

UNIT 248 (LEVEL 2 UNIT, 3 CREDITS)

LIAISE WITH CARE TEAM TO ENSURE THAT INDIVIDUALS' NEEDS ARE MET

This unit is about working with care team staff to ensure that clients in the care sector and patients in hospitals receive adequate nutrition and fluids through the provision of meals. The unit requires a basic knowledge of the nutritional requirements of the general population and how food meets these.

This unit has two learning outcomes:

1. Be able to liaise with care team to ensure that an individual's nutritional needs are met
2. Understand how to liaise with care team to ensure that an individual's nutritional needs are met.

UNIT 248 (2PR22)

LIAISE WITH CARE TEAM TO ENSURE THAT INDIVIDUALS' NEEDS ARE MET

Evidence

This space is to record your evidence for this unit. The criteria that you should be able to record are within the learning outcomes.

| No | Method | Summary of evidence, or portfolio reference | Assessor initials |
|----|--------|--|----------------------|
| 1 | | | |
| 2 | | | |
| 3 | | | |
| 4 | | | |

Photocopy if required

*Assessment method key: **O** Observation; **PD** Professional discussion; **Q** Questioning; **WP** Work product; **WT** Witness testimony; **Oth** Other

What you must do

You must show that you can perform consistently to the same standard. This will be assessed by your assessor using various methods which must include observation of your performance.

(OUTCOME 1)

Circled numbers
must be observed

| | 1 | 2 | 3 | 4 |
|---|-----------------------|-----------------------|-----------------------|-----------------------|
| 1 Develop relationships with carers that recognises their role and expertise | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 2 Identify with care team specific nutritional requirements of individuals and groups of customers | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 3 Ensure that any information gained can be used and explored with carers, gaining clarification on specific points | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 4 Work with appropriate people to gather information about resources, and options that are available to meet the identified nutritional needs | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 5 Identify with carers what additional support is needed to ensure nutritional and fluid requirements are met including the consistency, timing and service of food | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 6 Ensure that customer requirements are recorded and available to authorised people | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 7 Seek additional help where the needs are outside of scope of personal responsibility and expertise. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

What you must know

Evidence for this section can be collected in a variety of ways. Your assessor will discuss with you how to collect and record this information.

(OUTCOME 2)

To understand how to liaise with care team to ensure that an individual's nutritional needs are met you need to:

- K1 Describe the key care roles that operate within the organisation and the need to liaise with them
- K2 State the nutritional requirements that customers may have
- K3 State the appropriate meal options available to support nutritional requirements
- K4 Describe the role of a 'care plan'
- K5 State the significance of meal times and rotated meal times
- K6 Describe how nutritional screening is implemented within the organisation
- K7 Describe what information can be interpreted and used following nutritional screening
- K8 State what quantity of nutrients are typically needed to maintain a good dietary balance.

