14 May 2014

City & Guilds

601/0602/5 Level 1 Diploma in Introduction to Professional Cookery

OVERVIEW

• What does this qualification cover?

This qualification covers the required skills and knowledge for preparing to work in the Hospitality & Catering Industry. It is designed to meet the needs of learners who work or want to work as professional chefs.

The following areas that can be covered within this qualification:

• food safety in catering
• Introduction to employability in the catering and hospitality industry
• Health and safety awareness for catering and hospitality
• Introduction to healthier foods and special diets
• Introduction to kitchen equipment
• Prepare and cook food by boiling, poaching and steaming
• Prepare and cook food by stewing and braising
• Prepare and cook food by baking, roasting and grilling
• Prepare and cook food by deep frying and shallow frying
• Regeneration of pre-prepared food
• Cold food preparation

Learners will complete all the units to achieve the full qualification, together with an end synoptic test.

This is a Framework qualification.
• Who could take this qualification?

For learners starting out in hospitality & catering and want a basic understanding of the industry, this qualification is designed for learners who want to prepare for further learning or training in the hospitality & catering sector or to progress on to an apprenticeship or into employment.

This qualification is suitable for anyone from 16 years old or over to take this qualification.

WHAT COULD THIS QUALIFICATION LEAD TO?

This qualification could lead to jobs such as:

• Kitchen assistant
• Commis chef

The learner could progress onto an apprenticeship at level 2 in hospitality & catering, such as professional cookery or food & beverage service or other qualifications such as:

• Level 2 Diploma in Professional Cookery
• Level 2 Diploma in Professional Food and Beverage Service
• Level 2 Certificate in Professional Patisserie and Confectionery
• Level 2 Diploma in Culinary Skills

WHO SUPPORTS THIS QUALIFICATION?

This qualification is supported by Colchester Institute, South Thames College, South Downs College, City of Bristol College, University of West London and University College Birmingham.