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City & Guilds

500/9797/0 Level 1 NVQ Certificate in Food Preparation and Cooking

OVERVIEW

- What does this qualification cover?

This qualification covers the required skills and knowledge for preparing to work in the Hospitality & Catering Industry. It is designed to meet the needs of learners who work or want to work in the industry with a focus on becoming a chef..

The following areas that can be covered within this qualification:

- Prepare vegetables
- Prepare and finish simple salad and fruit dishes
- Prepare hot and cold sandwiches
- Cook vegetables
- Prepare and cook fish
- Prepare and cook meat and poultry
- Prepare and cook pasta
- Prepare and cook rice
- Prepare and cook eggs
- Prepare and cook pulses
- Prepare and cook vegetable protein
- Cook and finish simple bread and dough products
- Prepare and cook grain

Learners will complete the mandatory units, plus the required optional units to achieve the full qualification.

This is a Framework qualification.

- Who could take this qualification?

For learners starting out in hospitality & catering and want a basic understanding of the industry, this qualification is designed for learners who want to prepare for further learning or training in the hospitality & catering sector or to progress on to an apprenticeship or into employment..

This qualification is suitable for anyone from 14 years old or over to take this qualification.

WHAT COULD THIS QUALIFICATION LEAD TO?

This qualification could lead to jobs such as:

- Kitchen assistant
- Kitchen porter
- Fast food restaurants

The learner could progress onto an apprenticeship at level 2 in hospitality & catering, such as professional cookery or food & beverage service or other qualifications such as:

- Level 2 Diploma in Professional Cookery
- Level 2 Diploma in Professional Food and Beverage Service
- Level 2 Certificate in Professional Patisserie and Confectionery
- Level 2 Diploma in Culinary Skills
- Level 2 NVQ Diploma in Food and Beverage Service
- Level 2 NVQ Diploma in Food production and cooking
- Level 2 NVQ Diploma in Professional Cookery (Preparation and Cooking)
- Level 2 NVQ Diploma in Professional Cookery
- Level 2 NVQ Diploma in Hospitality Services

WHO SUPPORTS THIS QUALIFICATION?

This qualification is supported by the Craft Guild of Chefs the association for the hospitality & catering industry.