelling (ie storage date / use by date / best before date) Stock rotation: effective stock rotation (FIFO – first in, first out)

Appendix 1



The following documents contain essential information for centres delivering City & Guilds qualifications. They should be referred to in conjunction with this handbook. To download the documents and to find other useful documents, go to the **Centres and Training Providers homepage** on **www.cityandguilds.com**.

Sources of general

information

Centre Manual - Supporting Customer Excellence contains detailed information about the processes which must be followed and requirements which must be met for a centre to achieve 'approved centre' status, or to offer a particular qualification, as well as updates and good practice exemplars for City & Guilds assessment and policy issues. Specifically, the document includes sections on:

- The centre and qualification approval process
- Assessment, internal quality assurance and examination roles at the centre
- Registration and certification of candidates
- Non-compliance
- Complaints and appeals
- Equal opportunities
- Data protection
- Management systems
- Maintaining records
- Assessment
- Internal quality assurance
- External quality assurance.

Our Quality Assurance Requirements encompasses all of the relevant requirements of key regulatory documents such as:

- Regulatory Arrangements for the Qualifications and Credit Framework (2008)
- SQA Awarding Body Criteria (2007)
- NVQ Code of Practice (2006)

and sets out the criteria that centres should adhere to pre and post centre and qualification approval.

Access to Assessment & Qualifications provides full details of the arrangements that may be made to facilitate access to assessments and qualifications for candidates who are eligible for adjustments in assessment.

The **centre homepage** section of the City & Guilds website also contains useful information such on such things as:

- Walled Garden: how to register and certificate candidates on line
- **Qualifications and Credit Framework (QCF)**: general guidance about the QCF and how qualifications will change, as well as information on the IT systems needed and FAQs
- Events: dates and information on the latest Centre events
- **Online assessment**: how to register for e-assessments.

Centre Guide – Delivering International Qualifications contains detailed information about the processes which must be followed and requirements which must be met for a centre to achieve 'approved centre' status, or to offer a particular qualification. Specifically, the document includes sections on:

- The centre and qualification approval process and forms
- Assessment, verification and examination roles at the centre
- Registration and certification of candidates
- Non-compliance
- Complaints and appeals
- Equal opportunities
- Data protection
- Frequently asked questions.

City & Guilds **Believe you can**



www.cityandguilds.com

Useful contacts

UK learners General qualification information	T: +44 (0)844 543 0033 E: learnersupport@cityandguilds.com
International learners General qualification information	T: +44 (0)844 543 0033 F: +44 (0)20 7294 2413 E: intcg@cityandguilds.com
Centres Exam entries, Certificates, Registrations/enrolment, Invoices, Missing or late exam materials, Nominal roll reports, Results	T: +44 (0)844 543 0000 F: +44 (0)20 7294 2413 E: centresupport@cityandguilds.com
Single subject qualifications Exam entries, Results, Certification, Missing or late exam materials, Incorrect exam papers, Forms request (BB, results entry), Exam date and time change	T: +44 (0)844 543 0000 F: +44 (0)20 7294 2413 F: +44 (0)20 7294 2404 (BB forms) E: singlesubjects@cityandguilds.com
International awards Results, Entries, Enrolments, Invoices, Missing or late exam materials, Nominal roll reports	T: +44 (0)844 543 0000 F: +44 (0)20 7294 2413 E: intops@cityandguilds.com
Walled Garden Re-issue of password or username, Technical problems, Entries, Results, e-assessment, Navigation, User/menu option, Problems	T: +44 (0)844 543 0000 F: +44 (0)20 7294 2413 E: walledgarden@cityandguilds.com
Employer Employer solutions, Mapping, Accreditation, Development Skills, Consultancy	T: +44 (0)121 503 8993 E: business@cityandguilds.com
Publications Logbooks, Centre documents, Forms, Free literature	T: +44 (0)844 543 0000 F: +44 (0)20 7294 2413

Every effort has been made to ensure that the information contained in this publication is true and correct at the time of going to press. However, City & Guilds' products and services are subject to continuous development and improvement and the right is reserved to change products and services from time to time. City & Guilds cannot accept liability for loss or damage arising from the use of information in this publication.

If you have a complaint, or any suggestions for improvement about any of the services that we provide, email: **feedbackandcomplaints@cityandguilds.com**

About City & Guilds

As the UK's leading vocational education organisation, City & Guilds is leading the talent revolution by inspiring people to unlock their potential and develop their skills. We offer over 500 qualifications across 28 industries through 8500 centres worldwide and award around two million certificates every year. City & Guilds is recognised and respected by employers across the world as a sign of quality and exceptional training.

City & Guilds Group

The City & Guilds Group operates from three major hubs: London (servicing Europe, the Caribbean and Americas), Johannesburg (servicing Africa), and Singapore (servicing Asia, Australia and New Zealand). The Group also includes the Institute of Leadership & Management (management and leadership qualifications), City & Guilds Licence to Practice (landbased qualifications), the Centre for Skills Development (CSD works to improve the policy and practice of vocational education and training worldwide) and Learning Assistant (an online e-portfolio).

Copyright

The content of this document is, unless otherwise indicated, © The City and Guilds of London Institute and may not be copied, reproduced or distributed without prior written consent. However, approved City & Guilds centres and candidates studying for City & Guilds qualifications may photocopy this document free of charge and/or include a PDF version of it on centre intranets on the following conditions:

- centre staff may copy the material only for the purpose of teaching candidates working towards a City & Guilds qualification, or for internal administration purposes
- candidates may copy the material only for their own use when working towards a City & Guilds qualification

The *Standard Copying Conditions* (see the City & Guilds website) also apply.

Please note: National Occupational Standards are not © The City and Guilds of London Institute. Please check the conditions upon which they may be copied with the relevant Sector Skills Council. Published by City & Guilds, a registered charity established to promote education and training

City & Guilds 1 Giltspur Street London EC1A 9DD T +44 (0)844 543 0000 F +44 (0)20 7294 2413 www.cityandguilds.com

HB-01-4779