

21 May 2014

---

1 Giltspur Street  
London  
EC1A 9DD  
T +44 (0)20 7294 2468  
F +44 (0)20 7294 2400  
[www.cityandguilds.com](http://www.cityandguilds.com)

## City & Guilds

601/0989/0 Level 1 Award in Introduction to Culinary Skills

### OVERVIEW

- What does this qualification cover?

This qualification covers the required skills and knowledge for preparing to work in the Hospitality & Catering Industry. It is designed to meet the needs of learners who work or want to work as a chef.

The following areas that can be covered within this qualification:

- Food safety in catering
- Introduction to employability in the catering and hospitality industry
- Health and safety awareness for catering and hospitality
- Introduction to healthier foods and special diets
- Introduction to kitchen equipment
- Prepare and cook food by boiling, poaching and steaming
- Prepare and cook food by stewing and braising
- Prepare and cook food by baking, roasting and grilling
- Prepare and cook food by deep frying and shallow frying
- Regeneration of pre-prepared food
- Cold food preparation

Learners will complete the required optional units to achieve the full qualification.

This is a Framework qualification.

- Who could take this qualification?

For learners starting out in hospitality & catering and want a basic understanding of the industry, this qualification is designed for learners who want to prepare for further learning or training in the hospitality & catering sector or to progress on to an apprenticeship or into employment.. Learners are more likely to undertake this qualification alongside a food service qualification.

This qualification is suitable for anyone from 14 years old or over to take this qualification.

#### WHAT COULD THIS QUALIFICATION LEAD TO?

This qualification could lead to jobs such as:

- Kitchen assistant
- Commis chef

The learner could progress onto an apprenticeship at level 2 in hospitality & catering, such as professional cookery or food & beverage service or other qualifications such as:

- Level 1 Certificate in Professional Food and Beverage Service
- Level 2 Diploma in Professional Cookery
- Level 2 Diploma in Professional Food and Beverage Service
- Level 2 Certificate in Professional Patisserie and Confectionery
- Level 2 Diploma in Culinary Skills

#### WHO SUPPORTS THIS QUALIFICATION?

This qualification is supported by City of Bristol College, Northampton College and University College Birmingham.