# Unit 204: Awareness of sustainability in the hospitality industry

# Sample scheme of work

This sample scheme of work covers classroom-based learning for Unit 204. It is based on 15 hours covering 5 sessions. It is an example only of a possible scheme of work and is based on theory and practical within a Further Education centre but can be amended to suit all learning facilities with the necessary adjustments to meet individual learners’ needs.

Unit 204 is designed as a stand-alone unit and should be used in conjunction with the standards set for the qualification to ensure full coverage of the learning requirements. However, there are elements of coverage within all the other units within the qualification.

**You can use the sample scheme of work as it is, adjust it or extract content to create a scheme of work to suit your delivery needs. It can also be adjusted by adding theory and practical workshops to support learners who have/need additional learning time.**

Reference is made within the scheme of work to **worksheets**, **handouts and PowerPoint presentations** (in **black bold**) that are available on SmartScreen.co.uk for tutors to use with learners. Any other resources listed are not provided on SmartScreen but provide guidance for the tutor as to others they may produce. Delivery timings are given; however, these can be amended to suit the group. The content of presentations, discussions, explanations etc are left to the professionalism of the course tutor.

**Also provided on SmartScreen.co.uk is revision guidance that may be used to prepare learners for the synoptic assessment for the whole qualification.**

Centres should also incorporate the following themes, where appropriate, as strands running through each of the sections within the qualification. Although they are not specifically referred to in the section content section, City & Guilds regards these as essential in the teaching of the qualification:

* Health and safety considerations, in particular the need to impress upon learners the fact that they must preserve the health and safety of others as well as themselves
* Core skills (mathematics, reading, writing, speaking and listening)
* Extension tasks and differentiation, inclusion, entitlement and equality issues
* Spiritual, moral, social and cultural issues
* Environmental education
* Use of information learning technology (ILT).

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# Sample Scheme of Work

**Course/qualification**: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **Tutor’s name**: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Number of sessions**:5 **Delivery hours**: 15 **Venue**:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **Group**: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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| **Aims**   * For learners to gain an awareness of sustainability and how it affects the hospitality industry. * For learners to develop knowledge of the principles of sustainability and the implications for the introduction of sustainable practices into a business. | **To enable learners to**:   * know the principles of sustainability in the hospitality industry * know how to implement sustainable practices in the hospitality industry. |

| Session | Objectives/learning outcomes **The learner will:** | Activities and resources | Assessment |
| --- | --- | --- | --- |
| 1  4 hours | **Learning outcome 1: Know the principles of sustainability in the hospitality industry**  1.1 Define the term sustainability in the hospitality industry  1.2 State types of sustainable practices used in the hospitality industry  1.3 Define the term carbon footprint  1.4 Describe how carbon footprint can be reduced | Activities:   * Outline the focus of the lesson. Encourage Q&A and discussion. * **Activity 1:** Ask the group to discuss what impact different hospitality businesses have on the environment. * Deliver **PowerPoint presentation 1** on principles of sustainability in the hospitality industry (part 1). * **Activity 2**: Hospitality business responding to sustainability concerns. * Group discussion: Describe what sustainability measures are seen as best practice for hospitality organisation to adopt. * Task learners in groups or as individuals to discuss what sustainable practices they could use or are using in the hospitality industry. * **Activity 3: 1-minute paper**: Learners to summarise the key points about the principles of sustainability in the hospitality industry covered in the lesson. * Group question and answer session: Individual learner’s oral questions specific to the topic. * Using the internet, learners are to research 1 x case study of a hotel business that has failed to address sustainability and what the impact has been on them as a business and the environment This should be completed independently and handed in to the tutor at the next session. * Learners to complete **Worksheet 1** on principles of sustainability in hospitality industry.   Resources:   * **PowerPoint presentation 1** * **Handout 1** * **Activity 1** * **Activity 2** * **Activity 3** * **Worksheet 1** | **Tutor observation**  **Question and answer**  **Worksheet 1** |
| 2  2.5 hours | **Learning outcome 1: Know the principles of sustainability in the hospitality industry**  1.5 Describe the advantages of a hospitality business adopting sustainable practices  1.6 Describe the limitations of a hospitality business adopting sustainable practices | Activities:   * Recap previous session: Ask learners to list on a whiteboard the definition of sustainability and the definition of carbon footprint. * Having set a preparation task in the previous session, select individual learners to present their cases studies and their findings to the rest of the group. Encourage Q&A session after each presentation. * Outline the focus of the lesson. Encourage Q&A and discussion. * **Activity 4** on local and national waste providers/removers. * Deliver **PowerPoint presentation 2** on principles of sustainability in hospitality industry (part 2). * Ask learners to research (using the internet) how social media can impact and/or promote sustainability practices for a hospitality organisation, with examples. * **Activity 3: 1-minute paper:** Learners to summarise the advantages and limitations of a hospitality business adopting sustainable practices covered in the lesson. * Group question and answer session: Ask individual learners oral questions specific to the topic. * Provide **Worksheet 2** on principles of sustainability in the hospitality industry, to be completed independently and handed in the tutor at the next session.   Resources:   * **PowerPoint presentation 2** * **Activity 3** * **Activity 4** * **Worksheet 2** | **Tutor observation**  **Question and answer**  **Group activity**  **Individual learner activity**  **Worksheet 2** |
| 3  3 hours | **Learning outcome 2: Know how to implement sustainable practices in the hospitality industry.**  2.1 Describe how different types of materials can be recycled | Activities:   * Outline the focus of the lesson to include: Different types of recyclable materials​. Encourage Q&A and discussion in order to engage and develop ideas and thinking which will help with the completion of this unit. * **Activity 6** on common waste items * Deliver **PowerPoint presentation 3** on different types of recyclable materials. * Group discussion: Describe what recycling measures are seen as best practice for hospitality organisation to adopt. * Activity: Ask learners in groups or as individuals to use the internet and their own knowledge and experience to provide examples of positive recycling activities and what has been the impact. * **Activity 5:** Task learners in groups to design two recycling/reuse posters. * Quick-fire quiz: Learners to summarise when asked, the key points about the principles of recycling covered in the lesson. Encourage peer-to-peer reflection and feedback on the exercise. Direct the discussion, and identify any points not picked up by the learners. * Group question and answer session: Individual learner’s oral questions specific to the topic. * Using the internet, ask learners to reflect on how recycling and waste is managed at home but also in their local community/areas. This should be completed independently and handed in to the tutor at the next session. * Learners to complete **Worksheet 3**: Different types of recyclable materials.   Resources:   * **PowerPoint presentation 1** * **Handout 2** * **Activity 6** * **Activity 5** * **Worksheet 3** | **Tutor observation**  **Question and answer**  **Group activity**  **Individual learner activity**  **Worksheet 3** |
| 4  2.5 hours | **Learning outcome 2: Know how to implement sustainable practices in the hospitality industry.**  2.2 Describe the activities which can be implemented to reduce waste | Activities:   * Outline the focus of the lesson. Encourage Q&A and discussion. * **Activity 2:** a hospitality business responding to sustainability concerns. * Group discussion: Describe what activities a hospitality organisation such a large branded hotel can do to reduce plastic waste by guests and staff. Think about the activities a kitchen can undertake to reduce waste. Set a time limit of 20 minutes. Discuss/fill gaps as a class. * Deliver **PowerPoint presentation 4** on implementing sustainable practices in the hospitality industry.​ * **Activity 7**: Food waste. * Activity: Learners are to research (on their own) different types of energy management tools that a hospitality organisation can use to monitor energy use and suggest ways to improve energy management in a large hotel and restaurant. * Activity: Put learners into groups and ask them to design a checklist that could be used by a hotel to ensure that sustainability practices are being used by guests. * Quick-fire quiz: Learners to summarise, when asked, the key points about the activities which can be implemented to reduce waste​ covered in the lesson. Encourage peer-to-peer reflection and feedback on the exercise. Direct the discussion, and identify any points not picked up by the learners. * Group question and answer session: Individual learner’s oral questions specific to the topic. * Using the internet, ask learners to reflect on how recycling and waste is managed at home and also in their local community/areas. This should be completed independently and handed in to the tutor at the next session.   Resources:   * **PowerPoint Presentation 4** * **Activity 2** * **Activity 7** | **Tutor observation**  **Question and answer**  **Group activity**  **Individual learner activity** |
| 5  3 hours | **Learning outcome 2: Know how to implement sustainable practices in the hospitality industry.**  2.3 Describe methods that hospitality businesses can use to promote sustainable practices.  2.4 Describe how different approaches to sustainability can be applied in the hospitality industry | Activities:   * Outline the focus of the lesson. * ​Encourage Q&A and discussion in order to engage and develop ideas and thinking which will help with the completion of this unit. * Activity: Ask learners to discuss and list on a piece of paper what areas of sustainability knowledge they think they need to improve on as part of their continuous professional development. * Group discussion: Describe what activities a hospitality organisation can adopt to promote sustainable practices * Deliver **PowerPoint presentation 5** on implementing sustainable practices in the hospitality industry​ * **Activity 5:** Promotion of sustainable practices. * **Activity 8:** Sustainability training. * Activity: Task learners in groups or as individuals to use the internet and their own knowledge to identify key legislation, regulations and codes of practices concerning sustainability and being greener. * **Activity 3: 1 Minute paper:** Learners to summarise the key points about the principles of promoting sustainable practices covered in the lesson. Encourage peer-to-peer reflection and feedback on the exercise. Direct the discussion, and identify any points not picked up by the learners. * Group question and answer session: Individual learner’s oral questions specific to the topic. * Using the internet, learners are to reflect and write a one-page summary on the importance of sustainability in the hospitality industry and the impact at local and global level of not applying good sustainable practices. This should be completed independently and handed in to the tutor at the next session. * Learners to complete **Worksheet 4**: Implement sustainable practices in the hospitality industry​.   Resources:   * **PowerPoint Presentation 5** * **Activity 5** * **Activity 8** * **Activity 3** * **Worksheet 4**​ | **Tutor observation**  **Question and answer**  **Group activity**  **Individual learner activity**  **Worksheet 4** |